



DISCOVER THE PLANET'S FIERCEST CLIMATIC EVENTS EVER

FIRE DEVILS // MEGA TORNADOES // LIGHTNING HABOOBS // ICE STORMS // TYPHOONS & MORE





SUPERSMART CAR TECH

THE NEXT GENERATION OF AUTOMOTIVE TECHNOLOGY



STEGOSAURUS

How did this heavily armoured dinosaur live?



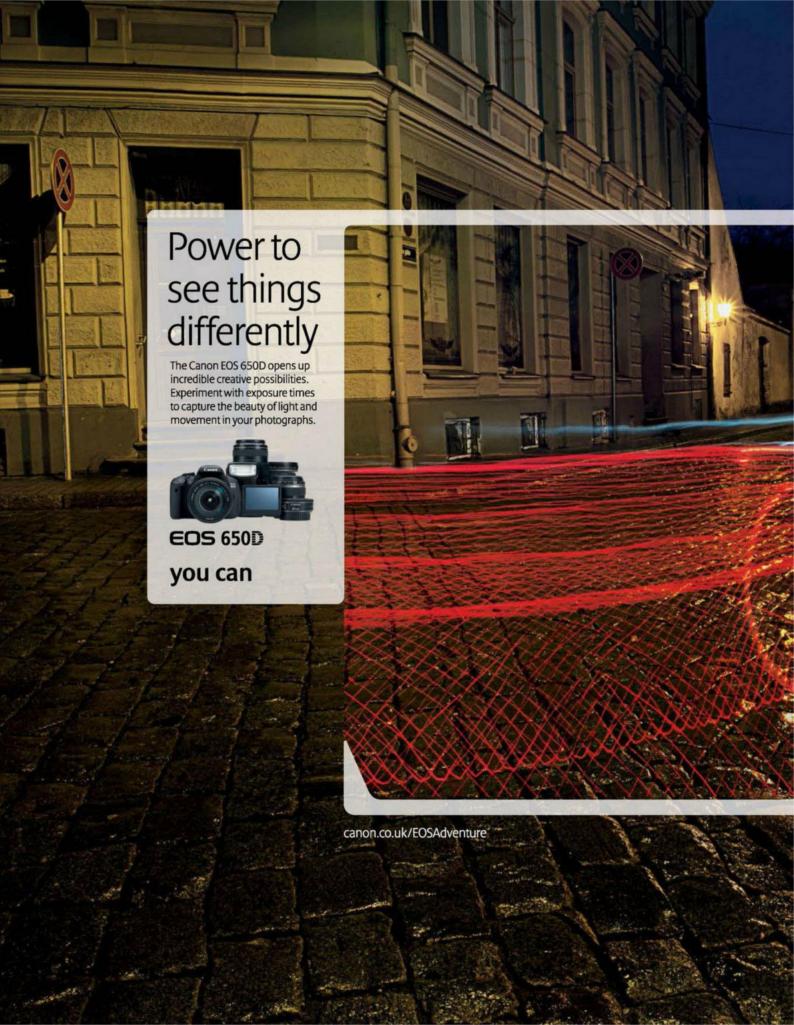
TEMPERATURE
Why do we maintain our inner thermostat at 37°C?



20 STAR FACTS
Your stellar questions
answered by our experts









# WELCOME

The magazine that feeds minds!





## NOW AVAILABLE!

How It Works Annual Vol 3 is on sale now. This special bookazine features only the very best of How It Works.









www.imagineshop.co.uk

Annual

Have YOU got a question you want answered by the How It Works team? Get in touch via...

1 HowItWorksMagazine

howitworks@imagine-publishing.co.uk

www.howitworksdaily.com

@HowItWorksmag



In the grand scheme of things this ball of rock that we call home is a pretty nice place to live. We're just where we need to be in terms of being close enough to the Sun to sustain life, keep warm, and

ensure we have water to drink and an atmosphere to breathe. However, these life-giving qualities are also the reason for the most extreme climatic conditions, including a perpetual lightning storm in Venezuela and super-strength gales such as those wrought by the devastating Hurricane Katrina. Indeed, from space our planet may look like a peaceful place, but our atmosphere can work itself up into a frenzy. This month we've taken some of the most bizarre instances of 'freak' weather ever to occur on Earth - like this year's Australian fire tornado and the deadly ice storm of 1998 in North America - and revealed the unique factors that led to each event.

Also this issue discover the colossal infrastructure and technology behind one of the most pervasive inventions of all time: the internet. Where would we be without it?

Enjoy the issue.



#### **Helen Laidlaw**

#### eet the team...



#### Dave Ed in Chief

This issue's internet feature sheds light on a global tool most of us use every day without a second thought.



#### Ben **Features Editor**

When you live in a temperate country, the case studies in 'Extreme weather' may have happened on another planet!



#### Robert **Features Editor**

My highlight was digging up Edison's original patent for his 1880 light bulb as part of this issue's Milestones piece.



#### Adam Senior Sub Editor

I enjoyed exploring China's Forbidden City - I've often thought of the HIW office as a Hall of Mental Cultivation...

## The sections

The huge amount of info in each issue of How It Works is organised into these sections:

The splendour of the natural world explained

Be it road, rail, air or sea, you'll find out about it in Transport



## Your questions about how things

## worked in the past answered

Explaining the applications of science in the contemporary world around us

From exploration of our Solar System to deep-space adventures

The wonders of modern gadgetry and engineering explained in depth

## WITH THANKS TO...

How It Works would like to thank the following organisations for their help





004 How It Works



## CONTENTS

The magazine that feeds minds!

## MEET THE EXPERTS

Find out more about the writers in this month's edition of **How It Works...** 

#### Luis Villazon The internet



We could think of no better expert to explain what goes on behind the scenes and inside the internet than

HIW regular Luis, our resident technophile who has a degree in real-time computing.

#### Hannah Harris



Her degree studies in wildlife biology made Hannah the ideal candidate to enlighten us all about one of the

most popular amphibians. Find out how frogs have hopped their way through millennia.

#### Giles Sparrow 20 starfacts



Giles studied astronomy at UCL and science communication at Imperial College, before becoming a

popular science author and joining the ranks of How It Works' esteemed expert writers.

#### Tom Harris



You may think you know all you need to about Earth's most abundant metal, but there's more to aluminium

than meets the eye as Tom reveals how it's mined and processed as well as why it's so darn useful.

#### Stephen Ashby iPhone 5



As soon as iCreate magazine's Stephen Ashby got his mitts on an iPhone 5 we set him to work examining the

fastest, thinnest and most powerful phone Apple has ever produced from the inside out.



## 14 EXTREME WEATHER

A turbulent and a dangerous planet, Earth has experienced some serious environmental extremes in the form of highly charged electricity, deadly winds and catastrophic precipitation. In our big feature, take a closer look at how these events came about and the damage that they caused



## ENVIRONMENT

22 The life of frogs

Look under the skin of frogs, the cold-blooded, hopping wonders of the animal kingdom and find out how they develop from tadpoles

- 24 Camel humps
- 24 How kangaroos jump
- 26 The deepest freshwater lake
- 27 Mangrove forests

### **SCIENCE**

28 Aluminium

How It Works reveals how this metal is extracted from the ground and turned into all the everyday items we perhaps take for granted

- 33 Slinky science
- 34 White blood cells
- 36 Body temperature
- 36 Bee stings
- 37 World's lightest material
- 38 Milestones of science... the electric light bulb

Where would we be without this amazing invention? Find out how its journey began as far back as 1799 and how it has evolved

### **SPACE**

42 20 amazing star facts

With the help of stellar author Giles Sparrow, learn the answers to your most burning star questions in this issue's big Space feature

- 46 The WISE telescope
- 48 Orbits
- 50 Tektites
- 50 Eris
- 51 Titan's subsurface oceans

#### 52 Heroes of space... Galileo Galilei

Discover the life and times of one of the most influential figures in the field of astronomy ever

#### TECHNOLOGY

54 The internet explained

What engineering technologies lie at the heart of the most significant invention of the 20th century?

- 60 Waste-to-energy plants
- 61 Handwriting recognition
- 63 Sydney Opera House
- 64 Inside the iPhone 5

Take a look beneath the exterior of Apple's latest smartphone and find out why it trumps earlier models

### TRANSPORT

66 Next-gen car tech

Discover what is now possible behind the wheel of even the everyday runaround

70 Personal subs

72 MiG-29

How does this famous Russian fighter jet soar through the sky and what makes it such a formidable weapon in any air force?

### HISTORY

76 Stegosaurus

Meet the heavily armoured dinosaurs with a deadly sting in the tail that once roamed the planet

- 78 Early electric fridges
- 79 Mycenaean tombs

80 The Forbidden City

Explore one of the most incredible complexes in the world where China's rulers lived for centuries







# Skydive from edge of space

Felix Baumgartner has smashed the maximum altitude and velocity freefall descent records, jumping from 24 miles up

Austrian extreme skydiver Felix Baumgartner has broken a number of world records, including maximum altitude and maximum velocity freefall descent.

Jumping out of a specially designed space capsule that had been lifted to the edge of Earth's atmosphere by a helium balloon, Baumgartner proceeded to dive 39 kilometres (24 miles) down through the atmosphere from the edge of space, protected by a bespoke £124,000 (\$200,000) dive suit.

The descent from 39,045 metres (128,100 feet), which took less than ten minutes, saw Baumgartner reach 1,342 kilometres (834 miles) per hour (breaking the sound barrier) and experience temperatures of -57 degrees Celsius (-71 degrees Fahrenheit) – factors

that, along with the lack of oxygen, would have killed him almost instantly if his suit had been damaged. Luckily, Baumgartner's suit remained intact, though there were concerns that the jump may have to be aborted as there was an early fault with his visor.

With around 2,500 metres (8,200 feet) to go he opened his main parachute, before cruising down to the outlands of the famous city of Roswell, New Mexico. On landing, he officially superseded retired US Air Force Colonel Joe Kittinger as the holder of the stratospheric jump record holder, the former holding the title since his 1960 jump from 31,333 metres (102,800 feet). Kittinger has been greatly involved with Baumgartner's record attempt, acting as his crucial radio link throughout the jump.











## Is liquid air the future of fuel?

A process used to liquefy air is set to transform the way we store energy

A revolutionary process of turning air into liquid may offer a much more eco-friendly (and eventually cost-effective) solution to storing excess energy to that currently provided by existing chemical batteries.

Developed by British engineer Peter Dearman and applied by the firm Highview Power Storage, the process allows air to be chilled and condensed to a liquid state before being stored in large vessels. Once energy is needed, the liquid air can be released from storage, vaporised and heated – purely by ambient temperatures; liquid air boils at -196 degrees Celsius (-320 degrees Fahrenheit). The resultant highpressure gaseous air can then be used to drive an expansion turbine, which in turn powers a generator, creating electricity. Crucially, this enables electricity to be fed into the National Grid at peak hours of demand, rather than, say, in the middle of the night, allowing for a huge efficiency boost. At the moment the technology is being trialled in Buckinghamshire, UK, but Highview hopes to expand its operations over the coming years if the test goes as planned.

## New titles land on Imagine's online hub



Imagine Publishing's digital magazine supersite, www.greatdigitalmags.com, has received two brand-new How It Works bookazines – great ideas for gifts! First up it's the much-anticipated How It Works Annual Vol 3, featuring the highlights from a whole year of How It Works, with everything from what's inside a supervolcano to how planes fly. Wildlife-lovers, meanwhile, will be excited to hear about the release of the How It Works Book Of Amazing Animals, in which you'll discover some of the planet's most interesting critters. And the fifth issue of Imagine's exciting cosmic mag All About Space is also out now. This month, you'll find out everything you need to know about the most powerful explosions in the universe: supernovas. So for all that and a whole lot more, head to www.greatdigitalmags.com today!



# Bloodhound SSC gets all fired up

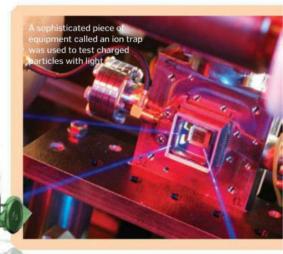
The jet car tests out its hybrid rocket system in preparation for breaking the landspeed record

The Bloodhound jet-powered car, a vehicle that is gunning to set a new landspeed record of over 1,609 kilometres (1,000 miles) per hour, has successfully fired its advanced hybrid rocket system for the first time. The hybrid rocket, which measures in at four metres (12 feet) long, 45.7 centimetres (18 inches) in diameter and weighs 450 kilograms (992 pounds), fired continuously for ten seconds and produced 6,350 kilograms-force (14,000 pounds-force) of thrust. This equates to approximately 29,839 kilowatts (40,000 horsepower).

The test fire, which was conducted inside a hardened air shelter (HAS) at Newquay Cornwall Airport, UK, had live data, video and

audio streams visible in an adjacent building, where the team's engineers, as well as assembled media and guests, watched the ignition. The results, when they came in, were spectacular, and exceeded those predicted. As such, the project's chief of aerodynamics, Ron Ayers, believes that the team is now fully on course for a crack at the 1,000-mile-perhour barrier at the Hakskeen Pan, South Africa, in 2013.





## This day in history 1 November: How It Works issue 40 goes on sale, but what

## 365 CE

Gaul-ing attack
The Germanic
Alemanni cross the
Rhine and invade Gaul. Emperor
Valentinian I moves to Paris to
defend the Gallic cities.

#### 996

Austria is born Emperor Otto III refers to his land as 'Austria' for the first time in written history in a letter.

## 1179

King Phil The son of Louis VII, Philip II (right), is crowned the king of France.



### 1512

Raising the roof The ceiling of the Sistine Chapel (right), painted by Michelangelo, is exhibited to the public for the first time.



#### 1604 Othello

William Shakespeare's (right) tragedy Othello debuts at Whitehall Palace, London







## Rise of the Dragon

SpaceX's Dragon capsule reaches the ISS, starting a new era of commercial spaceflight



The first privately contracted re-supply mission to the

International Space Station (ISS) has begun, with SpaceX's Dragon capsule successfully launching from Florida and docking with the ISS just two days later.

The mission, which is the first of 12 contracted missions from NASA, heralds the start of what is expected to be a rapidly growing private space sector. The robotic Dragon capsule – which is only cleared at the present for non-human transport – is scheduled to deliver food, clothing, experiments and spare parts to the orbiting station over a series of trips, with each one carrying 400 kilograms (881 pounds) of cargo.

Speaking on the handover of routine cargo transportation,

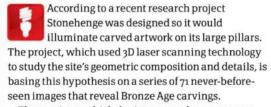
NASA's administrator, Charles
Bolden, said: "We're handing off to
the private sector our
transportation to the International
Space Station so that NASA can
focus on what we do best –
exploring even deeper into our
Solar System, with missions to an
asteroid and Mars on the horizon."

Indeed, it is not only SpaceX which is currently eyeing future contracts from NASA, with the Orbital Sciences Corporation (OSC) – which like SpaceX is based in the States – also hoping to reach the ISS with its Cygnus capsule in the near future. In addition, both companies are looking at gaining the necessary clearance for human occupation in their respective capsules, potentially opening up the possibility of an 'astronaut taxi' sector in the coming years.



# Stonehenge's secret past is revealed

3D laser scanning has been used to re-create the ancient monument



The carvings, which depict axes and arrows, were exposed by scanning the stones and creating a series of micro-topographical points on their surfaces. This produced over 850 gigabytes of model data, which later revealed carvings that are invisible to the naked eye.

The team discovered that the stones with the carvings were aligned so the Sun would illuminate them at midwinter and midsummer. Speaking on the discovery, Professor Clive Ruggles, emeritus professor of achaeoastronomy from the University of Leicester, UK, said: "This extraordinary new evidence not only confirms the importance of the solstitial alignment at Stonehenge, but how the utmost care was devoted to ensuring the pristine appearance of Stonehenge for those completing their final approach to the [site]."



## Scientists scoop a Nobel prize for quantum research

US and French scientists
David Wineland and Serge
Haroche have been awarded
the 2012 Nobel Prize in Physics. The
pair were presented with the most
prestigious award in science for their
work on quantum optics, the analysis

of single photons and charged atoms at a quantum level. Most importantly, the scientists

Most importantly, the scientists were chosen not just because of their experimentation, but also their creation of many of the solutions currently used to pick, manipulate and measure photons individually – something which was purely

hypothetical prior to their collaboration. Professor Sir Peter Knight of the UK's Institute of Physics, commenting on the pair's award, said: "Haroche and Wineland have made tremendous advances in our understanding of quantum entanglement, with beautiful experiments to show how atomic systems can be manipulated to exhibit the most extraordinary coherence properties."

Wineland and Haroche's work is predicted to be central to the potential creation of quantum computers and light-based clocks.

## else happened on this day in history?

## **1790** Burke's

Burke's book Irish political theorist Edmund Burke (right) publishes his book Reflections On The Revolution In France.

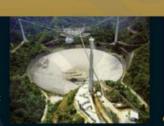


### 1922

Sultan quits
The last sultan of the
Ottoman Empire Mehmed VI - abdicates
his throne after just four
years in power.

### 1963

Big scope
The Arecibo
Observatory
(right) in Puerto
Rico, the largest
ever built at the
time, opens.



### 1981

Independence
Antigua and
Barbuda in the
Caribbean gain
their independence
from the UK.

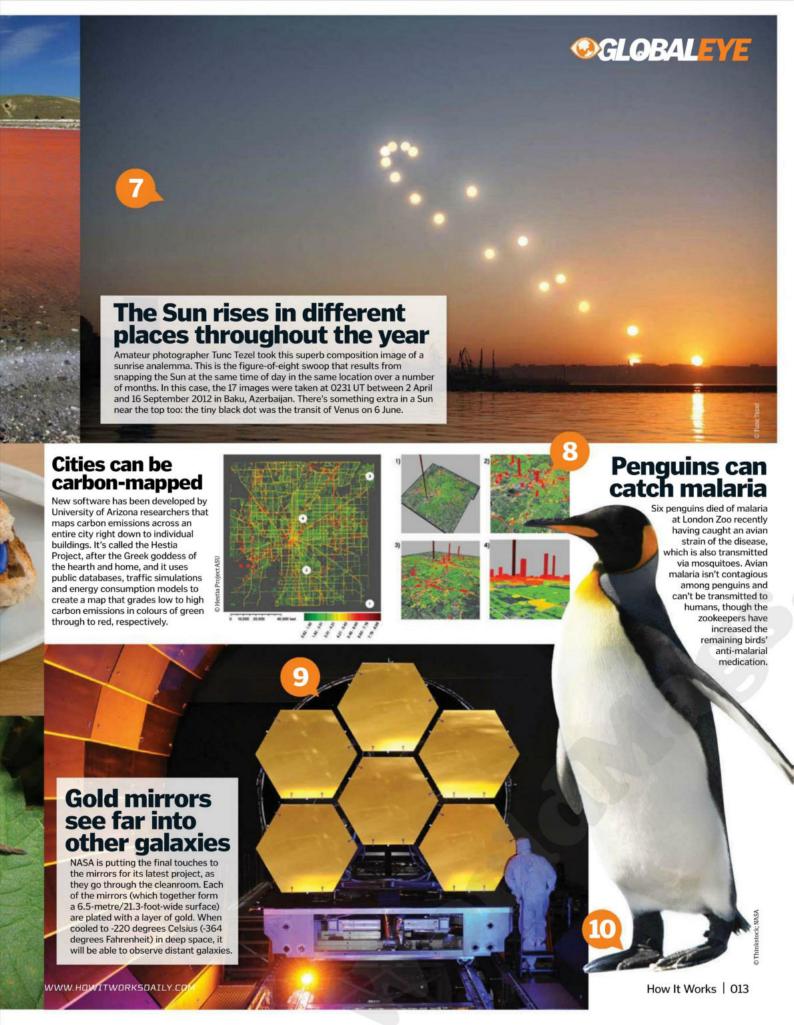
### 2000

Serbia Serbia joins the United Nations at the turn of the 21st century.





WWW.HOWITWORKSDAILY.COM





Uncovering the origins of the most savage meteorological phenomena that the world has ever seen

'A butterfly flaps its wings in China and a hurricane hits Florida' – or at least so goes the well-known saying. That's usually a metaphorical expression that describes the Butterfly Effect, the idea that the sequence of events which leads to an eventual outcome is so chaotic and so far removed from its source that it's near impossible to determine. In the case of predicting the weather, however, it can be taken literally. Though meteorologists might not be quite at the stage of pinning a specific weather pattern down to the movements of an insect, they have got the science of weather prediction down to a fine art. But they do get it wrong sometimes.

In mid-October 1987, UK meteorologists predicted a spot of bad weather would hit the south coast of Britain but the deepening depression over the continent would progress no farther than the English Channel. As it turned out, the depression not only moved on to the UK mainland, but also plummeted to a low of 953 millibars at the centre of what would later be christened the 'Great Storm of 1987'. Indeed, it was the worst tempest to hit northern Europe in nearly 300 years, with winds gusting up to 196 kilometres (122 miles) per hour in the UK and even faster in France. It

downed around 15 million trees, caused nearly £5 billion (\$8 billion) worth of damage and forced the National Grid to shut down the power supply to London.

As a force 11/12 storm on the Beaufort scale at worst, the Great Storm of 1987 would be the equivalent of a category 1 hurricane or a severe tropical storm. It's weather that subequatorial regions are well used to, if not prepared for, but which is unheard of in more temperate climes. The fortunate thing about these freak occurrences is that, more often than not, they can be traced to a source. So even if we can't do anything to stop it happening again, scientists are more informed of the signs of extreme weather and perhaps we can be more prepared the next time a mega-storm hits.

In this eight-page feature, we delve into some of the most extreme examples of weather from across the globe, what makes them so weird, the meteorological records they broke, the damage they caused, as well as the human cost. Where did the freak storms come from? What conditions gave rise to those temperatures and will anyone ever see rain like that again? HIW traces the floods, droughts, winds, rains and more back to their source to find out exactly what took them to a whole other level.



## Sudan sees a lot of haboobs - in fact, it is where the name originates **Cool fact** They may just be dust, but haboobs can take down power lines, jam electrical devices and play havoc with aircraft.

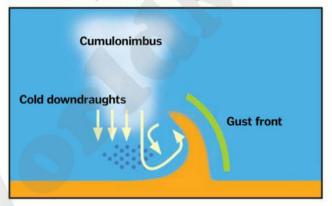
## he Phoenix haboob

Where: Phoenix, USA When: 18 August 2011 Fatalities: 3 Weather type: Dust storm

What you see here isn't a cloud or smoke from a fire, but a haboob: a dust storm of monumental proportions that hit Phoenix, Arizona, in August 2011. Although the dust storms themselves aren't especially unusual in the region, this was a monster at two kilometres (1.2 miles) high and 100 kilometres (62 miles) across.

Early June marks the beginning of the monsoon season for Arizona and it's where this massive haboob began its life. Most of the land was still very dry when a large thunderstorm-forming depression settled over the desert, causing winds to move into its centre. When it collapsed, the winds reversed and downdraughts of up to 100 kilometres (62 miles) per hour blew across the arid region, kicking up a huge wall of dust that swept over the city.

Haboobs occur in several desert areas, including the Middle East and Australia. They're not particularly dangerous, but the dust gets everywhere and they can leave a covering of up to 0.3 metres (one foot) of sand. The Phoenix haboob included additional hazards in the form of heavy metal pollutants, fungi and bacteria that could cause eye infections and lung diseases.





Canada

## The North American lce Storm of 1998

Where: North-east America When: 7 January 1998 Fatalities: 55 Weather type: Ice storm Damage: \$6 billion (£3.7 billion)

Ice storms are common on the east coast of the US and Canada. The infrastructure is generally prepared for the havoc these storms can wreak, but winter 1998 brought with it the most crippling ice storm in living memory.

By 5 January 1998 it was clear eastern North America was in for a cold spell. An area of unusually high pressure was sitting over the Atlantic, trapping several weather systems on the land. Arctic air was being held at the surface in this

1. Moist air is forced

upwards and forms

snow at high altitude.

3. The droplets fall into

a very cold surface layer of air and supercool.

forming freezing rain.

Cold

Deep

layer

Cold

area, while a front of low pressure was feeding it with warm, moist air from the Gulf of Mexico. The result was 12.7 centimetres (five inches) of freezing rain that fell over 80 hours, crystallising on anything it touched, taking down power lines, felling trees and making roads impassable everywhere. One of the worst-hit cities was Montréal in Québec.



016 | How It Works WWW.HOWITWORKSDAILY.COM

## "Over the bitter winter of 1683-1684, the River Thames in London totally froze over for two months"

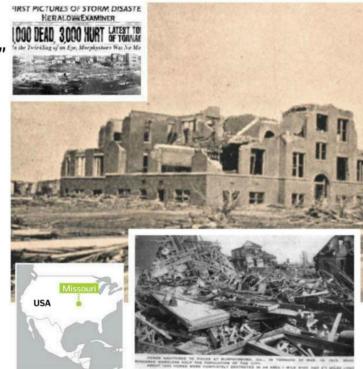
## The Tri-State Tornado

Where: Southern USA When: 18 March 1925 Fatalities: 695 (confirmed) Weather type: F5 tornado Damage: \$16.5m (\$1.4bn/£873m today)

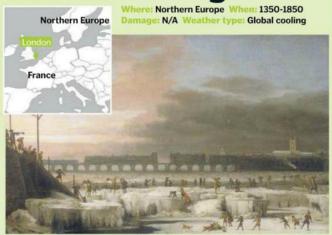
The deadliest tornado in US history was part of a tornado outbreak that struck the southern states in spring 1925. It touched down in Missouri and tracked north-east through Illinois and on to Indiana where it dissipated. In its wake the F5 monster - the highest possible rating on the Fujita scale - destroyed 15,000 homes and killed hundreds of people. It could move at 110 kilometres (70 miles) per hour, travelled 352 kilometres (219 miles) and, because it was so massive, it appeared as an enormous black,

ground-hugging cloud, rather than the characteristic funnel shape.

The Tri-State Tornado was born out of a cold low-pressure system that had been following what we now know is the jet stream, down from Canada, along the Texas-Oklahoma border and into Missouri. It's here that it hit a warm front from the Gulf of Mexico and conditions were made perfect for a tornado outbreak. Judging by the speed the Tri-State Tornado travelled at, it's likely the winds in the jet stream were particularly strong at the time.



## The Little Ice Age



The 'Little Ice Age' wasn't a true ice age, but a period of significant cooling that took place worldwide (though it was felt most keenly in northern Europe) over the course of 500 years. It was punctuated by several brief warming periods with the coldest period manifesting itself in the late-17th and early-18th centuries. It's during the winters over this period that the European landscape completely changed to something evocative of what might happen if a real ice age occurred. Over the bitter

winter of 1683-1684, the River Thames in London completely froze over for two months and in Switzerland entire villages were lost to advancing glaciers.

Evidence suggests that this period of global cooling could have been caused by a number of factors combined. Volcanic activity around Indonesia in the 13th century had a likely long-term effect, while a very slight shift in the Earth's orbit at this time definitely contributed. The dips in this cooling period also coincided with minimums in solar activity.

## 1931 Yellow River flood

Where: China When: July-November 1931 Fatalities: Up to 4 million Weather type: Flood Dar Unknown billions



In 1931, China experienced one of the deadliest natural disasters ever. Having had a two-year drought, China's three big rivers burst their banks over three months: the overflowing Yangtze and Huai drowned nearly half a million people between them, but casualty estimates of the Yellow River flood are as high as 2 million. Millions more

faced starvation and sickness from waterborne diseases like cholera. Both the human and financial costs are hard to calculate. No single factor can be blamed for this tragic event, but it's believed that large amounts of meltwater from a particularly snowy winter, combined

with heavy spring rain, began the abnormal flooding season. This was followed by no less than seven torrential typhoons in July alone, when China usually only sees two in a whole year.





## **FEATURE**

## I-44 Tornado Corridor

Where: Oklahoma, USA Weather type: Tornadoes There are several regions of the world where tornadoes have a tendency to touch down on a regular basis, but the 177-kilometre (110-mile) strip of land that runs from Oklahoma City to Tulsa is one of the most notorious. It follows part of the St Louis to Wichita Falls Interstate 44 (hence the name) and has seen hundreds of destructive tornadoes tear down its length in the last century. The worst of these have ploughed a strip straight through Oklahoma City itself and, on 3 May 1999, no less than 70 touched down in the region. One of these was a devastating F5 on the Fujita scale that killed 40 people, left thousands homeless and caused \$1 billion (£620 million) of damage.

Conditions at spring time make the I-44 corridor ripe for tornadoes: as warm, moist air drifts north from the Gulf of Mexico across the southern states, it's met by cool, dry air moving high off the tops of the Rocky Mountains to the west. Combined with the huge, flat expanses of land in the region, it's perfect for twisters.

## Cool fact Tornadoes can (and have) formed in the UK, though the great plains of America are the perfect breeding around for them.

## Lighthouse of Maracaibo

Where: Lake Maracaibo, Venezuela Weather type: Lightning

There's a lightning storm over Lake
Maracaibo that has raged on and off for
centuries. This unique phenomenon can be
seen from many miles away, illuminating
the lake and its surroundings for up to 160
nights a year. Recent data from the
University of Zulia showed the Maracaibo
Lake basin to have the hottest flash density
rate in the world, with an annual average of
181 lightning flashes per square kilometre.
Indeed, during peak months, there can be 50
discharges every minute!

The Lighthouse of Maracaibo is caused by very specific conditions. The wind that blows in across the plains is trapped by the surrounding Andes and Perijá mountains, along with the warm, moist air it collected from the plains. The swampy land in this region produces a lot of methane, which rises into the charged clouds and is the catalyst for near-continuous lightning.



1. Warm, damp air originating from the Caribbean is cooled by the cold Andes mountains, creating stormy conditions. 2. Decomposing matter in the swamps below creates lots of methane, which rises into the clouds. 3. Circulating currents of air distribute the methane but it concentrates in pockets. 4. The air in the cloud normally insulates lightning, but the methane weakens this insulation, allowing the electricity to discharge.



## The storms of Drake Passage

Where: South Atlantic/Pacific Weather type: Sea storm

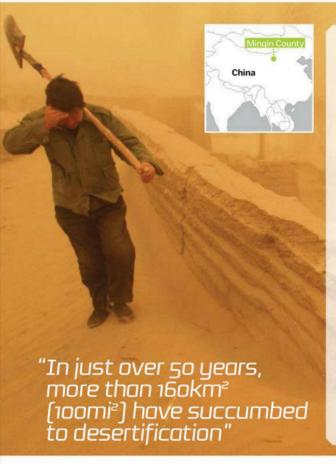


It's known as the roughest patch of ocean in the world ever since English privateer and explorer Sir Francis Drake gave it his name in 1578. Drake Passage is a

stretch of water 800 kilometres (500 miles) wide from the southern tip of South America to the frosty islands that surround Antarctica.

These seas are rarely anything less than choppy and are frequently diabolically rough, challenging even the most seasoned navigators and sailors. The wind in alternate passages from the southern Atlantic into the Southern or Pacific Oceans is often too strong to make any headway against, so Drake Passage is usually chosen as the lesser of two evils despite its treacherous waters.

The Antarctic Circumpolar Current that travels swiftly through Drake Passage is made rough by the high winds that move from west to east at this latitude, creating waves that are frequently ten metres (32 feet) or higher.



## The Creeping Sandbox

Where: Gansu province, China Weather type: Sand storm

To most of us, a desert is an arid region that is relatively fixed. We don't think of them as growing entities that can overwhelm communities in our lifetime, but that's exactly what's happening to the once fertile Minqin Oasis region of China.

This farming community is being rapidly evicted by two deserts that sandwich it: the Tengger to the south-east and Badain Jaran to the north-west. In just over 50 years, more than 160 square kilometres (100 square miles) have succumbed to desertification by the sands that advance at ten metres (32 feet) a year. While arable land has decreased from 580 to 100 square kilometres (360 to 60 square miles), the population has more than doubled, so farmers constantly need to relocate. Part of the reason Mingin is being swallowed up so fast is a long-term drought in the area and because the oasis's life source - the Shiyang River - has been diverted farther upstream.

## Airborne invaders



Australian Dust Storm
2009 saw a dust storm of
enormous proportions engulf
the Australian territories of
New South Wales and
Queensland. It was highly
concentrated and was nearly
3,500 kilometres (2,175 miles)
long at its peak.
Meteorologists suspect that a

Meteorologists suspect that a ow-pressure front and oo-kilometre (62-mile)-pernour winds picked up dust from the dry interior and

**Réunion Island rains** 

The island of Réunion, east of Madagascar, boasts seven of the world's top ten rainfall records, including: 182.4 centimetres (71.8 inches) in 24 hours and 5.7 metres (18.63 feet) in ten days. It sits in the path of cyclone rainclouds, which have to move up the steep mountains of the island, resulting in a staggering amount of rain.

Meschera money storm
In the summer of 1940, a
shower of 1,000 or so 16thcentury silver coins
reportedly dropped on the
Meschera region of Russia
during a violent storm. It's
suspected that the coins were
from a buried treasure hoard
that was ripped out of the
ground, perhaps by a falling
tree, and carried up by high

#### 1972 Iran Blizzard

Freezing temperatures and storms in southern Iran resulted in up to eight metres (26 feet) of snow blanketing more exposed areas, killing 4,000 people and burying several villages entirely.

WWW.HDWITWORKSDAILY.COM

How It Works | 019

## **FEATURE**

## Cyclones, typhoons and hurricanes

Devastating wind storms come with many names, but do they differ in any way?

What's the difference between a cyclone, a typhoon and a hurricane? In fact, there is none. These are the regional names given to a certain type of violent storm. So, cyclones occur in the south Pacific and Indian Ocean, typhoons in the north-west Pacific, while in the Atlantic or north-east Pacific they're called hurricanes.

These violent storms are characterised by extremely strong winds that can gust in excess of 200 kilometres (125 miles) per hour, torrential rain, floods and extremely high seas. At the centre of these storms is an 'eye', a circular region typically between 30 and 65 kilometres (20 and 40 miles) wide that moves with the storm and marks the low point of the atmospheric depression. The eye itself is cold, deceptively calm and sunny, though the strongest winds and thunderstorms encircle its border, forming the eyewall.

The ingredients for a storm of this type include an existing weather system combined with warm seas, which is why they only ever occur in subequatorial latitudes. These storms don't form within 500 kilometres (300 miles) of the equator because they rely on the swirling Coriolis effect for its rotation, which diminishes to zero the closer you are to the equator. With rare exceptions, neither do they form in waters with a surface temperature colder than around 26 degrees Celsius (80 degrees Fahrenheit), which rules out much of the rest of the world.

As with many types of extreme weather, the size and intensity don't necessarily reflect its notoriety: the typhoon, for example, is typically several times bigger than its Atlantic cousin, the hurricane. But many smaller hurricanes have achieved a higher profile simply because they made landfall and devastated the highly populated southern states of the US.

### Kev

Cyclones, hurricanes and typhoons form in the warm waters near the equator from where they circulate away. Their general course is predictable, though it's hard to know what they will do or how strong they will get over longer periods.

Hurricanes

Cyclones

**Typhoons** 

#### **Hurricane Katrina**

Where: New Orleans, USA When: August 2005 Fatalities: 1,833 Damage: \$108bn (£670m)

One of the deadliest hurricanes in recent memory and the most destructive in US history, Hurricane Katrina profoundly affected New Orleans and its surroundings, where water reached up to 20 kilometres (12 miles) from the shore. Hurricane Katrina was the child of a waning tropical depression and an atmospheric trough known as a tropical wave. It moved across the Gulf of Mexico and rapidly strengthened over unseasonably warm waters, transforming into a maximum-rated category 5 hurricane and shifting away from Florida shortly before it slammed into the vulnerable city of New Orleans in south-east Louisiana.

#### **Cool fact**

Wind and rain were so strong when the Great Hurricane hit Barbados that it's reported bark was stripped from trees!

Equator

## The Great Hurricane of 1780

Where: Caribbean When: October 1780 Fatalities: 22,000 Damage: Unknown

Simply known in English as the Great Hurricane of 1780, this category 5 beast is the deadliest hurricane on record. It predates when records officially began in 1851, so there's no exact data. It's likely though that its wind speed exceeded 320 kilometres (200 miles) per hour and it devastated the relatively unprepared parts of the Antilles in the Caribbean Sea. Casualties include fleets of British and French ships that were vying for control of the region as a part of the American Revolution. It's likely it formed in the eastern part of the Atlantic Ocean picking up strength as it approached Barbados.

### **Bhola Cyclone**

Where: Bangladesh When: November 1970
Fatalities: 500,000 Damage: \$490m (£306m)
The Bhola Cyclone was, meteorologically speaking, far from record-breaking. Its winds of around 140 kilometres (87 miles) per hour made it the equivalent of a relatively modest category 3 or 4 hurricane. But it struck a very vulnerable low-lying area of eastern Pakistan with a six-metre (20-foot) storm surge at night. With no way of warning locals, the authorities were helpless as hundreds of thousands drowned. Bhola formed from the remnants of a tropical storm and another depression in the Bay of Bengal, intensifying over four days and sweeping north into what is now Bangladesh.

020 | How It Works WWW.HDWITWORKSDAILY.COM



#### **Hurricane Vince**

Where: Portugal/Spain When: October 2005 Fatalities: O Damage: N/A

Its winds peaked at 120 kilometres (75 miles) per hour, which only just registers as an official hurricane, it caused no damage and there were no fatalities, so why could Hurricane Vince be considered 'extreme'? Because of its unheard-of Spanish location and because of conditions at the time, which should never have produced a hurricane. The reasons for its formation near Madeira still aren't understood. The 22-degree-Celsius (72-degree-Fahrenheit) seas should never have allowed the 25-kilometre (15-mile) eye to form within the tropical storm. But form it did, and it lasted several hours, breaking up just before it hit the Spanish mainland.

#### Cool fact

Hurricane Vince proved to be a blessing in disguise, dropping several inches of rain on a drought-ridden Spain.

## **Super Typhoon Tip**

Where: Eastern Pacific When: October 1979 Fatalities: 86 Damage: Unknown

Super Typhoon Tip was a monster, even for a typhoon. It broke several records: it had a diameter of 2,220 kilometres (1,380 miles) - nearly twice that of the previous record holder. It had sustained winds of 260 kilometres (160 miles) per hour and also set the world record for intensity with a staggering pressure low of 870 millibars. Typhoon Tip originated south of Micronesia though it remained a tropical storm until it made a sudden westerly diversion from Guam, where it intensified considerably and hit its peak nearly 1,000 kilometres (620 miles) from land.



Experts agree that Typhoon Tip would have been the most disastrous ever if it had hit the mainland at peak intensity.



## Cvclone Tracv

Where: Darwin, Australia When: 25 December 1974 Fatalities: 71 Damage: \$586m (£366m) On Christmas Day 1974, a category 4 cyclone swept through Darwin, Australia, with winds gusting in excess of 217 kilometres (135 miles) per hour towing a four-metre (13-foot) storm surge. Locals had been warned, but partly due to the season and partly because Cyclone Selma had failed to make landfall earlier that month, many made no preparations at all. Cyclone Tracy developed in the seas 500 kilometres (300 miles) north of Australia and spent the next few days tracking south-east until it hit the warm water of the Timor Sea, where it intensified dramatically.

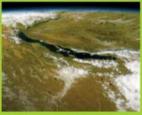


WWW.HOWITWORKSDAILY.COM

curtegorii explaine Animals Climate Geography Geology Geology Geology



Camel humps



26 Lake Baikal



Mangroves



# he life of frogs Kissing one won't produce a prince, but there's plenty to love about frogs just the way they are

All frogs and toads are amphibians and members of the order Anura, which means tailless. Although they are most plentiful in the tropics, frogs are found in all continents except Antarctica.

A frog's skin is permeable, allowing the frog to absorb both water and oxygen. This means these creatures can breathe even underwater for long periods. Species that must survive long periods of extreme cold use glucose produced by the liver as a type of antifreeze, which protects their organs from damage, even if the water in and around the frog turns to ice! Frogs are largely carnivorous, eating mostly insects. They hunt by sight, but they see better far away than close up and they don't perceive still

objects well. However, they make up for this in their ability to detect moving prey, which many species can pluck out of the air with retractable sticky tongues. Their eye position means frogs can sit almost entirely submerged while still able to watch for potential food or predators.

When it comes to romance, the frog relies on sound rather than sight to find a mate. Males use enlarged mouths or throat pouches to amplify their call over long distances. Though not famous for their family life, some frogs demonstrate elaborate parental skills. Indeed, a few species in places without much accessible water raise their babies in specialised pouches in their skin or even in their mouths for the entire tadpole phase, before releasing them.

## How frogs Week 1 develop

See how a common frog undergoes an amazing transformation from egg to adult in around 16 weeks

Frogspawn

When frog eggs are laid, the tiny embryo is enveloped in layers of protective jelly.



## 1-2 Larva

As the larva develops. it releases hormones which cause the egg to split apart.

## Hatchling

With few exceptions, tadpoles are fully aquatic, using their strong tails to propel them around in search of food.



**TOXIC FROGS** 



The most populous species of frog in the UK. Their skin can vary from olive-green to brown and features dark blotches. They are in no way toxic.



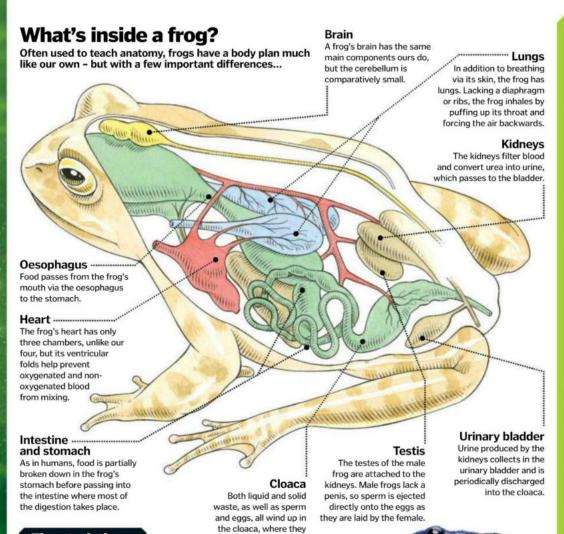
Dyeing dart frog
The third largest of its species can reach five centimetres (two inches) long, yet it's far less lethal than some of its relatives.



Golden poison frog

Each of these innocentlooking frogs carries enough poison to kill 20,000 mice. However it's used only in defence.

DIDYOUKNOW? Red-eyed tree frogs use startle coloration to ward off predators, flashing their brightly coloured body parts



#### The statistics...

#### Frog

Type: Amphibian

Order: Anura

**Diet:** Usually carnivorous, though often herbivorous at the tadpole stage of development

Average life span in the wild: Estimated at 4-15 years

**Size:** From 7.7mm (0.3in) up to 33cm (12.9in)

Distribution:

Global, except Antarctica

## Poison dart frogs

Bright, beautiful and potentially lethal, members of the Dendrobatidae family, aka poison dart frogs, let would-be predators know they should dine elsewhere. Their colourful skin exudes alkaloid compounds that make some of these tiny frogs among the most deadly vertebrates alive. However, they can't do it alone: poison dart

are ejected from the body via the cloacal vent.

frogs actually obtain their toxicity from their arthropod prey, eg mites. This means frogs born and raised in captivity are non-toxic, because they can't synthesise these compounds independently. The most toxic frogs produce batrachotoxins and less potent pumiliotoxins, both of which are cardiotoxins, causing muscle spasm, arrhythmia and death.

## **Spot the difference**

rog

require a moist environment to live and many are fully aquatic.

Skin: Usually smooth and appears wet or slimy.

Body shape: Relatively long slim bodies with pointy snouts and long hind legs.

Locomotion: Webbed feet, which they use to execute

ong jumps and to swim. Head: Large protuberant eyes, and often a row of smal cartilaginous teeth.

ggs: Usually lay their eggs na large gelatinous mass. Defences: Main defence for nost frogs is to hide or flee. So nome species are highly toxic

**Foad** 

withstand drier conditions so can spend more time on land.

Skin: Bumpy or warty-looking and also dryer.

Body shape: Chubby with a blunt snout and short limbs.

Locomotion: They walk or

**Head:** Defined brow ridges but the eyes are not as bulgy.

Eggs: Typically lay eggs in long strands but a few species give birth to live young.

Defences: A large parotid gland behind each eye which can secrete poison, as can their skin to a lesser extent.

### 3-10

#### Larval tadpole

Most frogs are carnivorous, but many tadpoles are herbivorous. They use spiral tooth ridges to scrape algae off rocks.



#### 10-12

#### Froglet

Legs emerge from under the gill sac; the gut shortens; eyes shift and change; plus ear structures and skin glands develop.



### 12-16

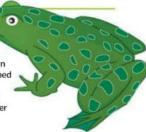
## Teen frog

The tail is the last vestige of tadpole life to disappear. The frog is nearly fully developed.



#### 16 Adu

Adult
The fully grown
adult is equipped
to hop long
distances and
survive in water
and on land.



@ Dani Hentum



## Why camels have the hump

How do these 'ships of the desert' adapt to life in extreme climates?



Camels are experts at living where food and water are scarce. The

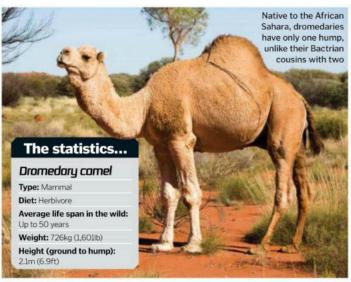
reason they can survive in such arid terrain is their amazing ability to conserve the water they do take on. When a dehydrated camel finds a water source, it can lap up as much as 120 litres (32 gallons) in 15 minutes. To conserve the lifesaving H<sub>2</sub>O, camels can regulate their body temperature so that they hardly sweat at all. Their kidneys can concentrate the urine to further reduce water loss.

Not only this but these creatures also store a lot of water in their blood; the erythrocytes (red blood cells) can swell to over twice their

normal size without bursting. Thanks to this tailored physiology, camels can go for weeks with little to no food or water.

However, when sustenance is in seriously short supply, they make use of a secret energy stash on their backs. The camel's hump does not store water; it functions as a reserve of adipose tissue (fat cells) that can metabolise to provide emergency energy. As the fat is depleted, the hump will begin to wilt and flop to one side.

These fatty humps are great for keeping cool too as fat conducts the Sun's heat relatively slowly, and their woolly covering provides extra insulation.



## Why are kangaroos expert jumpers?

Discover why this antipodean animal is a natural-born long jumper



In a huge country such as Australia, the ability to cross vast distances in

search of food and water is key to survival. And one such animal that can traverse barren lands at high speed for hours is the kangaroo.

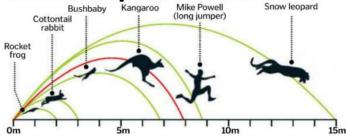
Capable of an eight-metre (25-foot) single bound across level ground, the red kangaroo is one of the world's greatest long jumpers. Thanks to large feet and strong legs, it can also travel at over 50 kilometres (30 miles) per hour. While a kangaroo's hind legs are big and powerful, they can't work

independently of each other and so kangaroos have to hop on two feet.

The hind leg tendons are strong and elastic and, with every hop, elastic energy is recaptured in the tendons ready for the next jump.

To help the bounce, kangaroos use their tails as a counterbalance. It propels the animal in a similar way to using your legs on a swing to gain momentum. When the kangaroo's back legs are fully outstretched behind it the tail is in the downward position, and when the legs are pushing forwards the tail is high in the air. 🌼

### Who can leap the farthest?



#### Tail

The long tail - up to 1m (3.3ft) - is used for both balance and as a counterweight. It swings up as the animal leaves the ground and down as the legs swing back with every bounce to help propel the kangaroo

A kangaroo's big toes are in the centre of the other toes

(not to one side like ours) in

line with their leg bones,

which enables them to

push off with force.

## Built to bounce

Why is this Australian marsupial so good at the long jump?

> Forearms Though the forearms are much shorter than the hind legs, a kangaroo can walk (not hop) on all fours if it leans forward and uses its tail as a fifth leg to take some of the weight.

#### The statistics...

#### Red kangaroo

Type: Mammal

Diet: Herbivore

Pouch

Kangaroos give birth to

continue to grow inside

the pouch for around

Hind legs

ten months after birth.

Strong tendons act like

tightly wound springs

that store and release

energy. On touching

down, the spring is

compressed, storing

energy for the next hop.

tiny joeys that must

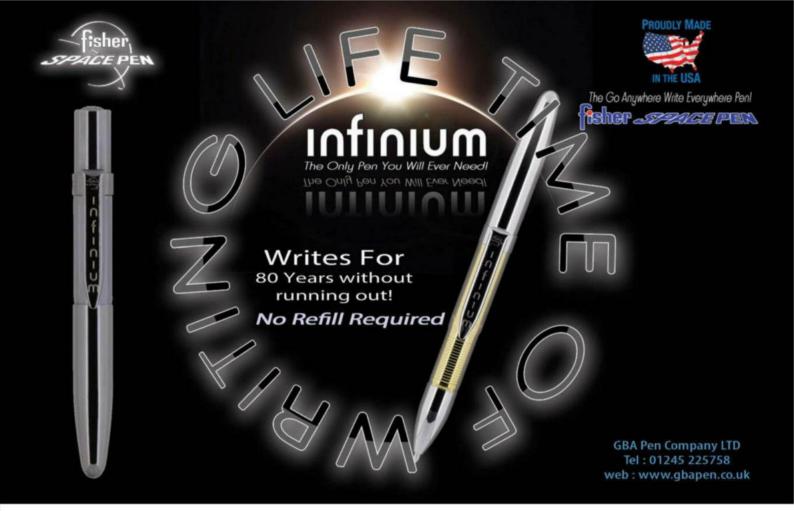
Average life span in the wild:

Weight: 90kg (200lb)

Speed: 56km/h (35mph)

Size: 1-1.6m (3.3-5.3ft)

024 How It Works





## The world's deepest lake

How did Lake Baikal form and what makes it so important to science?



point, which is deep enough to stand five Eiffel Towers (each 324 metres/1,063 feet) on top of one another and for the top-most tower to still not break the surface.

Because of its great age, we can't be certain of how Lake Baikal formed, unlike many inland seas and lakes that can usually be attributed to the movement of glaciers during previous ice ages. However, it's suspected that the body of water was originally a river bed during the Palaeogene epoch. Over millions of



years it formed several shallower and narrower lakes that were connected by rivers during the Pliocene epoch, before the lakes gradually joined to become one – still in the Pliocene, while plate movement created the deep basin.

Today Lake Baikal contains an

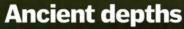
astonishing 20 per cent of the world's unfrozen fresh water, which is still very pure despite pollution from a coastal paper mill and where the Selenga River feeds into the lake.

It's also one of the most biodiverse lakes on the planet with 1,340 species of animal and 570 species of plant – nearly half of which are endemic to the lake ecology. Coupled with its natural beauty, this is why Baikal was made a UNESCO World Heritage Site in 1996.

### Baikal's underwater neutrino telescope

Floating near the bottom of Lake Baikal is a telescope called the NT-200. It's not looking at stars and galaxies, and neither is it studying the strange life on the lake bed. NT-200 is actually pointing towards the Earth's core and trying to find a neutrino: a particle with no charge that only has a very weak interaction with matter, so it can pass straight through any material, including the Earth, without hitting anything.

Russian scientists are trying to find the elusive high-energy neutrino released by gamma-ray bursts and their ilk, but there's too much noise created by relatively common low-energy neutrinos caused when cosmic rays hit the Earth's atmosphere. To screen most of them out, the 42 x 70-metre (140 x 230-foot) NT-200 telescope has been placed a kilometre (0.6 miles) down in the depths of Lake Baikal.



Though the present bottom of Lake Baikal is nearly 1,700 metres (5,600 feet) down, the depth of the fissure it sits in is deeper. Much deeper in fact: it's estimated that to reach the bedrock at the deepest part you'd have to dig through around eight kilometres (five miles) of sediment, making the Lake Baikal trench nearly as far down as the Mariana Trench (ie 11 kilometres/6.8 miles) – the deepest oceanic trench in the world.

The sediments have collected over millions of years, the oldest of which at the base of the trench began stacking up when South America and North America were yet to form a land bridge and the Earth's climate was considerably warmer.



How Lake Baikal measures up

Incredibly, the bottom of the deepest part of the rift Lake Baikal sits in is nearly 8,000m (26,247ft) below the base of the lake bed.



Lake Baikal contains nearly 240 trillion litres (63.4 trillion gallons) of water – no wonder it's visible from space!



## What is the crab-eating macaque's staple diet?

A Fruit, seeds and plants B Crabs C Pizza



The mangrove ecosystem

Take a closer look at this unique habitat and how

some tough plants have adapted to survive in it

#### Answei

Crab-eating macaques are found all over South-East Asia, but particularly in mangroves. Strangely, despite their name, they seldom eat crabs. They're opportunistic omnivores and 90 per cent of their diet is actually fruit, seeds and plants.

Prop roots
The loose soil of marshes

doesn't make for very solid foundations, but a complex weave of roots keeps these

mangrove trunks upright.

DID YOU KNOW? The Sundarbans in Bangladesh is the largest mangrove forest on Earth covering 140,000 hectares

Mangrove seeds ·

Mangrove seed pods are buoyant and viviparous

(the seeds germinate while

attached to the tree) to survive salty waters.

## What are mangroves?

How does this coastal woodland develop and can it really be as important as rainforest?



A mangrove is a highly adapted type of tree of which there are around 70 known species from several families of plants that include palms and

holly trees. They're highly adapted to saline marshes and swamps along the coast or in estuarine areas, depending on very soft soils and tides that wash over their roots twice a day. Most species are resistant to the heat and especially the extreme salinity of their environment that kills most other plants. All have adaptations that allow their roots to breathe in waterlogged soil, either by the prop roots and buttresses mangrove trees are famous for, or roots that stick out of the mud and take in air like snorkels, called pneumatophores.

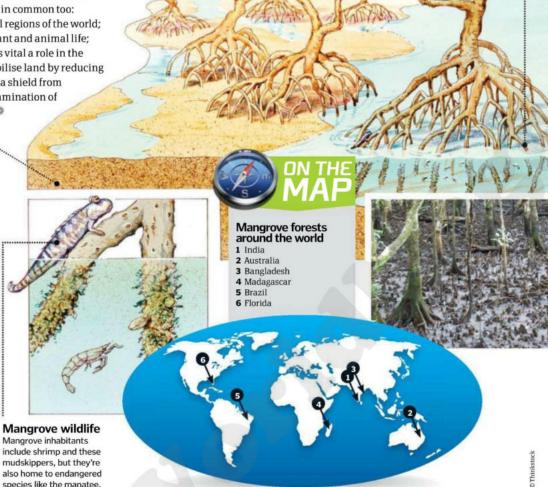
Most people tend to associate the word 'mangrove' with the ecosystem a mangrove forest provides, in the same way the word 'rainforest' broadly describes its environment. Rainforests and mangroves have a lot in common too: they're both found in many equatorial regions of the world; they support an enormous array of plant and animal life; and the forests themselves play just as vital a role in the region around them. They help to stabilise land by reducing sediment washing out to sea, provide a shield from tsunamis and prevent saltwater contamination of inland bodies of water like aquifers.

#### Soil

Mangrove forests prevent soil erosion and also can create new land. Over 1,200km² (465mi²) were gained in Bangladesh by planting mangroves.

## Salty waters

Saltwater can be poisonous to plant life. Too much salt results in plant tissue salt saturation that interferes with metabolic processes and swiftly causes death. So how do mangroves survive? Mangrove plants exhibit one of two main adaptations to deal with excess salt. Some are ultrafiltrators and can selectively absorb specific ions in water. leaving behind up to 97 per cent of the sodium at the roots. The remainder of the salt is removed through transpiration. Another method is to secrete salt in a concentrated solution through special glands, which crystallises on the surface of the plant and is removed by wind or rain.















Slinky science





**Electric light bulbs** 

- 34





## Aluminium

It's the most abundant metal in the Earth's crust, yet it entirely escaped our notice until 1825



You might say it was hidden in plain sight. Aluminium is a highly reactive metal, meaning it readily undergoes

chemical reactions with other elements and compounds to form different substances. As a result, nearly all of the naturally occurring aluminium atoms on Earth ended up tucked away in the molecules of more than 270 different minerals, including gemstones like emeralds and rubies. So, while it's actually 8.2 per cent of the Earth's crust, making it the most common metal and third-most common element (behind oxygen and silicon), you would never know it's there without investigating on the chemical level.

The statistics...

Aluminium

Protons: 13

Neutrons: 14

Electrons: 13

Melting point: 660.3°C (1.220.5°F)

**Boiling point:** 2,467°C (4,472.6°F)

Superconduction temperature:

-271.975°C (-457.5°F)

Density of solid: 2,700kg m<sup>-3</sup>

Atomic weight: 26.981539 atomic mass units

Reflectivity: 71%

Atomic radius: 118 picometres

The search was on in the mid-1700s, when chemists began experimenting with alum, a class of abundant chemical compounds. Alum

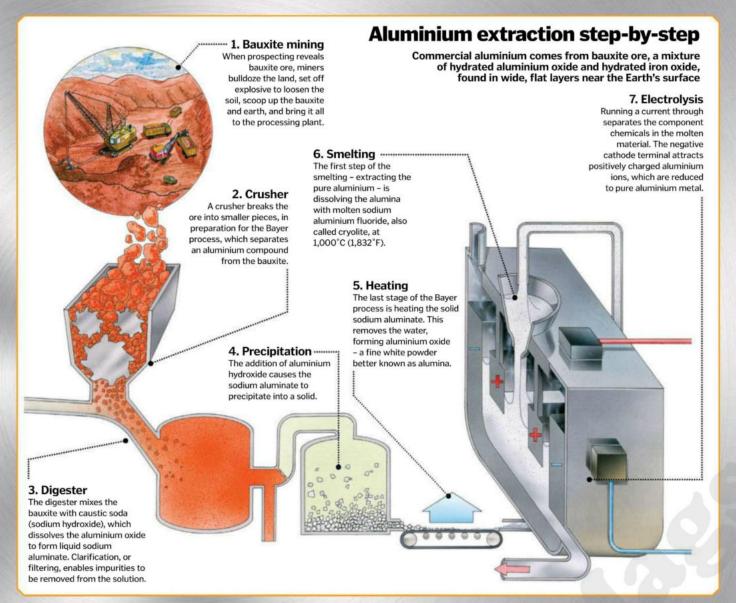
compounds, such as potassium aluminium sulphate, were well known, going back at least to the Ancient Greeks and Romans, who used them as an astringent to close wounds and a mordant to bind dye to cloth. Early chemical investigation of alum suggested that the compound included an unknown metal.

The trouble was that 18thcentury chemists had no way to separate the mystery element from the rest of the atoms in the compound. In 1825, the Danish chemist Hans Christian Ørsted finally devised a chemical



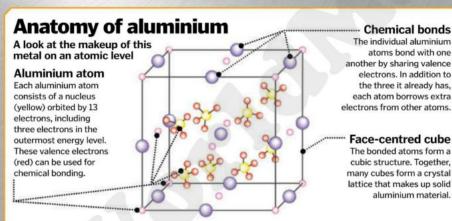
## LARGEST ALUMINIUM CAN In 2002, Taiwan's Vitalon Foods Co unveiled a massive version of its Super Supau sports drink can. It stood 4.7m (15.4ft) tall and weighed a whopping 11 tons!

DIDYOUKNOW? In the 1850s, Napoleon III served his most honoured guests with aluminium plates rather than gold or silver!



reaction that could extract it, but his process could only yield minuscule amounts at a time, making thorough experimentation difficult. Following up on Ørsted's discovery, the German chemist Friedrich Wöhler developed a more effective process, and by 1845, he had produced enough aluminium to demonstrate its basic properties. However, the method of extraction was still far too troublesome and slow to support wide-scale production.

In 1854, the French chemist Henri Étienne Sainte-Claire Deville refined the process further, reducing the price from \$1,200 per kilogram to \$40, which was a huge drop, but still very expensive. That all changed in the 1880s, thanks to two key technological leaps.



How It Works | 029



## "Thanks to recycling, two-thirds of the aluminium ever produced is still in use today"

In 1886, American chemist Charles Martin Hall and French chemist Paul LT Héroult both independently invented a process for extracting aluminium from aluminium oxide. The Hall-Héroult process relies on electrolysis, a means of breaking down chemical compounds into component elements using an electric current. The basic idea is to conduct electricity from a positive terminal (an anode) to a negative terminal (a cathode) via liquid or molten material. Each terminal attracts and repels charged atoms (ions). The positively charged anode attracts negative ions and repels positive ions, and the cathode vice versa.

Scientists had tried to produce aluminium through electrolysis since the 1800s, but had no luck. Hall and Héroult's breakthrough was first dissolving aluminium oxide in molten cryolite (sodium aluminium fluoride).

Aluminium

by market

consumption

Building & construction

Machinery & equipment

Containers & packaging

Transportation

Electrical

Export

Consumer durables

11.7

6.0

7.0

6.8

22.2

3.4

14.8

Applying an electric current to this material draws the positive aluminium ions to the cathode, which is typically the vat itself, made from iron lined with graphite.

Hot on their heels in 1888, Austrian chemist Karl Josef Bayer found a way to extract aluminium oxide from bauxite, a naturally occurring ore found in abundance in layers just below the Earth's surface. Geologists drill core samples in likely areas and, on locating bauxite, they clear the ground above with bulldozers. Australia leads global bauxite mining, producing one-third of the total ore.

Together, the Hall-

Héroult cost-effective process and the Bayer process, both still in use, ushered in what could be called the 'Aluminium Age'. The metal's properties made it an instant hit. It's lightweight – about a third the weight of steel – but still strong. It's also very ductile, meaning it's easy to draw into a wire or flatten into a sheet, and it's malleable, making it relatively simple to bang it into just about any shape.

Add to that exceptional conduction of heat and electricity, and you've got an incredibly versatile metal. But aluminium's greatest trick may be its resistance to corrosion. Like iron,

aluminium is highly reactive to oxygen in the air, but the result of the oxidation reaction is very different. Oxygen and iron react to produce a flaky layer of rust, which falls away, revealing a lower layer of iron, which then oxidises to form yet more rust. In contrast, when aluminium encounters oxygen, the oxidation reaction produces an incredibly hard transparent oxide compound that essentially surrounds the aluminium with a shield that protects it from oxygen and other elements. And best of all, if this protective layer happens to get damaged, it will very quickly reform, reconstructing the shield.

Most aluminium products are actually made from an aluminium alloy – a combination of two metals. The combinations accentuate and amplify certain properties. For example,

alloying aluminium with copper improves strength, while an alloy of aluminium and manganese improves

resistance to corrosion.

You can turn aluminium into an infinite variety of products, through a number of manufacturing processes. You can cast it into any shape that you want by pouring it into a mould and then letting it cool. You can roll it into malleable sheets, up to a minuscule 0.15 millimetres (0.006 inches) thick. You can forge it to make it super-strong. You can machine it (cutting away material) to produce screws, bolts and other hardware. Finally, you can force it through a die to extrude it into a particular

shape, including thin wire.
Aluminium also boasts another major superpower over many other metals: recyclability. Recycling programmes use old aluminium cans to make new ones, at about 30 per cent the cost of making them from scratch. They shred old cans into pieces, melt them in a furnace, form rectangular blocks called ingots, then roll out the ingots into thin sheets from which new cans are cut; believe it or not, this whole process can take just 60 days. Old car parts can undergo a similar process. Thanks to recycling, two-thirds of the aluminium ever produced is still in use today.

## **World of aluminium**

It's durable, light and you can mould it into any shape you want. Little wonder it's everywhere...

#### Rocket fuel

While you might not be surprised to hear that NASA's space shuttles are made mainly from aluminium, what you may not have realised is that they are also powered by aluminium inside the solid rocket boosters (SRBs). When burned with oxygen, atomised aluminium powder makes for a great fuel. Aluminium powder accounts for about 16 per cent of SRB fuel.

#### **ASM Space Lattice**

Aluminium's high strength-toweight ratio makes it an excellent dome material. Geodesic dome inventor Buckminster Fuller designed this 76m (250ft)-diameter, 80-ton aluminium structure for the American Society for Metals headquarters in Ohio, USA.



#### Airstream trailers ---

The quintessential camping trailer took its design from Twenties aeroplane fuselages. Inventor Wally Byam opted for malleable aluminium which he could shape into a fuel-efficient, aerodynamic form.



#### Ravensbourne College building

Aluminium's weather resistance and sculptural flexibility make it a popular material for building façades.
Ravensbourne's building on London's Greenwich peninsula is covered in 28.000 aluminium tiles.

## Top of the Washington Monument

When the monument was approaching completion in 1884, the lead engineer selected the novel, relatively rare aluminium for its 23cm (9in) lightning rod pyramid.

#### 1. STRONG Titanal

ensile strength; 700MPa Austrian manufacture AMAG revolutionised skis with this super-strong alloy's combination of low veight and high torsion.



Weldalite 710-720MPa Developed by Lockheed Martin, Weldalite is a weldable aluminium-lithium alloy widely used in aircraft.



Kobe's alloy

Tensile strength: 780MPa In 2007, Japanese firm Kobe Steel announced a new unnamed aluminium alloy, fortified with zinc, magnesium and copper

DIDYOUKNOW? Aluminium is a common fuel used in fireworks; it also produces white and silver-coloured sparks



Pots and pans

Much modern cookware

includes aluminium, which boasts excellent thermal

conductivity. But possible

links to neurodegenerative

disease have made it

somewhat controversial.

**Phone lines** 

Aluminium is a great

electrical conductor.

like copper but much

lighter. Its low weight

makes it an ideal

choice for elevated

power and phone lines.

## Wider world



#### Morning coffee

Nespresso's airtight coffee capsules are made of aluminium to keep the product fresh, away from air, light and humidity.

## **Everyday world**



Aluminium doesn't have the structural strength of steel, the go-to metal for structures like most skyscrapers, and it's not quite as flexible or cheap as plastic, the reigning material for mass-market consumer products, however it's carved out a solid niche in between...

#### **Automobiles**

Aluminium keeps this all-electric car lightweight, while still strong and rigid. Each car begins life as a 9.072kg (20.000lb) aluminium coil, which is stamped into sections.

#### Computers

Many of Apple's devices are made of anodised aluminium, which not only polishes and toughens a product, but also provides a way of adding colour via oxidation, as seen in multicoloured iPods.



#### Kitchen foil

As a natural barrier to light, oxygen, moisture and just about anything airborne, including bacteria, flexible aluminium sheets are great food protectors.

#### Drinks cans ·

On top of being light and cheap, the king of aluminium products is 100 per cent recyclable. 113,204 cans are recycled every minute.



## - ISS

Built by Boeing, the US Destiny Laboratory module is a major component of the ISS. The 8.5m (28ft) pressurised unit is made from aluminium and represents the heart of the space station. Aluminium forms part of the outer debris shield too, which is tough enough to vaporise small particles of space junk.

#### Airbus A380

Aluminium has become the most important material in aerospace history. The world's largest commercial aircraft is 61 per cent aluminium alloy!



#### **Burj Khalifa hotel**

The world's tallest manmade structure is also the highest installation whose architectural cladding consists of an aluminium and glazed façade. The total weight of the aluminium used is the same as five Airbus A380s, and the surface area of the curtain wall is 132,190m2 (1,422,880ft2).



SPECIAL USA OFFER

# Subscribe today and get 5 free issues\*

The magazine that feeds minds

HOW IT WORKS

# Why subscribe?

- Subscribe today and pay just \$6.15\* per issue
  - Save 35% off the newsstand price
  - Each issue mailed to you direct before it goes on sale in stores
  - Money-back guarantee on any unmailed issues

Outside the US?
See page 92 for our full range of offers

To order online, visit our secure site and enter the offer code **USA** 

www.imaginesubs.co.uk/hiw

Or call +44 (0)1795 418 680 and quote USA

Terms & conditions



## ANAZING VIDEO! SCAN THE QR CODE FOR A QUICK LINK Watch a Slinky appear to levitate in thin air!





DIDYOUKNOW? The Slinky was first sold in 1945 at Gimbels department store in Philadelphia, PA, USA

## Amazing Slinky physics

Despite its basic appearance, the science behind this toy is pretty complex



The Slinky is a simple toy, consisting of nothing more than a helical spring made of metal or plastic. Simple it may be, but don't underestimate the scientific principles at play; you'll learn a lot about a range of forces by playing with this toy.

The best way to see these in action is to watch a Slinky as it tumbles down a flight of stairs. Given a little nudge off the top step, the toy then independently falls from one step to the next in a fluid manner (see the 'Slinky step-by-step' boxout for more information).

Within this seemingly straightforward descent, the Slinky demonstrates the effects of friction and inertia, potential and kinetic energy, the consequences of momentum and behaviour consistent with compression waves - the latter granting its distinct motion.

Inertia is the resistance of any physical object to a change in its state of motion or rest, such as the Slinky standing on its end, unmoved by any outside force. This inertia is aided by the effects of friction, such as

exerted on the spring by the Earth's atmosphere, as well as between its own material and the surface on which the toy is lying (eg carpet).

Despite inertia, however, objects have potential energy, which is the energy of an object granted by its position and particular makeup; a Slinky has potential energy due to its metal/plastic body, helical shape and position at the top of a flight of stairs, for example. This potential energy is 'released' and converted to kinetic energy - the form of energy governed by motion - when acted on by an external force (in the case of the Slinky, this is when it is pushed over the top step).

Finally, moving objects possess momentum, which is the product of their combined mass and velocity. Objects with a larger momentum require more energy to move and to stop, while those with low mass and velocity have less momentum. As such, a metal Slinky is better at moving down stairs than plastic variants, as its greater momentum makes the toy more unbalanced between each step. 🌼

## Slinky stepby-step

Inertia

**Kinetic** 

When an outside force

Gravity

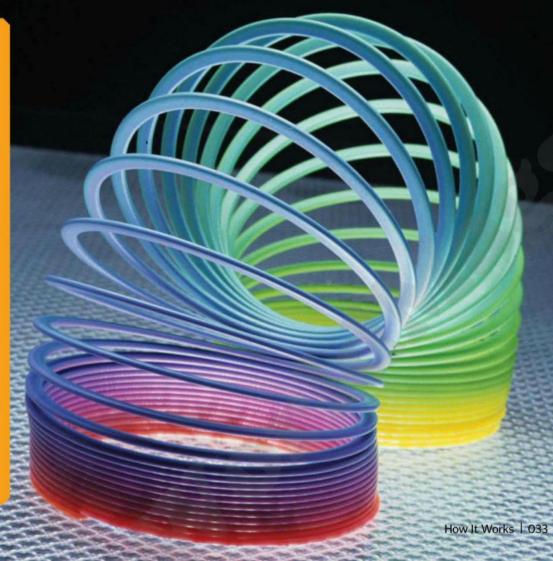
Due to the force of gravity

As the rear of the Slinky

Friction

The rear of the Slinky then

WWW.HOWITWORKSDAILY.COM





## **How do white** blood cells work?

One of the body's main defences against infection and foreign pathogens, how do these cells protect our bodies?

White blood cells, or leukocytes, are the body's primary form of defence against disease. When the body is invaded by a pathogen of any kind, the white blood cells attack in a variety of ways; some produce antibodies, while others surround and ultimately devour the pathogens whole.

In total, there are five types of white blood cell (WBC), and each cell works in a different way to fight a variety of threats. These five cells sit in two groupings: the granulocytes and the agranulocytes. The groups are determined based on whether a cell has 'granules' in the cytoplasm. These granules are digestive enzymes that help break down pathogens. Neutrophils, eosinophils and basophils are all granulocytes, the enzymes in which also give them a distinct colouration which the agranulocytes do not have.

As the most common WBC, neutrophils make up between 55 and 70 per cent of the white blood cells in a normal healthy individual, with the other four types (eosinophils, basophils, monocytes and lymphocytes) making up the rest. Neutrophils are the primary responders to infection, actively moving to the site of infection following a call from mast cells after a pathogen is initially discovered. They consume bacteria and fungus that has broken through the body's barriers in a process called phagocytosis.

Lymphocytes - the second-most common kind of leukocyte - possess three types of defence cells: B cells, T cells and natural killer cells. B cells release antibodies and activate T cells, while T cells attack diseases such as viruses and tumours when directed, and regulatory T cells ensure the immune system returns to normal after an attack. Natural killer cells, meanwhile, aid T cell response by also attacking virus-infected and tumour cells, which lack a marker known as MHC.

The remaining types of leukocyte release chemicals such as histamine, preparing the body for future infection, as well as attacking other causes of illness like parasites.



Different kinds of WBC have different roles, which complement one another to defend the body

#### Lymphocyte

These release antibodies as well as attack virus and tumour cells through three differing types of cell. As a group, they are some of the longest lived of the white blood cells with the memory cells surviving for years to allow the body to defend itself if repeat attacks occur.

#### Eosinophil

Eosinophils are the white blood cells that primarily deal with parasitic infections. They also have a role in allergic reactions. They make up a fairly small percentage of the total white blood cells in our body - about 2.3 per cent.

#### Monocyte

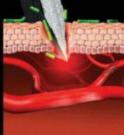
Monocytes help prepare us for another infection by presenting pathogens to the body, so that antibodies can be created. Later in their life. monocytes move from the bloodstream into tissue. and then evolve into macrophages which can conduct phagocytosis.

**Blood Cells** 

DIDYOUKNOW? WBCs have colour but appear white when blood is put through a centrifuge, hence their group name

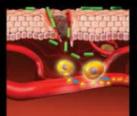
## White blood cells at work

The body has various outer defences against infection, including the external barrier of the skin, but what happens when this is breached?



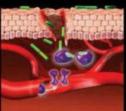
#### Skin breach

A foreign object breaks through the skin. introducing bacteria (shown in green) into the body



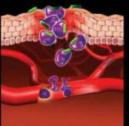
#### Mast cells

Mast cells release cytokines and then WBCs are called infection does not spread.



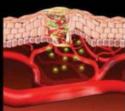
#### WBCs arrive

site via the bloodstream to start defending against invading bacteria



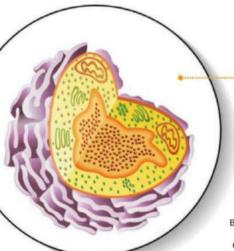
#### Macrophages consume bacteria

Bacteria are absorbed into cytoplasm and broken down by the macrophages



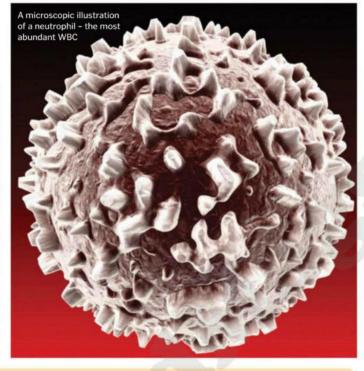
#### Healing

Following removal of the bacteria, the body will start to heal the break in the skin to prevent further infection



#### Basophil

Basophils are involved in allergic response via releasing histamine and heparin into the bloodstream. Their functions are not fully known and they only account for 0.4 per cent of the body's white blood cells. Their granules appear blue when viewed under a microscope.



## Neutrophil

Neutrophils are the most common of the leukocytes. They have a short life span so need to be constantly produced by the bone marrow. Their granules appear pink and the cell has multi-lobed nuclei which make them easily differentiated from other types of white blood cell.

## A faulty immune system

If the immune system stops working properly, we are at risk of becoming ill. However, another problem is if the immune system actually goes into overdrive and starts attacking the individual's cells, mistaking them for pathogens. There are a large number of autoimmune ailments seen across the world, such as Crohn's disease, psoriasis, lupus and some cases of arthritis, as well as a large number of diseases that are suspected to have autoimmune roots.

We can often treat these conditions with immunosuppressants, which deactivate elements of the immune system to stop the body attacking itself. However, there are drawbacks with this treatment as, if the person exposes themselves to another pathogen, they would not have the normal white blood cell response. Consequently, the individual is less likely to be able to fight normally low-risk infections and, depending on the pathogen, they can even be fatal.



## What is thermoregulation?

Why do humans need to maintain a constant internal body temperature of 37°C?

Your cells work best when the temperature inside your body is 37 degrees Celsius (98.6 degrees Fahrenheit). Thermoregulation is a homeostatic function that enables you to maintain this core temperature independent of how hot or cold your surroundings are.

Humans regulate body temperature via a combination of internal processes and external actions. The latter includes behavioural responses, such as heading for shade when we're exposed to too much Sun.

If that doesn't help, the body also has a number of automatic responses that help regulate temperature. The main organ involved is the skin, which is controlled by the autonomic

nervous system. When your surroundings heat up, the brain triggers a series of chemicals which tell your blood vessels to dilate (widen). This not only brings warm blood to the surface of the skin where it can more easily radiate heat away, but it also releases sweat through the pores. The body emits heat to vaporise the moisture from the skin, cooling us in the process.

Conversely, when your surroundings grow cold, your blood vessels constrict (narrow), reducing the flow of blood to the surface. The hairs on your skin stand on end and you may shiver and get goosebumps as the skin's arrector pili muscles contract, pulling the hairs erect to trap air near the skin's surface.

#### **Thermoregulation** in action

Learn how breathing through your nose can regulate temperature



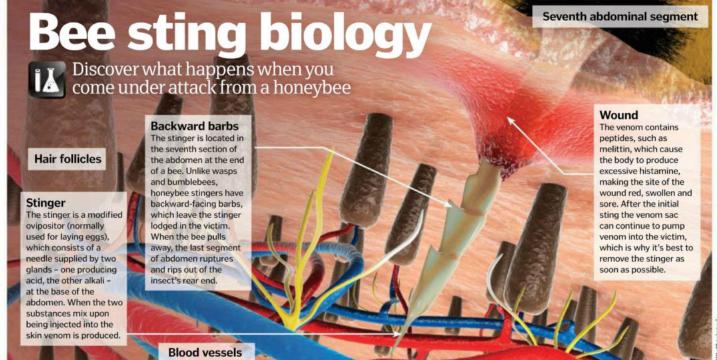
#### Inhaling

When you breathe in cold air through your nose, heat from the many tiny blood vessels in the nasal cavity is transferred to the cool air entering the body. The inhaled air warms up and, at the same time, the nose cools down.



## Exhaling

When you breathe the warm air from your lungs out through your nose, the heat is transferred from the air to the nasal blood vessels, which warms up your nose and cools down the air you exhale.







### **Batteries**

rographite could be used on the electrodes of li-ion batteries, allowing only a tiny amount of electrolyte to be used, reducing the attery's overall weight.



### Non-conductive plastic

Non-conductive plastic could be transformed with the introduction of aerographite, removing the effects of static without adding weight.



Satellites satellites and aircraft. These machines must cope with lots of vibration

DIDYOUKNOW? Aerographite was announced in June 2012 by the Hamburg University of Technology and Kiel University

# World's lightest material

### Discover how Aerographite was developed and what unique applications it might offer in the future



Aerographite is a revolutionary new material that consists of a

network of porous carbon tubes. These tiny tubes are threedimensionally interwoven at both a nano and micro level, creating a substance that weighs only 0.2 milligrams per cubic centimetre (0.0001 ounces per cubic inch); it is about 99.99 per cent air.

Aerographite appears jet-black - as its structure means that it absorbs almost all visible light, can conduct electricity and, most importantly, is incredibly ductile - the latter quality allowing it to be drawn out and manipulated, something that grants it a wide range of applications.

The reason that aerographite is so light is three-fold. Firstly, the carbon tubes are not solid but actually empty shells. Secondly,

carbon has a very low atomic mass - far more so than the previous lightest material in the world which was nickel based. And thirdly, in addition to the tubes being hollow, their walls are also porous. Combined, this trio of characteristics generates a material that is 75 times lighter than Styrofoam and a staggering 56,700 times lighter than lead.

Such a complex material requires, as you would expect, an equally complex manufacturing process. Aerographite is made by first building a kind of skeleton, or frame, out of crystallised zinc oxide, which is achieved by heating zinc oxide powder to 900 degrees Celsius (1,652 degrees Fahrenheit) in an oven. From this crystallised material, a kind of pill is created in which a matrix of zinc-oxide micro and nano-

tetrapods develop. The four-sided jack-shaped tetrapods interweave and construct a stable entity of particles to form the skeleton.

The skeleton-filled pill is then deposited into a reactor for chemical vapour deposition. Here, a streaming gas atmosphere enriched with carbon covers the skeleton with a graphite coating only a few atomic layers thick. It is this coating that creates the web-like structures of the aerographite. Once this is achieved, hydrogen is introduced to the chamber, which reacts with the oxygen in the zinc oxide tetrapod skeleton, causing it to vaporise and leak out through the porous walls of the graphite coating. The culmination of this process leaves hollow tubes of super-light aerographite, which can then be extracted.

### **Aerographite** comparison

1 Lead With this heavy metal

Aluminium The supposedly super-

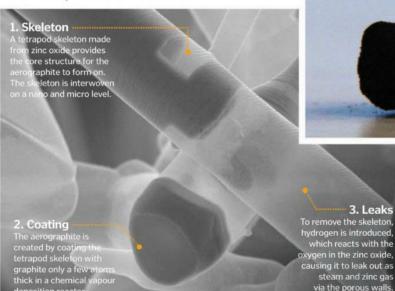
3 Bone Super-strong and light

Cork is so light that it can

Nickel microlattice Famous for being so light

### How is aerographite made?

We take a look at the unique material under the microscope to reveal how it forms



Above shows a block of aerographite supporting a drop of water. It appears black in colour as its carbon tubes absorb almost all visible light

3. Leaks

How It Works | 037



# The electric light bulb

HIW sheds some light on one of the most world-changing inventions



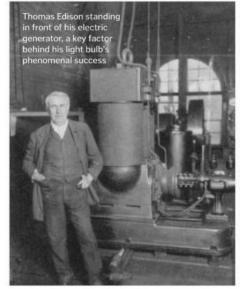
Today the electric light bulb is an essential part of society, with virtually all streets, homes and vehicles

installed with one. The invention has literally lit up the Earth and transformed how we live.

The beginning of the journey to the electric light bulb began in 1799 when Italian physicist Alessandro Volta invented the voltaic pile (battery). The details of the battery soon spread through Europe, with many scientists replicating it and experimenting with its power-giving capabilities. One of the most notable of these scientists was British physicist Sir Humphry Davy who built one at the Royal Institution in 1802. In 1810, after much experimentation, Davy invented the first arc lamp, a temporary electric light source enabled by connecting two carbon rods to the battery's terminals and bringing them to within a couple of millimetres of each other. This caused the electric current to jump between the two, creating a bright plasma stream that illuminated the immediate surrounding area.

Unfortunately, the intensity of the plasma soon caused the carbon rods to burn away and the invention did not gain commercial traction. However, the use of carbon and a variety of other metals as electrodes and filaments did, leading a number of scientists to create crude lights. None were sustainable, however.

The next major breakthrough came in the realisation that the electrodes/filaments used



in incandescent lights could be protected from quick destruction by placing them within a vacuum filled with an inert gas (as demonstrated by Warren de la Rue in 1840). This, along with the later discovery that filaments could be carbonised, allowed basic light bulbs to be created that, rather than lasting seconds or minutes, would work for hours and eventually days. Indeed, throughout the mid-19th century numerous scientists, and even an illusionist, showed such bulbs to their friends and at public demonstrations.

This series of prototypes culminated in 1879 when Joseph Swan successfully demonstrated and then sold a light that used a single coil of carbonised artificial cellulose fibre embedded within an airless glass bulb. This was the first commercially sold incandescent light bulb. Critically though, its adoption was only on a very small scale as, despite the bulb proving resilient, the power source needed was largely unavailable, with no electric infrastructure in place to support a wide-scale rollout.

This set the scene for Thomas Edison, who in 1880 successfully patented his own light bulb, which aside from being an improved design to that of Swan, was backed up by Edison's own electric generator, a package that would enable him to largely corner the new market for electric lighting that was set to take off.

# Light bulb evolution

After Thomas Edison brought light bulbs to the mass market, what happened next?

### 1903

### **Tantalum**

After the carbon rod light bulb, scientists test new filament materials to improve brightness. In 1903 Siemens and Halske try using tantalum.

### 1906

### Sinter-lating

The General Electric Company, which was co-founded by Thomas Edison, patents a method of making filaments from sintered tungsten.

### 1913

### Inert

American physicist Irving Langmuir discovers that filling bulbs with inert gas rather than just a vacuum results in twice the luminous efficacy.

A replica of Thomas Edison's original light bulb which was patented in 1880

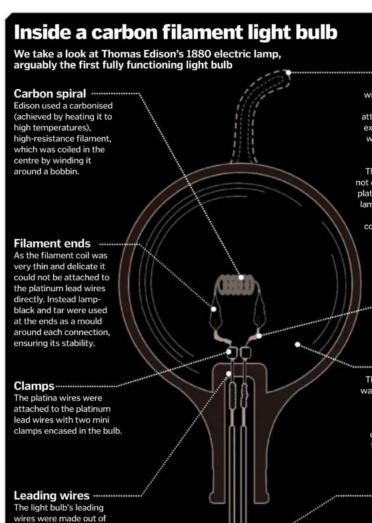
### 1917

### **Festive lighting**

Electric Christmas lights see a boom in 1917 when teen Albert Sadacca is inspired to start making them after a fire in NYC caused by candles in a tree







Vacuum tube

To create a vacuum within the bulb a vacuum tube was blown that attached to a pump. After exhaustion, this entrance was hermetically sealed.

### Platina wires

The carbon filament was not directly attached to the platinum lead wires via the lamp-black and tar mould. Instead two platina contact wires were used.

Vacuum bulb The bulb for the filament was roughly spherical and made from glass. The inside was a vacuum something achieved by drawing out the oxygen through a top-mounted vacuum tube.

Copper wires

Electric current for the light bulb was supplied from a battery/generator through conventional copper wires.

# Top 5 facts: light bulbs

**Evaporation** 

Halogen Halogen lamps reduce

Inefficient Despite modern bulbs

**Bulb boom** In 1885 there were

COld-timer The Livermore Centennial

### Bright sparks: the race to the commercial light bulb



### Sir Humphry Davy

platinum due to its high melting point of 1,772°C

(3,222°F) and low

resistance compared to the filament.

In 1802 British scientist Sir **Humphry Davy** 

used his large battery to pass a current through a thin strip of platinum. The experiment worked, but the platinum did not glow very brightly and wore out too quickly to be practically implemented into a lamp.



### Warren de la Rue

In 1840 chemist and astronomer Warren de la Rue

enclosed a platinum coil in a vacuum tube and passed an electric current through it. This was one of the first true light bulbs as we know them today, however its cost and complexity made it impractical to roll out.



### Jean Robert-Houdin

This illusionist created his own incandescent

light bulbs and showed them publicly at his estate in 1852. Again, they were curiosities and no practical production process or cost-efficient materials meant they couldn't be produced commercially.



### Alexander Lodygin In 1872 Russian

Lodygin obtained a patent for an incandescent light bulb that

used carbon rods in a nitrogen-filled, sealed bell glass receiver. He later moved to the US and applied for many patents, showing a molybdenum filament at the Paris World Fair in 1900.



### Joseph Swan This British physicist arguably created one of the first sustainable

light bulbs, demonstrating his carbon rod bulbs in 1878-9. He received a patent and began installing them in a few homes and theatres. He later partnered with Edison and set up the Ediswan Electric Company.

1937

### Krypton-light Production of light bulbs filled with the

noble gas krypton begins in Hungary.

### 1977

### Energy saving

Energy-saving light bulbs begin to be introduced to the market, leading to the generation of compact fluorescent lamps.

### 1991

### Long-lasting

The electronics company Philips produces a fluorescent light bulb that lasts 60,000 hours through the process of magnetic induction.

### 2010

### Green light

In many countries worldwide incandescent light bulbs begin to be phased out in favour of more eco-friendly LED and fluorescent types.



### 2012

### Lights out

From 1 September, an EU directive bans all retailers from selling incandescent bulbs. It's hoped this will save an annual 39 terawatt hours by 2020.









Performance you can see and feel.

That's visibly smart.









The ideal companion for the home or office environment. The Orion 450 is powered by 3rd Gen Intel® Core technology and comes with a huge 1TB HDD as standard!

### Orion 450 PC

- 3rd Gen Intel® Core™ i3-3220 Processor
- Genuine Windows 7 Home Premium
- · 8GB Samsung DDR3 1333MHz RAM 1TB Serial ATA II Hard Drive
- · Integrated Graphics Accelerator
- · 24x Dual Layer DVD-Writer
- 450W Quiet Dual Rail Power Supply · PCS Black Enigma Case
- · 3 Year Silver Warranty



Take your gaming to the next level with the Xfire X700 PC. With 3rd Gen Intel® Core™ technology and AMD 7 Series Graphics the Xfire X700 will breeze through any task.

### Xfire X700 PC

- 3rd Gen Intel® Core™ i5-3470 Processor
- · Genuine Windows 7 Home Premiur 8GB Samsung DDR3 1333MHz RAM
- 1TB Serial ATA II Hard Drive
- 1GB AMD Radeon HD 7750 Graphics
- 24x Dual Layer DVD-Writer
- 450W Quiet Dual Rail Power Supply CoolerMaster Elite 310 Case

from £699 inc VAT

- · 3 Year Silver Warranty



The 3rd Gen Intel® Core™ i5-3570 CPU offers excellent value for money. Coupled with the GTX 550Ti, this PC will power through all of the latest photo/video editing suites

### Editing V700 Plus PC

- 3rd Gen Intel® Core™ i5-3570 Processor
   Genuine Windows 7 Home Premium
- 8GB Samsung DDR3 1333MHz RAM
- 128GB Kingston V200 SSD + 1TB SATA III HDD 1GB nVidia GeForce GT 640 Graphics
- 24x Dual Layer DVD-Writer
- CoolerMaster Sileo 500 Case
   24" Widescreen TFT Monitor (1920 x 1080)
- · 3 Year Silver Warranty

from £799 inc VAT

### from £449 inc VAT

### Inferno Laptop - NEW!

- 11.6" Widescreen Display (1366 x 768)
- Genuine Windows 7 Home Premium 3rd Gen Intel® Core™ i5-3210M 8GB Samsung DDR3 1600MHz RAM 500GB Serial ATA II Hard Drive
- 2GB nVidia GeForce GT 650M Graphics
   Gigabit LAN & Wireless N Network Card
- 3 Year Silver Warranty

### from £629 inc VAT

The Inferno is the most powerful portable laptop in the world! The 3rd Gen Intel® Core™ CPU, 4GB RAM & nVidia 6 Series Graphics allows the Inferno to handle any task you throw at it!



### Optimus IV Laptop - NEW! • 17.3" Widescreen Display (1920 x 1080)

- Genuine Windows 7 Home Premium
   3rd Gen Intel® Core™ i5-3320M Processor
- 8GB Samsung® DDR3 1600Mhz RAM
   120GB Intel® 330 Series Solid State Drive
- 1GB nVidia GeForce GT 660M Graphics
   Gigabit LAN & Wireless N Network Card
- · 3 Year Silver Warranty

### from £799 inc VAT

Breeze through your daily work, watch Blu-ray movies or play the latest games on the all new Optimus IV, powered by a 3rd Gen Intel® Core™ CPU, 8GB RAM & NVIDIA 6 Series Graphics!



Warranty



Flexible Finance Available



Secure Card **Payments** 



Free UK Delivery'



**UK Based** Call Centre



Trading Over



Friendly Forum Community





### Award winning PCs with the service to match!





The 3rd Gen Intel® Core™ CPU combined with nVidia Graphics and a super fast Intel® SSD will keep you one step ahead of the competition!

### Vortex 1000 Gaming PC

- 3rd Gen Intel® Core™ i5-3570 Processor
- Genuine Windows 7 Home Premium
- 8GB Kingston Hyper-X 1600MHz RAM
   120GB Intel® 330 SSD + 1TB SATA III HDD
- 2GB nVidia GeForce GTX660 Ti Graphics
- 24x Dual Layer DVD-Writer
   Corsair TX650 Power Supply
- CoolerMaster HAF 912 Case
- 3 Year Silver Warranty

from £999 inc VAT



Take your gaming to the next level with the Vortex 1250 PC Powered by 3rd Gen Intel® Core™ technology, it'll power through any game you dare throw at it

### Vortex 1250 Gaming PC • 3rd Gen Intel® Core™ i7-3770 Processor

- Genuine Windows 7 Home Premium
- 8GB Kingston® Hyper-X 1866Hz RAM
   120GB Intel 520 SSD + 1TB SATA II HDD
- 3GB AMD Radeon HD7950 Graphics
- 12x Blu-ray ROM + DVD-RW Corsair TX750 Power Supply
- · CM Storm Enforcer Gaming Case
- 3 Year Silver Warranty

from £1249 inc VAT



The new 2nd Gen Intel® Core™ i7-3930k is now the benchmark for any new gaming PC. This beast is primed to power through any game out today!

### Vortex X79 Extreme PC

- 2nd Gen Intel® Core™ i7-3930K Processor
- Genuine Windows 7 Home Premium
- 16GB Kingston Hyper-X 1600MHz RAM
   120GB Intel® 520 SSD + 2TB Seagate HDD
- 2GB nVidia GeForce GTX680 Graphics
- Intel® Certified Liquid CPU Cooler
- Corsair TX850 Power Supply
- · CoolerMaster HAF-X Gaming Case
- 3 Year Silver Warranty

from £1899 inc VAT



### Vortex III 15 Laptop

- 15.6" Full HD Widescreen Display (1920 x 1080)
- Genuine Windows 7 Home Prem 3rd Gen Intel® Core™ i7-3610QM
   8GB Samsung® DDR3 1333MHz RAM
- 500GB Serial ATA II Hard Drive
   1.5GB nVidia GeForce GTX670M Graphics
- Gigabit LAN & Wireless N Network Card
- 3 Year Silver Warranty

### from £999 inc VAT

An extremely powerful garning laptop. The new Ivy Bridge platform which supports the latest Intel® Core™ CPUs and nVidia 6 Series Graphics, the Vortex III is great for every task!



### Vortex III 17" Laptop

- 17.3° Full HD Widescreen Display (1920 x 1080) Genuine Windows 7 Home Premis
- 3rd Gen Intel® Core™ i7-3610QM Processor
   8GB Samsung DDR3 1333MHz RAM
- 120GB Intel® 330 SSD + 500GB SATA III HDD 1.5GB nVidia GeForce GTX 675M Graphics
- Gigabit LAN & Wireless N Network Card

### from £1299 inc VAT

The pinnacle of our gaming laptop range. The Vortex III 17 is based on the new Ivy Bridge platform, supporting the latest Intel® Core™ CPUs and nVidia 6 Series Graphics - gaming heaven!

### Save £15 off every order! Enter code PCSHM

For the latest technology and most powerful custom PCs & Laptops, call or go online!

**0844 499 4000** www.pcspecialist.co.uk



explained
explained
Exploration
Solar System

The universe

Stars might look like tiny specks, but these massive superhot bodies are the heart of every planetary system and ultimately sustain life. As well as lots of astral trivia, learn about the giant dwarf planet Eris and how Galileo revolutionised astronomy.



46 WISE telescope



50 Tektites



52 Galileo Galilei

- 42 20 star facts
- 46 WISE telescope
- 48 How orbits work
- 50 Tektites
- 50 Eris
- 51 Titan's subsurface oceans
- 52 Galileo Galilei





Human beings have been making up stories and theories to explain the stars since prehistoric times, and the study of the stars has played a crucial role in the development of science and technology throughout history, inspiring everything from calculus to clockwork. But the idea that the stars might be 'suns' in their own right, unimaginably distant from Earth, is a surprisingly recent one, and it's only in the past century or so that astronomers have really got to grips with the true variety of stars.

Along the way, they've discovered that the Sun is really nothing special – a distinctly 'average Joe' compared to some of the extremes found elsewhere in our galaxy and the wider cosmos. And the journey of discovery is still ongoing. While we now have convincing theories to explain the birth and death of stars, their internal power sources and their varied properties, new telescopes and satellites are continually revealing surprising new bodies that challenge our thinking and continue to inspire us with awe and wonder.

### 1. Are we stardust?

Absolutely – if it weren't for generations of stars, the universe would contain nothing more than the light elements that formed in the Big Bang. Everything else, from the calcium in our bones to the carbon in our DNA, ultimately comes from stars. Deep in their cores, nuclear fusion forces the nuclei of lightweight atoms together to form heavier ones, and the heavier the star, the further this process goes. Stars like the Sun create elements such as carbon, nitrogen and oxygen through their lives, and then scatter them across space when they die. Heavier stars release iron, gold and uranium when they go supernova.

### 2. What colour can stars be?

The colour of any star is a mix of different wavelengths of light, ranging from high-energy, short-wavelength blue and violet light emitted by the hottest materials, to lower-energy, longer-wavelength red and orange emitted by cooler gases. White stars represent an even balance between the two.



**RECORD HOLDERS** 

### WISE 1828+2650

Discovered only in 2011, this brown dwarf, or failed star – just nine light years from Earth – has a surface temperature that is cooler than the human body at just 25°C (80°F).

### **Eta Carinae**

The brighter component of unstable double star Eta Carinae is a blue hypergiant – perhaps the hottest star known with a temperature of 37,000°C (67,000°F).

### **VFTS 102**

The bright blue giant VFTS 102 sits 160,000 light years away in the Large Magellanic Cloud galaxy. Spining 300 times faster than the Sun, it bulges out noticeably at its equator.

### R136a1

4 Both the brightest and the heaviest star, R136a1 lies at the heart of the Tarantula Nebula, a huge region in the Large Magellanic Cloud. It has a mass of around 265 Suns!

### HE 1523-0901

The oldest-known star has an estimated age of 13.2 billion years. This suggests it formed from the remains of the very first stars, about 500 million years after the Big Bang.

OID YOU KNOW? Astronomers estimate that the Milky Way alone contains 200-400 billion stars

### 3. What's inside a star? Convection zone In this opaque region, energy is absorbed from **Photosphere** below and carried up by The visible surface of the moving masses of gas. At the photosphere, the gas star, where it becomes releases its energy, cools transparent and light and sinks back down. escapes. The temperature of the photosphere determines the colour. **Radiation zone** Core High-energy photons Temperatures in this bounce around in this super-dense region dense interior region, reach millions of gradually losing their degrees, triggering energy as they push nuclear fusion their way outwards processes that release over many millennia. high-energy radiation ie gamma and X-rays. Sunspots Corona Magnetic fields pushing Above the photosphere is a out through the vast outer atmosphere photosphere create cooler which is superhot but areas that appear dark sparse. Denser structures compared to the rest of within this layer include the star's surface. prominences and flares.

### 4. Why do stars twinkle?

They don't. Their light gets distorted by churning gases in Earth's atmosphere – hence why telescopes are built on mountains, above the bulk of the air. We only notice the twinkling as stars are tiny points of light; planets don't twinkle as they're close enough to appear as tiny discs.

# 5. Which is the farthest star that we can see?

Ignoring occasional flare-ups such as supernovas, the farthest star we can reliably see with the naked eye is the obscure V762 Cassiopeiae, which is just visible under dark skies and is around 16,300 light years away. The most distant well-known star, meanwhile, is Deneb, the brightest star in the constellation of Cygnus, the Swan. It lies a still impressive 2,600 light years away and is the 19th brightest star in the sky, suggesting it is around 200,000 times more luminous than the Sun.



# 6. What is a neutron star?

Neutron stars are extreme stellar remnants formed after a giant star goes supernova. When the star runs out of fuel, it collapses under its own weight, creating a huge shockwave that compresses the core from the size of our Sun to roughly the size of London. Atomic nuclei in the core are torn into their subatomic components and protons are transmuted into yet more neutrons that can reach crazy densities: a pinhead of neutron star material can weigh as much as a fully laden supertanker!

### 7. How are stars named?

The brightest stars have proper names that often originated with Ancient Greek or Arabic astronomers – for instance, Sirius, the brightest star in the night sky, has a name derived from the Greek for 'scorcher'. The bright stars in each constellation are also named with Greek letters in alphabetical order – so Sirius is also Alpha Canis Majoris.

### 8. Can we tell if the stars we see have died?

Stars take millions or billions of years to move through their life cycles, but the light from stars in our galaxy usually spends a few thousand years at most travelling to Earth. On the law of averages, then, it's pretty unlikely that a star will have died in the intervening time, but there are some exceptions, eg Eta Carinae might have already exploded.

### 9. How can a star burn with no oxygen in space?

Blame astronomers for the misleading word 'burn' – stars aren't going through the same kind of combustion we see on Earth. Instead, stars feed off their hydrogen fuel by forcing individual nuclei together until they transmute into helium and eventually other elements in a process known as nuclear fusion.

### 10. What exactly is a white dwarf?

White dwarfs are the superhot, burnt-out cores of stars like the Sun, exposed when a dying red giant star sheds its outer layers. With no nuclear fusion left to support it, the core collapses under its own weight until it is about the size of Earth, but typically still contains roughly half a Sun's mass of material.



# "Ultimately, all stars scatter material across space to produce the next generation"

### **11. What** are mainsequence stars?

Most stars spend the majority of their lives in what astronomers call the 'main sequence'. This phase marks the period when they generate energy by nuclear fusion of hydrogen into helium. A star's position on the main sequence is governed by its mass - the lightest main-sequence stars are small, red and faint, while the heaviest are big, blue and brilliant.

### Spectral classification

Astronomers class stars with letters that indicate their spectral type, broadly linked to their colour and surface temperature as well as elements found in their atmosphere

### M-type stars

The least massive main-sequence stars shine with less than one-100,000th of the Sun's light and have cool red surfaces.

### A-type stars

White main-sequence stars, with around twice the Sun's mass, tend to have surface temperatures of 10,000°C (18,000°F).



### G and

Stars with a similar mass to the Sun appear yellow, with surface temperatures of around 5.500°C (9.900°F).



**B-type stars** 

Above about two solar

masses, main-sequence stars

are structurally different from

those like the Sun. Hundreds

of times more luminous, their

surfaces glow blue-hot.

### O-type stars

These rare blue stellar heavyweights squander their fuel rapidly, growing to enormous sizes and shining a million or so times brighter than our Sun.



### K-type stars

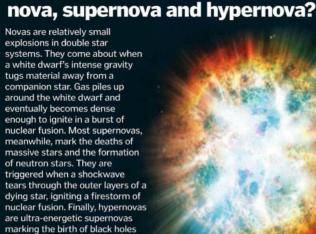
12. What's the difference between a

Main-sequence stars with perhaps half the mass of the Sun are larger and brighter, glowing orange with temperatures of 4.500°C (8.100°F).

### F-type stars

### 13. Which stars are the biggest and smallest?

The biggest known star is an unstable red hypergiant called NML Cygni, about 5,500 light years from Earth - its diameter of around 1,600 Suns makes it close to twice the size of Betelgeuse. The smallest star is OGLE-TR-122b, a tiny red dwarf only slightly larger than Jupiter and with just a tenth the mass of the Sun. Anything smaller is a brown dwarf.



and associated with the release of

intense gamma-ray bursts.



### 14. Where is Betelgeuse?

With a diameter large enough to swallow up Jupiter's orbit around the Sun, Betelgeuse is the closest supergiant star to Earth 640 light years away in the Orion constellation. Nearing the end of its life, it has developed a series of internal shells creating energy from the fusion of various elements, increasing its energy output to the equivalent of 120,000 Suns. The pressure of radiation pouring out from the star's interior has caused its outer layers to balloon to a vast size and cool to a deep red.



### 15. How are stars made?

The birth and death of a star depend on its mass. Average stars like the Sun may live for billions of years and end their lives as white dwarfs, while heavyweights live fast and die young. Ultimately, all stars scatter material across space to produce the next generation.



### Nebula collapse

Star formation begins when a cloud of interstellar gas and dust begins to collapse, perhaps triggered by a supernova shockwave, or by gentler tides from passing stars.



### Stellar globules

The nebula gradually separates into dense knots of matter, each a seed for a potential new star or multi-star system. Within these dark clouds, matter continues to coalesce.



### Outflow

Over time the nebula flattens into a disc with a protostar at the centre, flinging off material along its axis of rotation.

### Ignition

Eventually, the protostar becomes hot and dense enough to trigger nuclear fusion within its core - a new star is born.

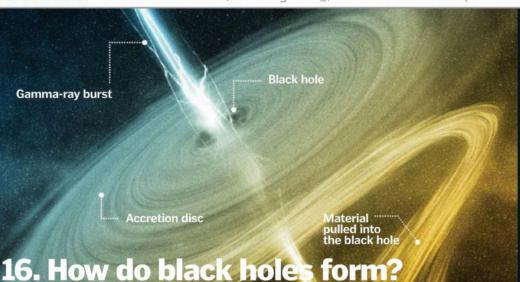
### **Planets**

The material in the surrounding disc is either pulled into the star, or blown outward. The rest may coalesce to form planets.

### THE PROPERTY IN THE PROPERTY I

ENERGY OF  $3.8 \times 10^{26}$  light minutes to the sun from Earth 8.3 Nearest Star 4.22LY

DIDYOUKNOW? The ESA's Gaia mission, launching in 2013, will conduct a census of a thousand million stars in our galaxy



When a giant star exhausts the hydrogen fuel for fusion in its core, the fusion process moves out into a spherical 'shell' while the core begins to fuse helium into heavier elements. As each fuel source in the core is spent a new shell is created, while the core moves on to fusion of ever heavier elements. Stars with eight times the Sun's mass

continue the process until their

cores start to fill with iron. T star cannot generate energy by fusion of iron, so when it tries, its energy supply cuts out and it collapses. The core is squashed to an incredible density, while a shockwave rebounds through the rest of the star, ripping it apart. In most cases, the star's core stabilises as a neutron star, but if the core weighs more than three to four Suns, the pressure

between neutrons can't halt the collapse. The neutrons are torn apart and the core collapses to a single superdense point: a singularity. The singularity's gravity is so powerful that anything that comes too close even light - can't escape from it. As it takes material in from its vicinity, it may briefly release a burst of highly energetic gamma rays along its axis of rotation.



### 17. How many stars are there in the universe?

Brace yourself for some big numbers. Astronomers believe there are probably somewhere between 10 sextillion (21 zeros) and 1 septillion (24 zeros) stars in total. That's based on recent discoveries that there are a lot more tiny, faint stars lurking in large galaxies than previously thought, and some educated guesswork on the total number of galaxies themselves.



Main

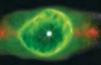
### Dying giant

sequence Once its core supply of Once stabilised, the hydrogen is spent, the star spends its life star must use other fusing hydrogen sources of energy to into helium, while keep shining - this obeying the rules of leads it to brighten and the main sequence. swell into a red giant.



### Supernova

The most massive stars - at least eight times heavier than the Sun end in enormous explosions when their energy sources are totally depleted.



### Planetary nebula

Stellar remnants Smaller red giants, on the The core of the dying other hand, become star generally survives unstable, puffing their as either a slowly cooling white dwarf, a outer layers into the surrounding region to form neutron star or, in the a beautiful but short-lived most extreme cases. planetary nebula. a black hole.

### 18. If we poured a giant bucket of water on a star, could we extinguish it?

Funnily enough, it would probably have the opposite effect. The ferocity of nuclear fusion in a star depends on the temperature and pressure huge amount of extra mass to the star in the form of all that hydrogen and oxygen, we'd increase the star's mass and central pressure, in turn making it shine brighter.

### 19. How do people use the stars to navigate?

Because objects in the sky stay fixed, even as Earth rotates beneath them, they for navigators. If you have an clock, you can calculate your latitude by measuring the height of a star passing across line across the sky). Similarly, you can work out latitude by comparing 'local noon', when meridian, with the time at a fixed location such as the

### 20. How is the distance to a star calculated?

The only way to measure a star's distance directly uses difference in a star's apparent position in the sky when we look at it from different points This only works for nearby stars, but, using parallax, patterns in stellar behaviour from which they can work out the brightness of stars independently. They can then use this to extrapolate the

Some say the WISE science instrument looks like a giant



# The WISE telescope

HIW explores this state-of-the-art infrared-wavelength space telescope

The WISE (Wide-field Infrared Survey Explorer) spacecraft houses an

advanced infrared astronomical telescope and is currently in hibernation in low Earth orbit.

WISE's primary mission upon launch in 2009 was to undertake an astronomical survey of visible space (about 99 per cent) with a huge series of images in the 3, 5, 12 and 22-micrometre wavelength range bands. This was successfully completed in 2011 and the finished 'All-Sky' survey data was released to the public on 14 March 2012.

As well as successfully providing this comprehensive infrared map of visible space - a map that contains the positions of over half a billion stars, galaxies and objects - WISE has also made a number of first-time discoveries.

The WISE spacecraft itself is approximately the height and weight of a fully grown polar bear, measuring in at 2.9 metres (9.4 feet) tall, two metres (6.6 feet) wide and 1.7 metres (5.7 feet) deep. It weighs 661 kilograms (1,457 pounds). The spacecraft is split into two main sections: the instrument array and system's bus. The instrumentation side contains WISE's telescope, detectors, mirror and cryostat, while the bus - which is essentially the chassis - supports the spacecraft's computers, electronics, battery, reaction wheels, antenna and solar panel (see the 'Anatomy of WISE' diagram for more detail).

As mentioned, WISE is currently in hibernation within low Earth

orbit and has been since February 2011. This is in part due to its successful mapping of the All-Sky survey, but also due to its cryocoolant being exhausted (the frozen hydrogen used within the cryostat to keep two of its four detectors operational).

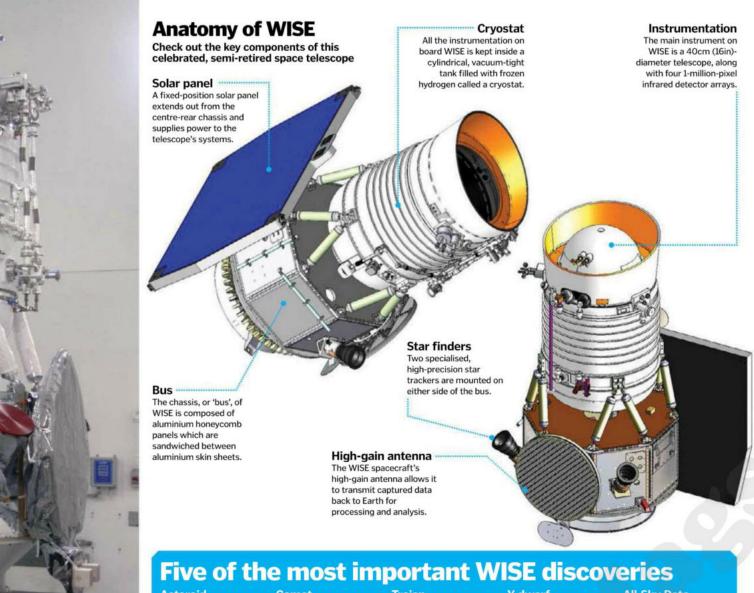
Importantly though - and the reason that the WISE craft has not been decommissioned entirely - is that the other two detectors do not require this coolant in order to function. As such, these remaining two detectors can be put to use when astronomers need to scan for





ORBIT PERIOD 95 mins TELESCOPE 40cm INCLINATION 97.5°

DIDYOUKNOW? The telescope in the WISE spacecraft was built by L–3 SSG–Tinsley in Wilmington, MA, USA



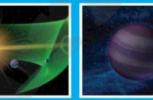
Asteroid discoveries by identifying a neverbefore-seen near-Earth which was designated 2010 AB78 – measures approximately one



A month later WISE detects an unknown comet, which is years, an aphelion of



Through data captured by the WISE telescope an Earth trojan Trojans are asteroids a planet near stable behind the planet, so they can't ever collide.



of brown dwarf called a

unique as some of them are only 300 Kelvin,

All-Sky Data community receives an atlas and catalogue of as imaged by WISE. The All-Sky Data includes more than half a billion





# How do orbits work?

We might take it for granted, but why do stars, moons, planets or any celestial bodies constantly move around one another?

Although we don't encounter orbits day to day, it's common knowledge that in space, satellites, asteroids, moons, planets and even stars move around other celestial bodies in a seemingly perpetual dance. With the right conditions, anything will fall into orbit around Earth. But what are those conditions?

A terrestrial orbit is actually a freefall along the curve of the Earth's gravity that never touches down. The basic physics is the same for any planet or star, no matter its size. For an Earth-like planet, if an object is at the right altitude so that the thinner atmosphere doesn't drag too much around 160 kilometres (99 miles) up - and the acceleration is enough - about 28,080 kilometres (17,450 miles) per hour - it will continue to tumble around the planet.

To put a satellite or shuttle into a circular 'high' orbit, the craft makes use of boosters to go from low orbit into a transfer orbit to achieve the required height, technically known as its apogee. Left to its own devices, the spacecraft would fall into an elliptical orbit, so an additional rocket motor called an 'apogee kick' (AKM) fires at the appropriate point. This gives the vessel the extra boost it needs to remain at that specific altitude in a high orbit. 🌼

### Going in ellipses

Very few natural orbits are perfectly circular. Most follow the shape of an ellipse, or a slightly squashed circle. These elliptical orbits have a high distance (apogee) and a low distance (perigee), which occurs because the rate at which the object is falling changes. The Moon, for example, has an average orbital velocity of 3,682 kilometres (2,288 miles) per hour but speeds up as it falls towards Earth. It flies quickly through its perigee (which is approximately 360,000 kilometres/223,700 miles away), swings around the curvature of the Earth and climbs away again. It gradually slows down as it approaches its apogee (around 405,000 kilometres/250,000 miles away) until it falls back towards our planet, once again picking up speed. An equilibrium is achieved because the Moon isn't going fast enough at its apogee or slow enough at its perigee to maintain an equidistant orbit.

### Learn more

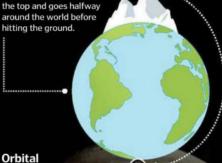
Go to www.nasa.gov to read more about orbits, the ISS and its path around Earth, as well as the Lunar Reconnaissance Orbiter. which goes around the Moon

### **Orbit physics**

Imagine an orbit as Isaac Newton envisioned it, with a cannon at the top of a mountain on Earth. The cannon is fired several times with increasing amounts of gunpowder, blasting the cannonball ever farther away...

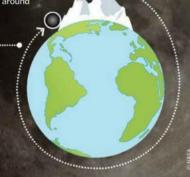
### Low acceleration A standard cannonball is fired from the top of a high mountain (160km/99mi tall) and falls to Earth. High acceleration





### acceleration

A cannonball is fired from the top at 28,080km/h (17,448mph) and 'falls' completely around the Earth.



# The multi award-winning MULTIFORMAT games magazine



Writtenby gamersfor gamers

■ The UK's most respected videogame magazine

Massive section dedicated to retro games

Get your copy today

✓ Print ✓ iPad
✓ iPhone ✓ Android



Quality print edition on sale at imagineshop.co.uk
Interactive digital edition on all platforms on sale at
WWW.greatdigitalmags.com

Also available good newsal



# **Exploring Eris**

Get to know the biggest dwarf planet in the Solar System



When the Palomar Observatory detected Eris in October 2003, it was thought to be the long sought-after

tenth planet in our Solar System. Eris has a thin methane atmosphere with a rocky surface, and a small moon, Dysnomia, which orbits it every 16 days. Eris goes round the Sun in 557 Earth years in an eccentric orbit that sometimes takes it within the orbit of Pluto.

Because Eris's orbit takes it to 5.7 billion kilometres (3.5 billion miles) from the Sun at its closest and 14.7 billion kilometres (9.1 billion miles) at its farthest, the dwarf planet's surface temperature is extremely cold, plummeting to as low as -243 degrees Celsius (-405 degrees Fahrenheit). The diameter of Eris is estimated at 2,326 kilometres (1,445 miles) making it about the same size as Pluto.

Originally classified as 2003 UB313, it was christened Eris in 2006 when the International Astronomical Union decided to designate it and the former planet Pluto as dwarf planets that are part of the Kuiper Belt of asteroids.

### **Dwarf planets**

How does Eris stack up against other dwarf planets in our Solar System?

### **Eris**

Eris, Makemake and Haumea, and other dwarf planets beyond Neptune are designated plutoids. It's believed up to 100 more could be out there, waiting to be discovered.



This is the smallest dwarf planet with a diameter of just 950km (590mi). It is located in the Asteroid Belt between Mars and Jupiter and takes about 4.6 Earth years to orbit the Sun.

### Pluto

The former planet has a highly inclined and eccentric orbit compared to the Solar System's eight full-scale planets. It takes Pluto 247.7 Earth years to travel round the Sun.



### What is a tektite?

Learn about these strange glass blobs that showered the Earth millions of years ago

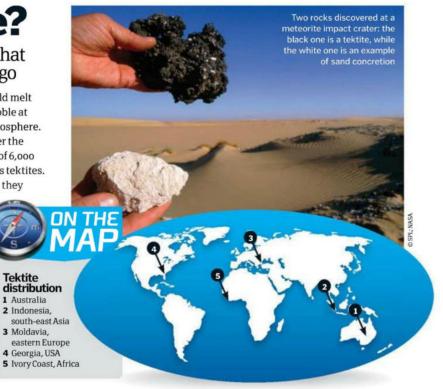
Tektites are pebble-sized, often intricately shaped glass objects. They are much like obsidian glass, which is formed by terrestrial volcanic eruptions, except tektites have a far higher melting point and a thousand times less water content. Tektites are mainly composed of silica and contain bands of lechatelierite silica glass, which is formed naturally when lightning strikes quartz sand. Under the microscope, they display very little or no crystal structure.

The dominant theory is that they were created by meteorite/asteroid impacts several million years ago. The incredible heat and pressure generated by a huge space rock

smashing into Earth would melt rocky layers and blast rubble at high velocity into the atmosphere. This would rain down over the impact site, to a distance of 6,000 kilometres (3,730 miles), as tektites. As they fell to the ground, they morphed into various

shapes, like discs, dumbbells, spheres, rods and teardrops.

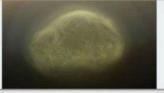
This theory is supported by the fact that strewn fields of tektites surrounding one impact area are distinct from the type of tektites found surrounding another impact site.





### What permanent feature is at Titan's south pole?

A Coral reef B Hurricane C Aurora



### Answe

Titan has a perpetual hurricane at its south pole over 322km (200mi) up in its atmosphere. It's an enormous vortex where air sinks into the centre and rises at the edge, forming clouds. It's not certain how it formed as we can't see beneath it.

DIDYOU KNOW? Titan's orbital period is synchronous with its rotational period, so only one side is ever visible from Saturn

# What's beneath Titan's surface?

How did Cassini unlock the watery secrets lying below the outer crust of Saturn's largest moon?

•

Cassini has been trying to peek below the mysterious surface of Titan for some time now, as NASA has long

suspected there was more to the moon than meets the eye. In its most recent flyby, Cassini recorded the most compelling evidence yet to suggest there is a subsurface ocean.

As the moon orbited Saturn, researchers saw bulges appear on its surface as Titan was squeezed and stretched under the immense gravity of Saturn. This is a phenomenon common to all satellites including Earth, as the gravity of both the Sun and the Moon doesn't

just cause the oceans to bulge by as much as 60 centimetres (23 inches), but our planet's crust too, by up to 50 centimetres (20 inches).

These are known as 'solid tides' and, if Titan were solid rock, scientists calculated that it would be bulging by up to a metre (3.3 feet). Instead, Titan's solid tides are as big as ten metres (33 feet) in height, indicating there is an ocean beneath its surface. Using data from five previous flybys, NASA was able to calculate Titan's internal structure layer by layer, including a global body of water between its silicate core and its solid surface.

### Why Titan's unique

So what if there's water on Titan, a moon that's over 1.5 billion kilometres (932 million miles) from Earth? We're searching for the presence of water on Mars because there it's in contact with rock, but on Titan scientists aren't sure whether the bottom of this ocean is rock or ice. Instead, NASA is interested in the presence of methane and the effect of a liquid water ocean on methane escaping to the surface. According to the Cassini team, the abundance of methane on Titan is what makes everything that is unique about this moon. Yet we don't fully understand how the methane gets to the surface in sufficient quantities, because once there it dissipates in a relatively short time. A subsurface ocean of liquid water would act as a reservoir for methane and would also free gas from the ice.



### Inside Titan

Explore the composition of this complex moon, from the core to the atmosphere

### Organic-rich atmosphere

The atmosphere is mostly nitrogen (98 per cent). The remainder largely consists of methane and hydrogen.

### Water ice shell

Titan's surface is geographically young, featuring hydrocarbon seas – lakes and oceans of liquid methane.

### Subsurface ocean

Less than 100km (62mi) beneath the surface is a shallow ocean of liquid water and ammonia.

### High-pressure ice shell

A layer of extremely cold crystalline water ice under immense pressure surrounds the core.

### Hydrous silicate core

It's suspected that Titan has a rocky 2,000km (1,242mi)radius core enriched in hydrated silicates.



# **Galileo Galilei**

The father of modern science and one of history's most influential figures, today's astronomers owe Galileo a great debt

Had you been alive in the late-16th and early-17th centuries, Galileo would have challenged, if not changed, the way you looked at the world. His studies into the laws that govern motion, strength of materials and the very nature of scientific method of the time paved the way for scientific advances for the next few centuries. Though the achievement he's best known for was to advocate the heliocentric system, he was such a staunch proponent of this in the face of punitive opposition that the scientific community was forced to re-examine its beliefs.

The world that Galileo was born into in 1564 was as much a boon to his career as a hindrance. On the one hand, contemporary Renaissance-era geniuses like Nicolaus Copernicus and Leonardo da Vinci had already proved the transition between the expanding definitions of the sciences. Italy was a thriving hub for artists, explorers, mathematicians, writers, inventors and more; ideas disseminated with unprecedented freedom and new concepts bubbled up from archaic beliefs, rocking theories of the time that had gone unchallenged for hundreds of years.

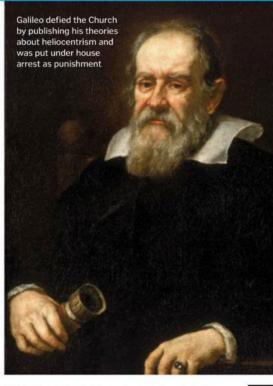
On the other hand, Galileo was a tenacious antagonist who lived in Pisa, Italy, at a time

when Rome's political power was still very strong and religious censorship was rife. His feud with the Vatican dictated the last few decades of his life, perhaps ending Galileo's run of stellar discoveries prematurely.

In 1588, at the age of 24, he was already a mathematician of some renown in Italy, having circulated his theories on weight and the centre of gravity while lecturing to the prestigious Florentine Academy. It brought him to the attention of the University of Pisa in 1589, which appointed him the chair of mathematics. It was here that he performed his experiment from the top of the Leaning Tower of Pisa, dropping various weights to the ground and proving that the speed of an object's fall is not proportional to its weight. The backlash against his attack on Aristotle's theories saw him released from his position in 1592, although he immediately moved on to greener pastures as chair of mathematics for the University of Padua - part of the Venetian Republic. During his time here he would make several contributions to science that would revolutionise astronomy.

Galileo has been so frequently associated with the telescope that he's commonly credited with its invention, which isn't true. The telescope was actually invented in the

"They were so impressed with his re-invention that they immediately doubled his salary and extended his tenure of the chair of mathematics to a lifetime one"



Netherlands in 1608, proving a watershed for both Galileo's career and science. He saw how to drastically increase the magnification of the telescope through lens grinding and, in August 1609, he presented his improved design to the Venetian Senate. They were so impressed with his re-invention that they immediately doubled his salary and extended his tenure of the chair of mathematics to a lifetime one. This invention was also the tool with which Galileo would achieve his magnum opus.

### The big idea

In 1592 Galileo invented an air thermometer, or thermoscope. His theory was that changes in heat levels would be shown by liquid, rising or falling in a tube, though the notion of temperature itself didn't exist then. The Galileo thermometer was invented long after this by the Accademia del Cimento in Florence and named in his honour, using the principles laid down by Galileo to create a sealed glass cylinder containing a clear liquid (eg water) and floats. These floats had different densities and would bob to the top at varying temperatures modern Galileo thermometers often have tags on the floats too



### A life's work

A brief look at some of Galileo's key achievements throughout his lifetime

1564

Born 15 February in Pisa, Italy, a city he would return to later in life.



### 1581

Enrols at the University of Pisa to study medicine, but later decides to study mathematics and philosophy.

### 1588

Applies for the chair of mathematics at the University of Bologna but doesn't get it.

### 1592

Galileo's patrons secure him the chair of mathematics at the University of Padua.

### 1609

Continues research on motion and determines the law of falling bodies after an experiment from the Leaning Tower of Pisa.

### 1609

Reinvents the telescope and receives substantial financial reward from the Venetian Senate.



With a telescope that magnified the sky up to 20 times, he was able to discern celestial objects in unprecedented detail, like the Moon, whose surface he discovered was pocked by craters and not perfectly smooth. He was also able to make out four satellites orbiting Jupiter. This flew in the face of the contemporary Aristotelian thinking at the time: that the Earth was an imperfect and corrupt celestial body surrounded by the immutable heavens. The Moon and the planets in fact revolved around the Sun, which was the centre of the known universe and there was more than one centre of motion within this universe.

This revolutionary support of Copernican heliocentrism saw Galileo fall out of favour with the Vatican. After facing an inquisition in Rome, he was sentenced to lifetime house arrest - a relatively lenient punishment at a time when heresy was usually met with torture, prison or death. Galileo continued his work in secrecy and even managed to smuggle a vitally important book summarising his research into motion - Dialogues Concerning Two New Sciences - out of Italy and published in the Netherlands, before he died in 1642.

### In their footsteps...

Sir Isaac Newton Newton was born the same year that Galileo died. As a physicist, mathematician and astronomer (among other things) who lived in the same century, he was greatly influenced by Galileo's work. Using Galileo's

own work on laws of motion and gravity (as well as Kepler's laws

of planetary motion) he removed any doubt over heliocentrism. He also built on Galileo's own telescope design.

**Benedetto Castelli** As a student of Galileo, Antonio Castelli (later to be known as Benedetto) helped with Galileo's study of sunspots, in his examination of heliocentrism and Copernican theories.

When Galileo left his position as chair of mathematics at the University of Pisa, Castelli took the role. For his part in the scientific revolution, Castelli published several important works on running water.

# **Top 5 facts: Galileo**

1 The heretic Much of Galileo's work was withdrawn and banned during the 17th century by order of the Church. It wasn't

More inventions In addition to the objective lens and contributed greatly to many other technologies too.

Blindness In 1638 – towards the end of his life - Galileo went blind. Yet even in his final few years he continued with his work, help him who was with

4 Not always right Sometimes Galileo was far from being correct. For example, he disagreed with Kepler's theory that the Moon caused the Earth's tides and believed that they were down to the rotation of the Earth and orbit of the Sun.

Jupiter's moons Galileo discovered the Medici. They were later

### 1610 Makes one of

his most famous discoveries what are now known as the Galilean moons of Jupiter.



1613

Publishes a paper on sunspots, called History And Demonstrations Concerning Sunspots And Their Properties.

### 1623

Il Saggiatore (The Assayer) -Galileo's views on physical reality and the scientific revolution - is published.

Publishes his controversial Dialogue Concerning The Two Chief World Systems, falling foul of the Church.

### 1633

After a commission to examine Galileo's work, he is charged with heresy and sentenced to life under house arrest.

1642

In his final years, Galileo summarises his life's work and teaches a student, before he dies

# ECHNOLOGY























60 Energy from waste



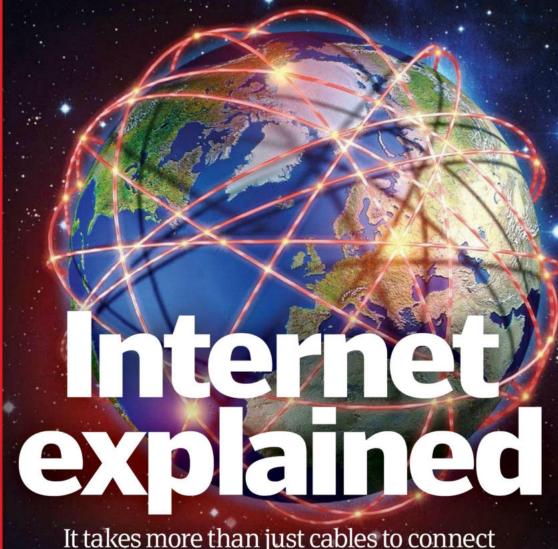
**Sydney Opera House** 



64 iPhone 5

- The internet
- Waste-to-energy plants
- 61 Handwriting recognition
- 63 Opera House acoustics
- Inside the iPhone 5





# It takes more than just cables to connect over 2 billion people and six continents

22 years ago, you had never looked at a single webpage, 15 years ago you hadn't searched on Google. Just eight years ago you had yet to see a YouTube video. All these things are now as much a part of our lives as television, and much more relevant to most of us than newspapers. The internet has the ability to subvert national laws, overthrow governments, search for extra-terrestrial life and even find us a husband or wife.

But what actually is the internet? Like gravity, it's so ubiquitous we mostly just think of it as a sort of magic glue that binds us. The server that hosts www.howitworksdaily.com isn't strictly part of the internet, it's connected to the internet. The internet itself is the collection of links that join the smaller

networks run by companies, governments and other organisations. It's a network of networks.

When you type www.apple.com into your browser address bar, the request for that webpage travels from your computer to your broadband router by Wi-Fi radio signals, but after that, its journey is constrained by wires. First it travels through ordinary telephone wires to your local telephone exchange. Then it gets routed through higher-capacity lines that connect to your Internet Service Provider (ISP). For convenience, these cables follow the same route as the voice telephone lines and share the same trenches in the ground, but they are dedicated data cables that only carry digital internet traffic. Your ISP has leased capacity on even bigger fibre-optic cables that forward your ARPANET, precursor to the internet, is created. The first message was the L and O of 'login'.

1969



The 'smiley' emoticon (left) is invented in 1982, by a professor at Carnegie Mellon University, PA, USA.

1982

The first .com domain name is registered. It was symbolics. com and belonged to a Massachusetts computer firm.

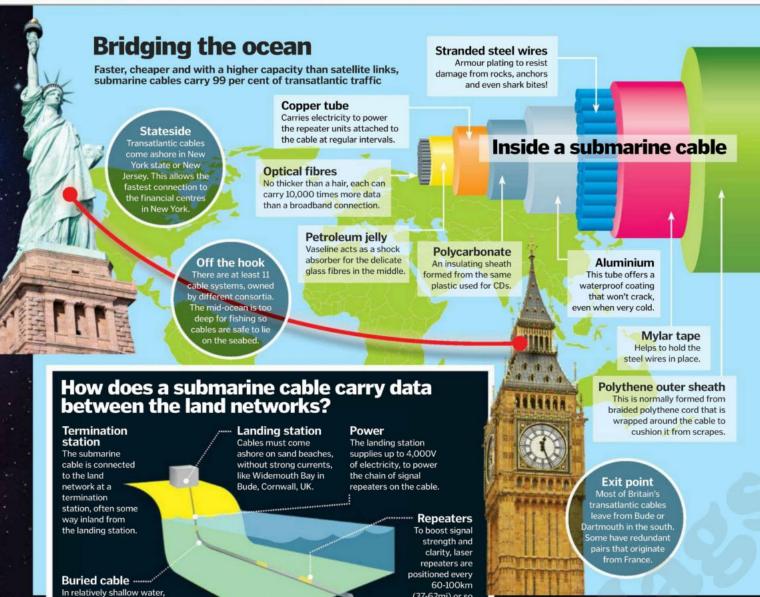
Hotmail launches the first free web-based email service. Microsoft buys it for \$400m the following year.



Mark Zuckerberg launches Facebook which hugely popularises

social networking.

DIDYOUKNOW? The first webcom was set up in 1991 in a lab at Combridge University. It showed a coffee pot



data to one of the major internet exchanges, such as the London Internet Exchange (LINX). This is a collection of ten buildings, in and around the Greenwich area, that are all joined together by multiple ten-gigabit fibre-optic lines. LINX is a non-profit switching centre whose running costs are shared by lots of ISPs to route traffic all over the planet.

cables are buried up to 9m (30ft)

below the seabed, using a plough

towed by the cabling ship.

To get to America, your webpage request must cross the Atlantic via a submarine cable. There are 11 main cable systems, leaving from either Devon/Cornwall, Ireland or France. Your data is passed to one of these by LINX, passing

through a shorter submarine link under the English Channel or the Irish Sea, if necessary. The 5,650-kilometre (3,500-mile) journey over the pond takes less than 100 milliseconds.

(37-62mi) or so

along the cable.

Back on land, more high-speed cables (sometimes called the internet 'backbone') take your request to a data centre. These are warehouses the size of shopping malls containing hundreds of rows of server cabinets. Apple has one of its main data centres in Maiden, North Carolina. The advantage of siting it there is because a data centre needs three things in large amounts:

space, electricity and cooling. Cooler locations like North Carolina save a lot of power by using the natural cold air instead of air conditioning. Even so the electricity demands of all those servers is enormous. Over 1.8 trillion gigabytes was added to global data centre storage capacity in 2011 and all that data needs power to keep it accessible. Most data centre servers spend a lot of time idling, but extra capacity is needed to cope with sudden spikes in demand.

When your website request finally arrives at one of Apple's servers, the data for the front page is assembled, split into 'packets', each with the internet address of your home computer and then sent back the way it came. This happens every time you click a link. 🌣



# he internet in numbers

..from the fastest broadband to how many tweets we post each day

# ong are we online?

How many hours do Britons spend online compared with the rest of the world?



emails are sent each day worldwide

...compared with an estimated 3.5 billion physical letters and parcels

/ho has the fastest broadband?

It may come as a surprise, but the fastest download speeds aren't from the biggest countries

Hong Kong: 41.9

Andorra: 35.6

South Korea:

Macau: 33.4



Data sent around the internet every day



This is equivalent to 347 million DVDs

50

40

30

Mbps

20

10

tweets are sent every day

of video is uploaded to YouTube every minute

# Hours/month 43.5 35.3 26.6 11.9 Country Canada USA UK France **Global rank**

Number of websites worldwide

**fotal domains wo**l



### MAZING **VIDEO!** SCAN THE QR CODE FOR A QUICK LINK

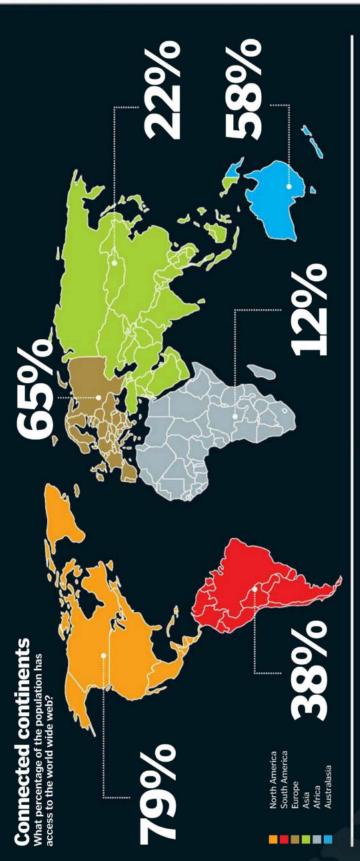
Get to grips with the workings of the internet

howitworksdail y.com





DIDYOUKNOW? Discover Magazine suggested the net weight of all data on the internet is about the same as a grain of sand



WWW.HOWITWORKSDAILY.COM

# Online activity breakdown Discover how much time people dedicate to a range of tasks from shopping to emails

Focus on social networks

Whether it's viral videos or pictures of our lunch, we're addicted to sharing



Brazilians have the most online friends - an average of 481 per user

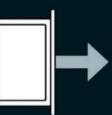
Ave time a user spends on Facebook per month hrs 46m

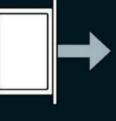
of users admit to spying on their partners through social networks

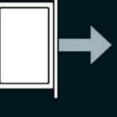
What percentage of UK adults connect to the internet on each device?

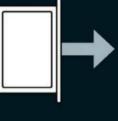
What are we surfing on?

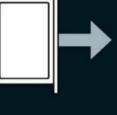
















0



Portable media player (eg iPod): 8%

Tablet computer (eg iPad): 6%

How It Works | 057

Games console (eg Xbox Live): 11%

Mobile phone: 45%

PC or laptop: 72%



"If your video-conference hits a slow patch, it's better if the network discards any late packets"

# The software of the internet

The internet is made of protocols... but what is a protocol?

The internet is like a road network. It consists of the tarmac and the junctions and the vehicles that use them. It also comprises the rules that govern how cars should travel. Rules like 'Stop when the light is red' are every bit as vital to the functioning of the internet as a real road system.

The main protocol is called simply Internet Protocol (IP). It defines the way data is broken into chunks, or packets, and each packet has the destination address marked separately on it. This means that if the stream of data gets interrupted en route – perhaps because one server gets too busy – the packets can be diverted to alternative links without losing their way. The packets are also numbered, so that the data can be reassembled in the correct order.

This fault tolerance works fine for most kinds of data. Webpages are fairly small, so you can wait for a second or two while the packets all arrive, and with video you can buffer a few seconds' worth to smooth out any hiccups in delivery. But games and video chat need a real-time exchange. They use a stripped-down version of the IP packet, called UDP (Universal Datagram Protocol) that misses out some of the fault-tolerant features of IP. If your video-conference hits a slow patch, it's actually better if the network discards any late packets and lets the image break up a bit, rather than stalling the whole conversation.

ISPs also prioritise some kinds of data over others. This is called traffic shaping and it enables them to ensure that time-sensitive data, such as video, doesn't get interrupted unnecessarily. Traffic shaping has a commercial side too. For instance, ISPs regularly prioritise web and email traffic for business customers over domestic online gaming.

An IP address is a sequence of four numbers – 65.55.58.201 is one of Microsoft's servers, for example. But number sequences are hard for humans to remember, so a separate Domain Name System (DNS) acts as an alias for all the IP addresses. When you register myfirstdomainname.com, an entry is made in a database that assigns an IP address to that domain name, so no one else can use it.

The original world wide web, designed by Tim Berners-Lee, used very simple webpages described by HyperText Markup Language (HTML). This leaves almost all decisions about layout and font to the web browser on your computer. Modern web designers want a lot more control over the layout so webpages nowadays don't use as much HTML. Instead, programming languages like Java create animated and interactive elements and the content is often generated dynamically by a database. This is what allows Gmail to show a personalised email inbox, for example.





### **Nuclear attack proof**

The internet protocol was designed to be highly fault tolerant. But that's because early network hardware was very unreliable - not because of the threat of nuclear war.

### Berners-Lee made links

2 He invented the world wide program, but the hyperlink was invented by Ted Nelson as part of Project Xanadu at Harvard, 30 years earlier.

### Social networks are new

3 In the Eighties, CompuServe, FidoNet and CIX bulletin board systems already allowed users on dial-up modems to chat online, leave messages and contribute to discussions.

### Addresses are scarce

The IPv4 protocol only allows 4 billion unique addresses, but IPv6 is already rolling out and this will provide 10,000 trillion trillion addresses for every person on Earth!

### The internet is free

5 It isn't and never has been. The internet is a very expensive collection of hardware paid for by governments, corporations and, ultimately, all of us.

DIDYOUKNOW? The first ever web address didn't begin with www but the slightly less catchy nxocor.cern.ch



"Direct combustion plants work by burning waste in a huge furnace to generate high-pressure steam"

# Waste-to-energy plants

### Converting refuse into electricity, WTE plants are a power source of the future

Waste-to-energy (WTE) plants are a widespread type of refuse recycling facility. They specialise in processing non-recyclable materials through one of three different methods: direct combustion, pyrolysis or gasification.

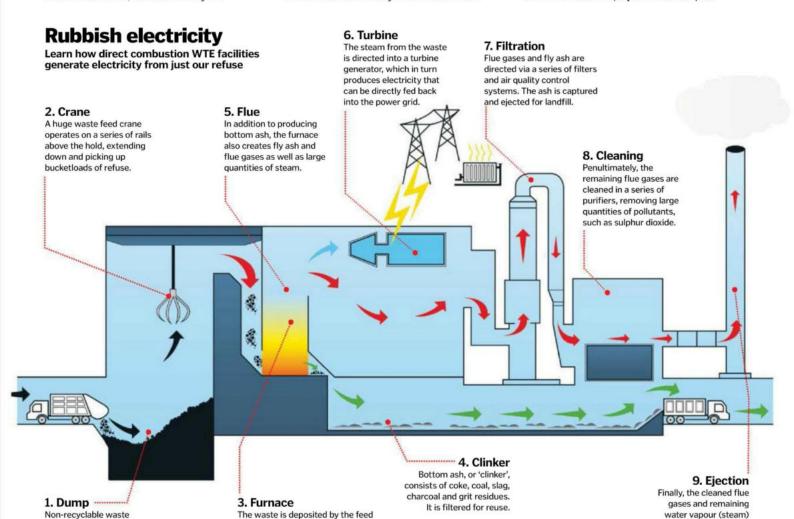
Direct combustion facilities are the most common. These WTE plants work by burning waste in a huge furnace to generate high-pressure steam, as well as a number of reusable by-products (bottom ash, for example). The steam is useful as, once created by the

combustion unit, it can be redirected to a steam turbine – this in turn can generate electricity. The electric power it produces can then be fed directly back into the power grid.

The second variety of WTE plant employs the process of pyrolysis. This type of facility thermally degrades waste in an oxygen-free conversion unit, breaking down material and producing syngas (synthesis gas), which is a mixture of carbon monoxide and hydrogen that can later be turned into diesel, methane, methanol and dimethyl ether. All of these

materials can be reused as forms of energy, most notably in combustion engines.

The final type of WTE facility is the gasification variety. These plants specialise in a process that converts organic and fossil-based carbonaceous materials into carbon monoxide, hydrogen and carbon dioxide. While slightly more complicated, gasification plants have the advantage of being able to generate electricity in engines rather than steam turbines and also a simplified filtering process compared to direct combustion (explained below).



crane into a large combustion unit, incinerating it and breaking it

down into ash and gases.

products are brought to

the plant by dump trucks and placed in a huge hold.

are ejected from the

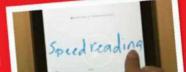
plant via a flue stack

into the atmosphere.

### AMAZING VIDEO! SCAN THE OR CODE FOR A QUICK LINK

Check out Handwrite, Google's own HWR feature

www.howitworksdaily.com





DIDYOUKNOW? Many ancient documents are being preserved for the future using HWR technology

# **Handwriting**recognition tech

A closer look at the clever software which can decipher human writing and then digitise it



The ability for a piece of software to recognise handwriting is a natural extension of an older concept: optical

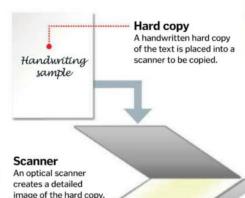
character recognition (OCR). This was conceived around a century ago, when a machine was developed to aid telegraphy that read characters and translated them into code.

Conceptually, modern handwriting recognition (HWR) performs the same conversion, but with an additional process. The printed or handwritten document is first scanned, or written onto a touchscreen mobile or tablet device. The HWR app then separates each character and - using a pre-programmed bank of algorithms - matches it to what it thinks is the most likely letter on a database. Modern HWR software uses context to help decide one letter from the next and some programs can even 'learn' from reading a user's writing over time, increasing efficiency.

Finally, the software creates a digital output, which can be read by any device and then replicated as editable text. #

### **HWR** in action

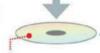
We break down the process of converting handwritten text into a digital format





### Learn more

Handwrite is a new HWR system by Google for mobile Android devices that allows you to search by writing with your fingertip rather than typing. See what it's about at www.howitworksdaily. com in the article: 'How can you



### **HWR** software

The handwritingrecognition app finds the text and parses it into individual characters.





### Touchscreen device

Using a pen or finger, the text is handwritten onto the screen of a mobile or tablet.

### Digital output

The writing is transformed into universally recognisable ASCII code, ready to be converted into legible and editable digital text.



"A piece of software separates each character and matches it to what it thinks is the most plausible letter"

### Personal CNC for Home or Hobby

Don't Let Your Tools Hold Back Your Creativity

Tormach Personal CNC machines are the ultimate workshop tool. Whether you're a jeweler, artist, prototype builder, engineer, model maker or hobbyist, a Tormach PCNC will expand your possibilities and enable your ideas.

### The PCNC 1100 Features:

- cuts aluminum, steel, plastic, wood and more
- Table size 26" x 8"
- 5000 RPM computer-controlled spindle
- Stiff cast iron frame
- Space-saving footprint
- 3-Axis CNC Milling Machine Requires single-phase 230VAC 50/60Hz electrical service
  - Optional accessories Reverse Engineering CNC Scanner 4th Axis, Digitizing Probe



www.tormach.com







0844 322 1213' Subscribe online – go to ngkids.co.uk or email ngkids@servicehelpline.co.uk

Call our subscription hotline on



		Name as appears on card	
Instructions to your bank or building Branch sort code society to pay direct debit Please pay		Signature	
GalleonCI Ltd direct debits from the account detailed in this instruction, subject to the safeguards assured by	Bank/building society account number	TERMS & CONDITIONS This offer is available for subscriptions within the UK only (excluding BFPO addresses). All orders will be advowed edged and you will be advised of the commencement issue within 14 days. This offer cannot be used in conjunction with any other GalleonCl Ltd, National Geographic or NGK Publishing Ltd subscription promotion and closes 31 January 2013, Initial six-month non-refundable contract applies. Diries switten notice is given before the off the initial term, the subscription will continue as a rolling six-month non-refundable contract. The full UK subscription rate is £39.60 for 12 issues, for subscription enquiries, please call 1944 32 17.13 (frailing from outside the UK please call 1944 472 17.31 (frailing from outside the UK please call 1944 472 15.	
Signature[s]		412847). By supplying your email address/mail address, you are happy to receive products and services via email/post from, or in association with, NGK Publishing Ltd/National Geographic.	
Date  MY DETAILS (please fill in even if subscription is a gift)  Title Surname		Please tick if you do not want to receive offers from us or third parties For our data policy, see <b>subscribeonline.co.uk/ngkids</b>	
		The subscription is a gift. Please send copies to: Title Surname	
Forename		Forename	
Forename Address		Forename Address	
	rth		
Address	rth	Address	



After the demolition of the Fort Macquarie Tram Depot in 1958, construction work begins.

1959



The Sydney Opera House is completed ten years the original budget.

1973

The Sydney Opera House Trust reconciles with estranged architect Jørn Utzon, who quit in 1966.

Utzon begins planned renovation work. A dedicated to him (right).

2004



Utzon's son Jan helps redesign the Western Foyers, adding new ticket booths, shops and toilets.

2009

DIDYOUKNOW? The Sydney Opera House features a grand organ with a staggering 10,500 pipes!

# Sydney Opera House acoustics explained



How does the Concert Hall inside this famous landmark disperse sound so well?

We explore the Sydney Opera House's Concert

to see how sound travels to every corner

**Kev acoustic features** 

The Sydney Opera House's Concert Hall still remains one of the premiere destinations for concerts and recitals in the world, thanks

The Concert Hall has a very distinctive geometric design. Similar to a cathedral, the auditorium has an incredibly high vaulted ceiling, a long, stepped main seating array, raised organ platform, recessed sound stage, plus an elevated, staggered gallery. This layout, especially aided by the high ceiling, grants sound within the hall a bright quality with strong reverberation; with a full audience the reverberation time is approximately 2.2 seconds from 100 to 8,000 Hertz.

in the main to its great acoustics.

Complementing the geometric layout are the hall's construction materials, which - ranging from the smallest to the largest aspect - were picked specifically to improve sound quality and dispersal. The walls and floors are made of laminated Australian brush box, the ceiling from white birch, while much of the ceiling's crown is crafted from sculpted plywood. The extensive use of wood offers excellent control of reverberation and echo as well as generating a softer reproduction of sounds. In addition, each chair is made from white birch and lined with wool, the latter material providing excellent noise absorption at the critical point of contact.

Finally, the hall sports a unique feature: a fully height-adjustable canopy directly above the sound stage. This canopy comprises 18 doughnut-shaped acrylic rings that extend down from the ceiling and redirect sound waves that emanate directly up from the stage to other more beneficial areas of the room. This helps with the hall's lack of early sound wave reflections due to its height, and also maintains the auditorium's geometry. 🌼

18 doughnut-shaped acrylic rings, or 'clouds' hang above the sound stage. These are used to reflect sound into more beneficial areas of the hall and back to the stage.

### Angles

to the side of the stage are angled away and down into the seating area. These angles are used to prevent sound from bouncing back and forth across the room, which would create distortion.

### Wood

The hall's walls and floor are made of laminated Australian brush box. This material is used as it does esonates slightly, granting it a much softer quality.

wool. This is used as the material is especially good at absorbing sound and, as the seats are the point of stination, stop it from bounding and distorting

"As it sends information to Apple, Siri has learnt from everything you've said in the last year"

# **Inside the iPhone 5**

We take a look under the hood of the latest smartphone from Apple



iPhone 5 breakdown

Explore the core features of the brand-new iPhone which take it to another level

Unibody

The back and sides of the iPhone 5 are made from a single piece of aluminium, cut into a specific shape.

Just a year after the 4S was released, the iPhone 5 brings a selection of tech upgrades, including a taller

10.2-centimetre (four-inch) display and the new A6 processor. This brand-new chip makes the iPhone 5 up to twice as fast as the 4S. Plus, with double the RAM (random access memory) on board than before, the new smartphone is able to open apps quicker, run games more smoothly and offer faster web browsing.

It's thinner and lighter, but it also has 12 per cent less volume than the previous model; obviously this means that there is less space inside the body of the phone. However, Apple has managed to not only decrease the size, but also increase the battery life. This is thanks to the great strides in battery technology that have allowed the manufacturer to squeeze more power out of the cells.

These factors all work together so well because of the way Apple builds the iPhone. The A6 chip has been designed by Apple to make it ideal for this specific model, and even the dock connector and SIM tray are made to save as much space as possible in the frame. New display technology makes the screen thinner, while Siri has seen big improvements too. Because the 'personal assistant' sends information to Apple whenever it's used, Siri has learnt from everything you've said in the last year to offer the answers you want. This means the iPhone is smarter than ever.

Improvements in the iPhone 5

- 10.2cm (4in) Retina display
- Longer battery life
- 18 per cent thinner
- 4G LTE connectivity
- A6 chip for 2x faster computing
- 20 per cent lighter
- FaceTime HD camera

In-cell technology
This is the technology that

has enabled Apple to make a display that is just 7.6mm (0.3in) thick, saving on space inside the iPhone 5.

### Flyover in Maps

When Apple built its new Maps application, it added a mode called Flyover. This allows you to pick a major city in the world, tap a button and see all the buildings in 3D. You can spin the view around, zoom in and out, and essentially 'fly' around the metropolis on your phone.

To do this, Apple flew helicopters and planes over many cities to build up 3D models of the buildings. The aircraft flew at various heights and angles, and took photos in every direction, allowing them to build up a database of images that show the area from every perspective. The images have been pieced together and formed into these virtual models. Then the photographs themselves have been applied to the models, so you can view a photorealistic re-creation of the city as you navigate around the screen.





Steve Jobs takes to the stage at the Macworld conference and unveils the first iPhone (right).

2007



The App Store opens with 500 apps. Three days later there are 800, and 10 million downloads.

2008

Apple launches the iPhone 4 with a new kind of SIM card and a more customisable operating system (right).

2010



The iPhone 4S is released with iOS 5. However the model is initially marred by a number of faults.

2011

iPhone 5. In three days 5 million handsets were in the hands of customers.

2012

DIDYOUKNOW? Steve Jobs was fired from Apple in 1985, but returned to the company in 1998 to make it a huge success





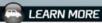
Smart car tech



70 Necker Nymph



72 MiG-29





# Supersmart car tech

2013 will see a wave of advanced autos hit the road, each boasting state-of-the-art features

From smart mechanical components through to complex computing systems, cars are increasingly being

installed with technology that once would have been inconceivable. This technology enables them to accelerate quicker, stop faster, travel more quietly, reduce pollution and connect drivers with the world like never before.

Looking to 2013, this trend appears to be taking the automobile to a whole new level, supplementing the typical A-to-B with features that allow us to stream the latest audio-visual content while cruising down a motorway, for passengers to browse the web or control the vehicle's infotainment system remotely on long-haul journeys, make vehicle cabins whisper-quiet spaces where the relentless roar of the tarmac becomes a distant memory, and even enable drivers to relinquish control of braking and acceleration to an automated system almost entirely.

Indeed, as you shall see, the traditional concept of the car is changing rapidly, raising the variety of new technology. Here we works and why it's set to radically change how we travel.

### Active grille .....

A brand-new active grill redirects wind around and under the car in order to maximise aerodynamic efficiency.

### Next-gen engineering of the 2013 Cadillac ATS

Take a closer look at the range of advanced features and technology packed into this superior sedan

### Laminated windshield

The ATS's windscreen is acoustically laminated and significantly lighter than tempered glass as a result.

### Magnesium mounts --

Super-high-strength magnesium mounts lock the ATS's engine in place securely while also reducing weight significantly.

### Magnetic dampers -

An integrated Magnetic Ride Control (MRC) system allows real-time magnetic damping of the car's sport suspension.



# AMAZING VIDEO! SCAN THE OR CODE FOR A QUICK LINK See EyeSight pre-collision braking in action





DID YOU KNOW? Ford's Auto Start–Stop system reduces in–city fuel consumption by ten per cent



### The new man/machine interface

While the hardware of the 2013 Cadillac ATS is impressive, arguably the smartest thing about the car is the CUE infotainment system

CUE - which stands for Cadillac User Experience - is a new infotainment system from the American automobile manufacturer that converges entertainment, navigation and communication tools - be they hardware or software - through a central in-car system. CUE operates off a modified Linux OS and is powered by an ARM 11 three-core CPU.

CUE's interface is a 20.3-centimetre (eightinch), capacitive LCD touchscreen, which is embedded within the dashboard. Through this users have access to the car's features as well as those of many of their everyday electronic devices. This latter ability is achieved via Bluetooth, with up to ten

Bluetooth-enabled gadgets capable of being hooked up to CUE at any one time. This option to synchronise devices allows the driver to access data - be it audio, video, imagery, emails, texts or contacts - without using the device itself, instead gaining access through the touchscreen or hands-free voice command.

The CUE hub is supported with proximity sensors that modulate the brightness of the LCD screen (when not in use it dims and when a hand approaches it lights up), haptic feedback, multitouch gesture support and a customisable home screen. There's the option to display speed and fuel stats alongside other useful applications such as maps.



### Steel cage

The ultra-strong steel rollcage is bolstered by reinforced door pillars and lower door sills for enhanced cabin safety.



### Suspension

The 2013 ATS comes with multi-link, double-pivot, MacPherson-strut front suspension with a direct-acting stabiliser bar to improve handling.

Aluminium frame An all-aluminium structure tough frame, minimising fuel consumption.

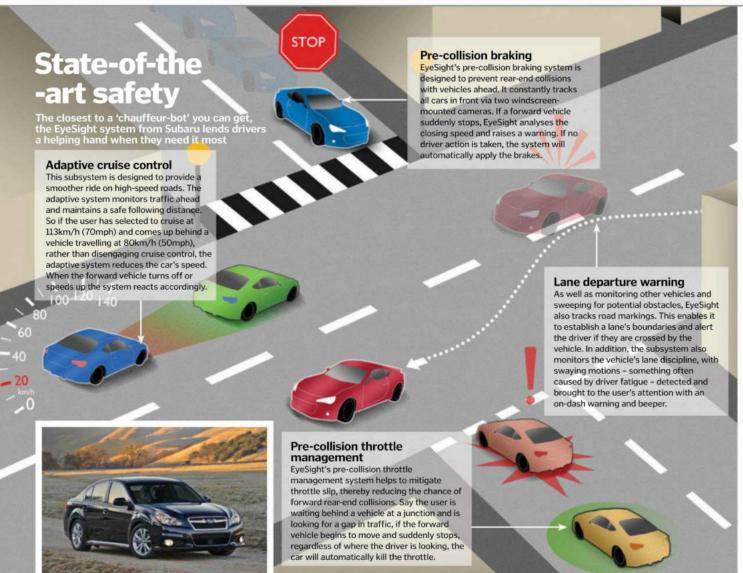
### **Four-channel ABS**

Brembo performance brakes, in partnership with a new four-channel ABS system, deliver excellent stopping power.





### "The Hotspot is easily taken out of the car, giving users superfast internet anywhere"



### Wi-Fi hotspots

Adding Wi-Fi to a car is one thing, but adding in-car LTE Wi-Fi like BMW is something else altogether...

BMWs are going to be some of the most connected spaces on the road in 2013, with the manufacturer launching its LTE Car Hotspot in November 2012. The Hotspot – which is not new in itself – is essentially a mobile web connection point, with the system generating a cloud of connectivity via Wi-Fi, akin to a home router. What is new, however, is that the Hotspot is installed with long-term evolution (LTE) tech, which means it can throw out an exceptionally broad bandwidth, very low latency connection. Statistically this means users can connect to a network capable of data transfer rates of up to 150 megabytes per second, rather than the current standard 14-megabyte connections delivered by 3G hotspots. If that wasn't enough, the Hotspot is easily taken out the car, giving users super-fast internet anywhere.



068 | How It Works WWW.HDWITWORKSDAILY.COM

### STRANGE BUT TRUE TOTAL WIPEOUT

### How many wipers can one factory make in a day?

A 3.5 million B 35 C 350,000



### Answer:

ore windscreen wiper blades are produced in Belgium each week than anywhere else in the world, with a single Bosch factory in Tienen producing approximately 350,000 per day in up to 700 different configurations.

DID YOU KNOW? BMW is the first manufacturer to develop an in-car LTE Wi-Fi hotspot

### **Auto start-stop**

A system that is so advanced it can automatically suspend and then reactivate a car's engine in a fraction of a second

Ford is delivering a clever new system in its 2013 Fusion model that goes a long way to reducing the estimated 7.2 billion litres (1.9 billion gallons) of fuel wasted in congestion in 2011.

The Auto Start-Stop system is a technological suite that immediately suspends engine operation when a vehicle is stationary, thereby reducing the amount of hydrocarbons burned while in heavy traffic. Crucially, the system also fully switches the engine back on automatically - and in a fraction of a second - meaning the driver can accelerate away smoothly.

The Start-Stop system works through the brake. When the car is stationary and the user



the foot brake,

engine activity is suspended. When the driver releases the brake, engine activity is resumed. Start-Stop has been programmed to compensate for engine-reliant operations such as maintaining optimal temperature ranges, as well as factors like external temperature.

### Active noise cancellation

Capable of reducing low-frequency sounds from both the engine bay and outside the cabin, Ford's ANC is offering drivers and passengers alike great peace of mind

When travelling at speed, no matter how well insulated a vehicle, noise can affect ride comfort. Even if an engine is capable of granting faster acceleration, often it must be limited to maintain acceptable noise levels.

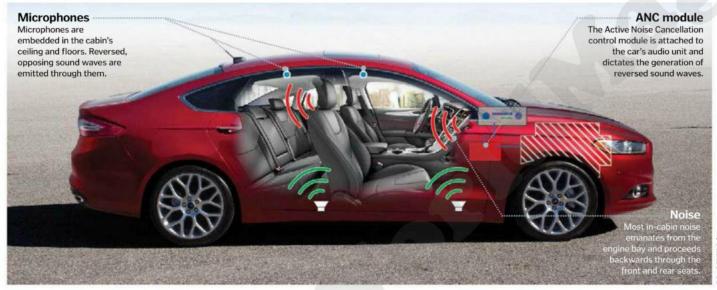
This compromise is being tackled in 2013 by Ford's Active Noise Cancellation (ANC) system, an in-car module that continuously cancels out objectionable sounds from the engine bay and road surface. It does this using a series of microphones throughout the cabin and a control system attached to the car's audio

system. Through these ANC generates sound waves that oppose those entering the cabin, before directing them through the microphones. These reversed waves proceed to destabilise and cancel out those from the engine and road, creating a significantly quieter cabin. Pretty smart, right? Well, actually it gets smarter. As a large percentage of the engine noise is negated in the cabin, that has allowed Ford to tune its cars' engines to deliver better performance and fuel economy, all the while maintaining a peaceful interior.

### Best of the rest car tech **Key-Free System**

**Magic Vision** 

Cylinder Management System





# How personal subs work

# Dive in and learn how the most advanced personal submersible in the world navigates the ocean

The flight controls are embedded within the

central cockpit and are mechanical linkages for

pitch, roll and yaw with a throttle lever for forward



The Necker Nymph is a personal submersible designed by Hawkes Ocean Technologies that allows up to

three people to essentially 'fly' underwater. The sub, which is the first of the company's DeepFlight Merlin-class crafts – the fifth generation of winged submersibles it has built – is owned by Sir Richard Branson's Virgin Oceanic programme and operates off Necker Island in the British Virgin Islands.

The Nymph is arguably the most advanced personal submersible in the world for a good reason. It combines the most state-of-the-art technologies available right now into an open cockpit marine craft capable of literally soaring through the ocean (see 'Anatomy of the Necker Nymph' below for more details).

From advanced construction materials, such as the reinforced carbon fibre used in the chassis, through to the unique positive buoyancy system that allows the craft to always return to the surface – even in the event of a power failure – the Nymph is one of a kind. The submersible also boasts some clever computing tech in the shape of the Flight and Navigation Computer (FAN-C) with a heads-up graphic display that automatically maintains optimal depth range and diving speeds.

Thanks to these features, as well as its cutting-edge mechanical linkage controls and powerful 48-volt lithium phosphate power supply, the Nymph is even capable of extreme hydrobatic manoeuvres, easily performing 360-degree rolls and loops, for instance.

### The Nymph's home

The Necker Nymph, the first of Hawkes Ocean Technologies' DeepFlight Merlin subs, is located on Necker Island, home to British billionaire Sir Richard Branson, as well as the Necker Island Resort, run by Virgin Limited Edition. The Nymph is used by Branson himself and any of the 28 guests who can stay on the island at any one time. Aside from the Nymph, the island also features two private beaches, a series of large private swimming pools and an array of water sports equipment. Sadly, at \$42,500 per night for use of the entire island, taking the Nymph for a spin is out of most people's budgets.





We break down this super-sleek submersible to see how it takes people on wild undersea adventures

### Cockpit.

The Nymph has an open, three-seat cockpit. The driver and passengers are shielded from the water stream by thick windshields.

### Safety

Unlike conventional subs which use ballast to rise and sink, the Nymph is positively buoyant. This ensures that it always returns to the surface when no counteracting propulsion is active.

### Batterie

of an array of lithium phosphate batteries installed in the rear hull that, combined, grant the Nymph 48V of power.

### The statistics...



### Necker Nymph

Occupancy: 3 Length: 4.6m (15ft)

Width: 3m (9.8ft)

Height: 1.2m (3.9ft)
Weight: 750kg (1,653lb)

Power supply: Lithium

phosphate battery array (48V)

Flight controls: Pitch/roll/yaw

Flight controls: Pitch/roll/yaw Cruise speed: Up to 5 knots

(9.3km/h; 5.8mph)

Max duration: 5 hours

# Chassis The Nymph's hull is made

from lightweight carbon fibre which has been reinforced to withstand collisions with rocks and other debris on the seabed.

### Navigation computer

The Nymph incorporates a state-of-the-art Flight and Navigation Computer (FAN-C) programmed to keep the craft within pre-defined depth limits and descent/ascent rates.

### Air supply

Six 2.3m<sup>3</sup> (80ft<sup>3</sup>) scuba tanks installed inside the rear chassis deliver air to the craft's occupants. These tanks connect to three mouthpieces.

### **Propulsion**

A large single propeller mounted at the rear of the Nymph sucks in water through two side vents in the chassis and pushes it backwards to generate 227kgf (500lbf) of thrust.

Wirgin Oceanic/Virgin Limited Edition

5 TOP FACTS: FORD FIESTA RS WRC

Developed by M-Sport from the Super 2000 car, the Fiesta WRC represents the pinnacle of Ford's rally car family.

The 2011 Wales Rally GB saw Ford set a new record, with 8 of the top 10 places behind held by the marque.

A new cheaper Fiesta rally car was launched at this year's Paris motorshow, the Fiesta R5 sits just below that of the WRC in performance.

With over 300bhp coming from just 1600ccs, the engine is one of the most impressive parts of the Fiesta WRC.

Taking three wins so far in 2012 the Ford Fiesta WRC looks set to continue its success next season.



# AIRFIX TOWITWOIKS 88



An extensive aero package contributes to downforce. keeping the car glued to the road.

A robust rollcage offers excellent crash protection for the crew.

wered by FORD EcoBoost

CEPERK

The powerful 1.6L ecoboost turbo combines both horsepower and reliability, with 300bhp available

355mm Brembo disc brakes give the Fiesta

awesome stopping power.

ANSANT 1:32 Scale Ford Fiesta RS WRC

FORD FIESTA RS WRC - NEW TOL World Rally Championship and it has scored a number of victories and has been competitive with both the works rally team and a number of privateer teams.

[HORNBY<sub>0</sub>]

A Hornby Product



FORD FIESTA RS WRC

PROJECT



### WWW.airfix.com and all good retail stockists







www.twitter.com/

airfix





"It has seen significant combat in its 19-year service, including deployment in the Persian Gulf War"

# Mikoyan MiG-29

Russia's primary fighter jet combines a host of advanced tech to create an agile and deadly aircraft

Often overlooked in the west due to its Soviet Union origins in the Eighties, the Mikoyan MiG-29 is actually one of the world's most prolific fighter jets, with over 1,600 units in operation around the globe. For a little perspective, there are only just over 300 Eurofighter Typhoons currently in operation across the planet, a number that is unlikely to

So why is this Russian plane so successful? For starters, it's great value for money – just shy of £18 million (\$29 million), compared to the £64.8 million (\$104.6 million) Typhoon.

ever exceed the 500 mark.

The MiG-29 is a fourth-generation fighter jet designed for an air supremacy role, which involves infiltrating and seizing enemy airspace through force. It comes in a wide range of variants, with both legacy and current production models (such as the MiG-29K and MiG-29M) in operation, and has seen significant combat throughout its 19-year service, including deployment in the Persian Gulf War.

The aircraft is built around an aluminium airframe, which is bolstered with advanced composite materials. This airframe is designed for up to 9g manoeuvres, making the jet insanely agile and quite easy to fly for skilled pilots – hence why it's often used at air shows.

Surrounding the airframe lies an elegantly sculpted titanium/aluminium alloy fuselage that tapers in from a wide rear to a raised, 'swan neck' cockpit and elongated nose cone. From the fuselage extends the aeroplane's mid-mounted swept wings, each of which is installed with leading-edge root extensions.

The MiG-29 is powered by two widely spaced Klimov RD-33 afterburning turbofans that, besides granting a top speed of 2,400 kilometres (1,490 miles) per hour, also help reduce effective wing loading. This is thanks to their wide spacing, with the area between them generating extra lift. The engines are fed by an internal fuel system that parses its total reserves down into a series of sub-tanks.

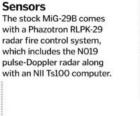
The MiG-29 comes packing a vast arsenal too. Each jet is fitted with seven hardpoints capable of carrying a wide array of missiles and bombs, or external fuel tanks for longer missions.

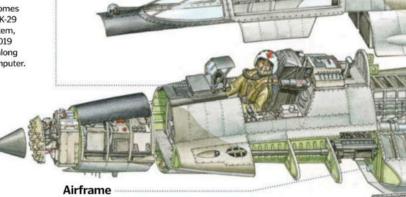
### **Anatomy of a MiG-29B**

The essential hardware of this Russian air superiority fighter revealed

### Cockpit

The MiG-29B's cockpit has a bubble canopy and comes equipped with a conventional centre stick, left-hand throttle controls and a heads-up display. Pilots sit in a Zvezda K-36DM ejection seat.





### The statistics...



### Mikoyan MiG-29

Crew: 1 Length: 17.4m (57ft) Wingspan: 11.4m (37.4ft) Height: 4.7m (15.4ft)

**Powerplant:** 2 x Klimov RD-33 afterburning turbofans **Max speed:** Mach 2.25

(2,400km/h; 1,490mph) **Max range:** 1,430km (888mi)

Max altitude: 18,013m (59,100ft)

Hardpoints: 7 Max payload: 3,500kg (7,720lb) The MiG-29B's airframe is made primarily from aluminium and composite materials. The airframe is stressed for up to 9g manoeuvres, making it an extremely agile jet.



### Weapons

The MiG-29B comes with seven hardpoints, each capable of carrying a selection of arms (such as R-73 air-to-air missiles) and bombs. In addition, it carries a single GSh-30-1 30mm (1.2in) cannon.

072 | How It Works WWW.HDWITWORKSDAILY.COM



# Origin

The MiG-29 was born out of the Soviet Advanced Lightweight Tactical Fighter programme in the Seventies. This programme overshadowed the USA's Fighting Falcon programme.

### Loss

2 The MiG-29 entered service successfully in 1983 at the Kubinka Air Base near Moscow. But this only came after two prototypes were lost in engine-related accidents.

## **Fulcrum**

The MiG-29 was designated the NATO reporting name 'Fulcrum-A' post-introduction, a name that would eventually be adopted by its Russian pilots as a nickname.

# Fill 'er up

The MiG-29B has a fuel capacity of 4,365 litres natively, with extra external fuel tanks fixable to the wings. The internal fuel reserve is divided into six sub-tanks.

## **Tattoo**

5 In 1993 two MiG-29s of the Russian Air Force collided in mid-air during a routine at the Royal International Air Tattoo. Luckily no harm came to either the pilots or spectators.

DID YOU KNOW? Today a Mikoyan MiG-29 will set you back around £17.9 million (\$29 million)







zinio Apple Newsstand Great digital magazines on ViPad ViPhone





# there in the universe?

lot more tiny, faint stars lurking in large galaxies than previously thought, and some educated guesswork on the total number of galaxies themselves



# 15. How are stars made?







044 | How It Works





# Go digital today

- Fully interactive editions
- Download direct to your device
- Save up to 40% off the regular price
- On-sale worldwide the same day as the print version



Enjoy great magazines on every device from one amazing website

Get your digital copies now at www.greatdigitalmags.com



Ancient world

Ancient world

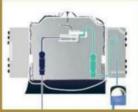
Buildings & plac

Industry

Medieval times

Medieval times

People & places



78 Monitor-top fridges





Forbidden City

- Monitor-top fridges





# Stegosaurus

One of the most well known of the dinosaurs, the Stegosaurus boasted a series of diamond-shaped bone plates and a tail that could kill



### Plate debate

The arrangement of the Stegosaurus's plates has been a major controversy in the palaeontology sphere Academics have suggested four possible configurations.

## Hip to be brainy

On finding a large canal in the 2 hip region of the spine, some have argued it could have been the place of a secondary 'brain' structure, responsible for controlling rear reflexes.

## Prosperous dino

3 Evidence implies Stegosaurus was a very successful species with fossilised remains widely distributed geographically and temporally across the entire Late Jurassic period.

## Four footed

When the first Stegosaurus remains were unearthed in 1877, it was believed to be a bipedal creature. But as new specimens emerged, it was reclassified as a quadruped.

## Species

There are four confirmed species: S armatus, S stenops, S sulcatus and S longispinus. There are also four unconfirmed species from incomplete specimens.

DIDYOUKNOW? Some palaeontologists have suggested Stegosaurus's plates were used for regulating body temperature



Maybe the most iconic genus of dinosaurs ever excavated, the Stegosaurus was a herbivorous titan, capable of consuming huge quantities of low-level foliage while protecting itself from predators with its vast armoured frame and potentially lethal spiked tail.

The first example of Stegosaurus - from which its family name, Stegosauridae, derived was unearthed in 1877 and since then four confirmed species of the dinosaur have been officially identified. Each species demonstrates a similar structure and feature set, with each animal epitomising a large quadruped, sporting a series of diamond-shaped plates along its back. These large creatures were over eight metres (26 feet) long and were heavily built at over 3,000 kilograms (6,614 pounds).

Interestingly, it's these plates that palaeontologists and academics know the least about, with a variety of arrangements, structures and uses suggested. When first unearthed it was speculated that they were used as a form of armoured defence against carnivorous predators. However, their positioning along the back and apparent bluntness has led to this theory being largely dismissed today. Instead, academics suggest that the plates were used as a decorative feature - perhaps in mating displays or to ward off Stegosaurus rivals in territory disputes.

The field of palaeobiology reveals almost everything else about this genus. Studying fossilised evidence it is clear that due to Stegosaurus's very small and narrow skull, they had a tiny brain and so were not very intelligent - something seemingly confirmed by their primitive and mundane feeding habits. The low level of the animal's neck, short but bulky forelegs and raised pelvis/elongated hind legs indicate that Stegosaurus spent much of its daily routine consuming large quantities of low-lying foliage (such as ferns, cycads and conifers). This is confirmed by the shape andformation of its teeth and a low bite force.

Upon closer inspection of the dinosaur's legs it is also clear that it could not move very quickly. This is apparent as the discrepancy in size between the front and hind legs is so great that, if the creature ran at over eight kilometres (five miles) per hour, its longer back legs would cross over the forelegs leading it to fall.

Despite these shortcomings, Stegosaurus wasn't totally defenceless, as it boasted a flexible, armour-plated and spiked tail. Taking Stegosaurus stenops as an example, the dinosaur had four dermal tail spikes of approximately 75 centimetres (29.5 inches) in length each, which extended out from the tail slightly off the horizontal plane. These spikes enabled the Stegosaurus to whip its tail and puncture the flesh of any attackers. #

The forelegs were very bulky and powerful. They were relatively short. however, granting easy access to the ground.

# Stegosaurus anatomy

Due to its great weight over 3,000kg (6,614lb)

the Stegosaurus had a

huge pelvis to support a

vast ribcage and spine.

Understand the biological structure of this distinctive dino from the inside out

# Skull

Despite its large scale, the Stegosaurus's head was very narrow and it had a tiny brain capacity.

## Neck

Due to its herbivorous diet, the neck angled downwards, allowing the animal to eat low-level vegetation easily.

**Hind legs** 

The back legs were heavily built and elongated, raising its pelvis high off the ground.

# Tail The primary weapon of

**Plates** 

The Stegosaurus's plates were made from bone and covered with either skin or toughened horn.

this dinosaur was its tail. which was armed with sharp bony spikes.

# How It Works | 077



# How did the first electric refrigerators work?

Often taken for granted today, once refrigerators were a groundbreaking and luxury appliance



Back in the Twenties, one electric refrigeration company dominated the market: Kelvinator. Its wooden cold

box/compressor combo cost \$714 (nearly \$9,800/£6,100 today) - way beyond the pocket of the average household. So, with the goal of bringing more affordable refrigerators to the masses, General Electric ploughed \$18 million into making the GE 'Monitor-top' fridge.

They were called Monitor-tops because the cabinet was all steel and the condenser was sealed in a cylindrical enclosure on top, which made it look like the turret from a 19th-century ironclad warship - the USS Monitor.

These refrigeration units worked under the same principles as modern fridges. By using a compressor, a circulating refrigerant was transformed from vapour into a liquid and cooled to near-room temperature under pressure, before being released back into circulation. The sudden change in pressure caused the refrigerant to turn into a vapour again, which had to draw heat from the air inside the cabinet, ultimately cooling it.

Several models of the Monitor-top were made, including two and three-door units, but the most popular was the single-door variant, which originally sold for \$300 in 1927.

# **Toxic origins**

Today, the inert tetrafluoroethane gas R134a is commonly used in fridges and freezers, but in the Twenties refrigerants like sulphur dioxide, methyl formate and methyl chloride were used. These are quite toxic: sulphur dioxide causes burns on contact and can damage vision, methyl formate is highly flammable, while methyl chloride, or chloromethane, can cause dizziness, nausea and even seizures at high concentrations. These nastier chemical refrigerants were replaced by Freon, a relatively harmless gas that, nevertheless, was banned in the production of new fridges in 1990 over concerns about CFCs' effect on the ozone layer. Monitor-top fridges have become quite collectable now, the steel build ensuring many have survived for nearly a century. They are usually converted, with the dangerous gases removed and a modern compressor system installed to be eco-friendly.



# Refrigerant vapour

The cool refrigerant liquid is passed through a valve and expands back to a partial gas state, taking heat from the air in the cabinet in the process.





The cultural period of Mycenaean Greece begins during the Bronze Age, taking its name from the city of Mycenae.

**1900 BCE** 

Mycenaean Greece flourishes and reaches an apex under the influences of their warrior-centred culture.

Mycenaeans reach the peak of their territorial expansion via conquest by taking Minoan Crete. According to Eratosthene Mycenaeans led by King Agamemnon begin their assault on Troy (right).



ends (right), largely superseded by the Dorian peoples.

1100



DIDYOUKNOW? Tholos (beehive) tombs emerged in Mycenaean Greece in the Late Bronze Age

# **Greek tomb** construction

Learn about the unique structures in which the elite of these Ancient Greek people were buried

There were two main types of Mycenaean tomb: chamber tombs and tholos tombs. The former predates the latter and consisted of a rhomboidal chamber cut into rock/earth and finished with a square stone pyramid on the top. No examples of these tombs have been found in modern times, however they are detailed in ledgers of the ancient Babylonian city of Uruk.

The latter, which became the more common tomb after 1500 BCE, is of a grander design. Tholos tombs, which resemble the shape of a beehive, were conical, false-domed chambers built out of mud bricks and stone. The bricks were laid in a circle on top of one another up to a tapered centre point. The entire dome was then covered by an earthen mound (tumulus).

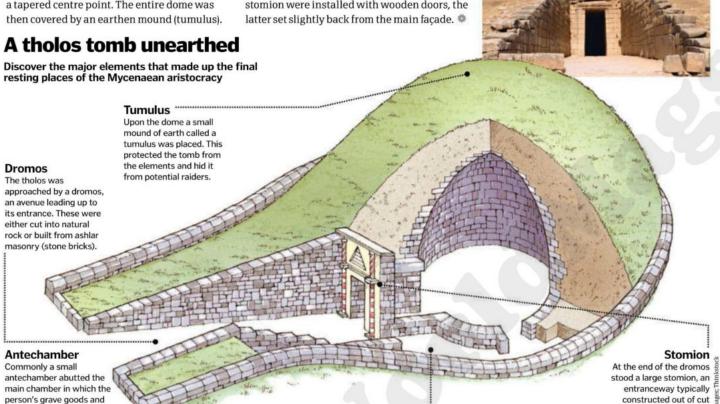
These beehive tombs were accessed via a long approach corridor, or passage, that was known as a dromos, which culminated in a large entranceway, called a stomion. The stomion consisted of a large rectangular brick opening commonly flanked by two stone columns and topped with a single giant stone mantle. Above the mantle a triangular hole was often filled with a decorative relief sculpture.

Inside, off the main conical chamber, lay an antechamber, which was typically rectangular. This could be used either for burials - other family members - or more likely grave goods, such as jewellery and weapons. There's evidence that both the antechamber and main stomion were installed with wooden doors, the latter set slightly back from the main façade.

# Who were the Mycenaeans?

The Mycenaean civilisation occupied much of modern-day central Greece and flourished between 1600 and 1100 BCE. Unlike the earlier Minoan settlers of the area whose society expanded and prospered through trade, the Mycenaeans advanced theirs through military conquest. One of the most notable examples of the Mycenaean expansion through war is recorded in Homer's The Iliad, where the king of Mycenae, Agamemnon, and the united forces of Greece took the city of Ilium (Troy) in north-west Anatolia (Turkey). Another advance saw the Mycenaeans capture the island of Crete.





WWW.HOWITWORKSDAILY.COM

even deceased relatives

may have been placed.

stone and flanked by ornate stone pillars.



# **Inside the Forbidden City**

Home to Chinese emperors for over 500 years, the Forbidden City in Beijing was the epicentre of the nation's political and spiritual rule

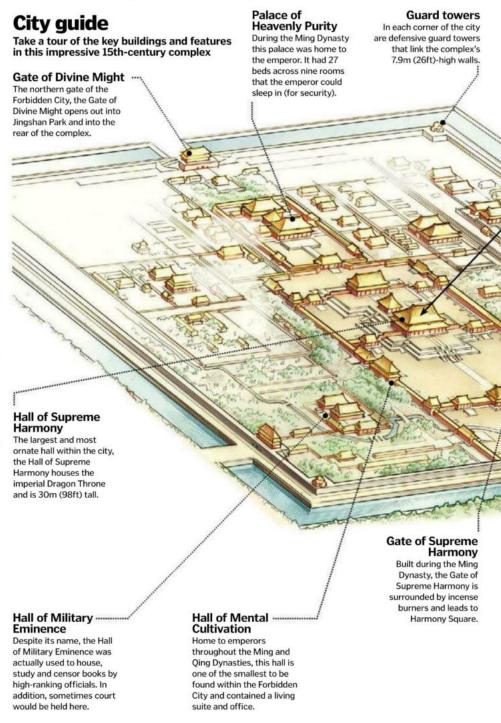
The Forbidden City (Zijin Cheng) was the Chinese imperial palace from 1420 right up until 1924. From the Ming Dynasty to the end of the Qing Dynasty the vast complex – which measures in at 720,000 square metres (7.75 million square feet) and is located at the centre of the imperial city – served as the home of the emperor, his household and officials, as well as the political, military and ceremonial heart of the entire empire.

The Forbidden City complex contained 980 buildings of varying types and functions, ranging from libraries, through to offices of state, armouries and dwellings, on to council rooms and meditation centres. In addition, a multitude of courtyards, gardens, fountains and artificial streams linked each section and the entire city was surrounded by a 7.9-metre (26-foot)-high fortified earth and brick wall.

At the centre of the complex lay the 30-metre (98-foot)-high Hall of Supreme Harmony, the figurative heart of the Chinese empire and location of the Dragon Throne, the official seat of the emperor. From here, the Chinese premier ruled the country and, throughout its various rooms, would sign official documents, hold council with his advisors, meet foreign dignitaries and plan military conquests.

The city itself took over 14 years to complete (1406-1420) and the efforts of 1 million labourers. The design of the city, from its overall layout to individual buildings, was based on the prevalent philosophical and religious ideology of the time. Examples of this include the inner and outer courts featuring halls in groups of three, representing the shape of the Qian trigram (an interpretation of heaven); the residence of the prince having green tiles (a colour associated with growth); and the central north-south axis both extending to that of the wider city of Beijing and being in alignment with Xanadu, a former capital city.

Since 1925 the Palace Museum, a governmental body which oversees its preservation, has managed the site as well as its vast collections of ancient artefacts. Depsite its name, anyone can go to the Forbidden City today, and millions visit every year.



080 | How It Works WWW.HDWITWORKSDAILY.COM



### Yellow

Almost all the rooftops in the Forbidden City are finished with yellow glazed tiles. This colour was chosen as, at the time, yellow was the official colour of the Chinese emperor.

## **Statuettes**

2 Each building's roof is decorated with a line of small statues, with the importance of the building determining how many it featured. The highest number is ten.

### **Time**

3 The Forbidden City is home to one of the world's largest collections of timepieces, with over a thousand examples dating from the 18th and 19th centuries within its walls.

## Complex

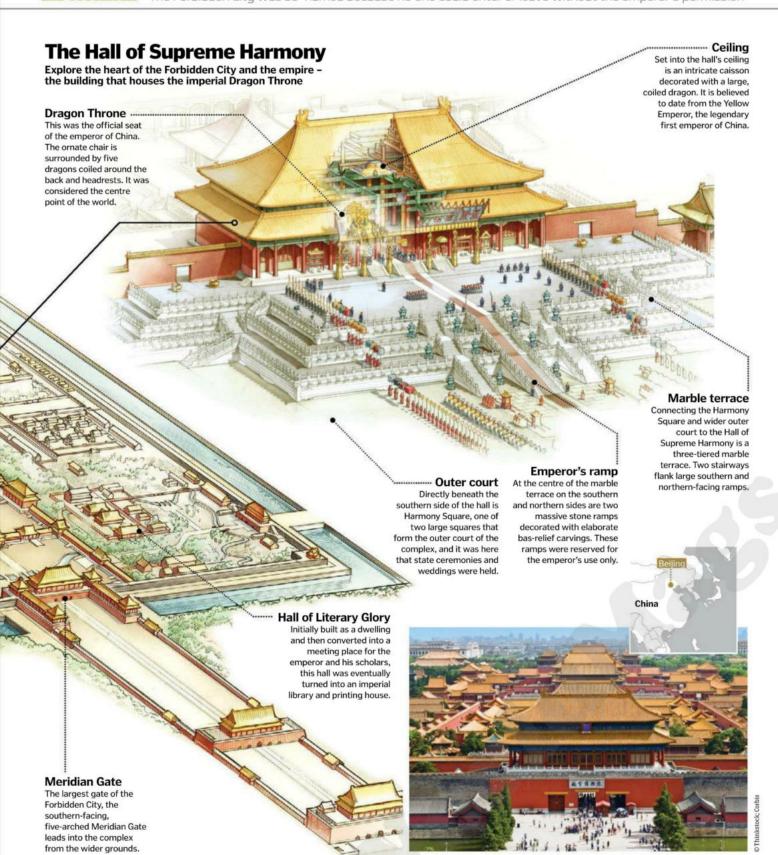
The Forbidden City is very large, containing over 980 buildings of varying sizes over a 720,000m² (7,750,000ft²) complex. Thousands of tourists visit every day.

# Heritage

5 Since 1925 the city has been under the charge of the Palace Museum, which manages the site's many ancient artefacts. It was declared a UNESCO World Heritage Site in 1987.

DID YOU KNOW?

The Forbidden City was so-named because no one could enter or leave without the emperor's permission



# BRAIN DUMP

Because enquiring minds want to know...

# MEET THE EXPERTS

Who's answering your questions this month?

## Luis Villazon



Luis has a degree in Zoology from Oxford University and another in Real-time Computing. He's been writing about science

and tech since before the web. His science-fiction novel A Jar Of Wasps is published by Anarchy Books.

# Shanna Freeman



Shanna describes herself as somebody who knows a little bit about a lot of different things. That's what comes of writing

about everything from space travel to how cheese is made. She finds her job comes in very handy for quizzes!

# **Alexandra Cheung**



With degrees from the University of Nottingham and Imperial College, Alex has worked for several scientific

organisations including London's Science Museum, CERN and the Institute of Physics. She lives in Ho Chi Minh City, Vietnam.

## **Dave Roos**



A freelance writer based in the USA, Dave has researched and written about every conceivable topic, from the

history of baseball to the expansion of the universe. Among his many qualities are an insatiable curiosity and a passion for research.

# Michael Simpson



Michael has a doctorate in moss and teaching awards from the University of Alberta. While not working as an expat

botanist and environmental consultant, he writes for magazines and websites on TV programmes, technology and science.



# **Ask your questions**

Send us your queries using one of the methods opposite and we'll get them answered



# Are there any freshwater sharks?

**Adam Staines** 

Several species of shark are known to live in a freshwater environment, but whether they should be considered true freshwater fish is debatable.

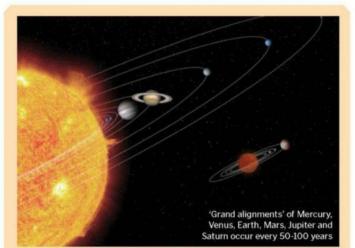
Probably the most mysterious are the river sharks of the genus Glyphis. Fewer than ten species have been identified in watercourses around south-east Asia and Australia, with some still waiting to be officially classified, and all are extremely rare.

Much better known is the bull shark (Carcharhinus leucas). This worldwide species enters warm water estuaries from the ocean and then swims into fresher water upstream. If you see an adult bull shark from a

kayak, you might wish you had a bigger boat: they are large and aggressive predators and have been known to attack humans. A notable characteristic of bull sharks living in freshwater habitats is that they excrete a large amount of urine. Sharks that evolved in the ocean have a great deal of salt naturally present in their bodies to prevent them from losing water to the sea through osmosis. In the non-saline water of rivers and lakes bull sharks have the opposite problem: they would swell up like a water balloon without a way to get rid of the excess freshwater that their bodies absorb. Hence, they pee a lot! **Michael Simpson** 







# Will all the planets in our Solar System ever be lined up?

It depends on what you mean by 'lined up'. The planets can never actually fall in a straight line. Their orbits are just too different. But if you're talking about a loose, wobbly sort of line, it's happened before, to varying degrees. We've had major planetary alignments in 1962, 1980 and 2000. And earlier in 2012, several of the planets - Mercury, Mars, Venus and Jupiter - could be viewed in the night sky for a few weeks. Despite speculation that a planetary alignment at the end of this year could lead to cataclysmic events, Earth has been just fine during previous alignments, so there's no need to panic! **Shanna Freeman** 

# What exactly is Kinesio tape?

Kevin isn't the only person curious about this neon athletic tape, which adorned the bodies of many an Olympic athlete at the 2012 Games. The elastic, adhesive cotton tape, which was developed by Japanese chiropractor Dr Kenzo Kase more than 30 years ago, claims to be superior to conventional athletic tape because it provides support without restricting movement.

The greatest benefit of the tape, according to Kinesio, is the way it 'lifts' the skin to reduce pressure, relieve swelling and improve the flow of blood and lymphatic fluids. In fact, Kinesio tape was originally used to treat patients suffering from lymphoedema, a chronic and painful swelling of the arms and legs. Kinesio offers seminars to train physical therapy practitioners in the proper application of the tape for a variety of conditions ranging from knee injuries to headaches. Although many athletes and therapists swear by the tape's effectiveness, there is little science to back Kinesio's claims. One study found it improved the range of motion for certain shoulder injuries, but most scientists attribute Kinesio's widespread use predominantly to a placebo effect.

## **Dave Roos**





# What is toothpaste made of and is it considered a solid or a liquid?

## Matt Pryse

Look at the back of your tube of toothpaste and you'll find a surprisingly long list of ingredients, carefully formulated to look after your pearly whites. First of all, you will find an abrasive such as silica, which shifts stubborn stains. Next, water acts as a solvent, combining the other ingredients together and giving the toothpaste the right consistency. A humectant (glycerin or sorbitol) plays a similar role, keeping the toothpaste well-mixed and preventing it from drying out should you leave the cap off. A surfactant such as sodium lauryl sulphate (SLS) creates foam, helping the toothpaste to reach all the tiny crevices of your teeth. Binders and

thickeners also prevent the ingredients from separating, while flavouring and sweeteners keep the natural bitterness of toothpaste at bay, leaving you with a minty fresh taste. There's also fluoride in toothpaste, which helps to strengthen the enamel on your teeth. Each brand then adds its trademark combination of antimicrobial, tartar control and/or whitening agents.

Toothpaste is a mixture of powdered solids and various liquids, so it's neither a liquid nor a solid. Chemists would argue that toothpaste is a colloid (like milk or ink): a mixture where tiny particles of one substance are dispersed evenly into another without separating out.

# Alexandra Cheung



# Why don't we forget how to ride a bike?

Recent neuroscience research has shed some light on why memories of complex co-ordinated activities like riding a bike are resilient. According to one theory, different parts of memories are scattered throughout the brain. When we activate a memory, other memories partly stored in the same locations, such as how to

pedal, could be reinforced. Another idea is that a nerve cell called the molecular layer interneuron interacts closely with the cerebellum, a part of the brain that helps us do complex things. This cell takes memories encoded in electrical signals coming out of the cerebellum and somehow makes them very persistent.

Michael Simpson

How is decaffeinated coffee produced? Find out on page 84



Because enquiring minds want to know...

# What's the loud banging that CT scanners make?

Susie Lansdowne

Computerised tomography (CT) scanners usually produce very little noise – you're probably thinking of the loud bangs typical of MRI (magnetic resonance imaging) scanners. MRI scanners map your insides by measuring how your tissues respond to changes in a powerful magnetic field. This magnetic field is created by running a high-voltage electrical current through coils of wire. To produce shifts in the magnetic field, the electric current comes in pulses which oppose the field. This causes the coils to contract and expand ever so slightly, resulting in a rapid knocking or hammering noise. Depending on the strength of the magnetic field, this noise can be as loud as 120 decibels – which is equivalent to a jet engine!

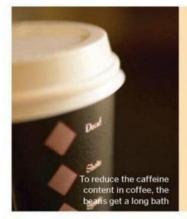
# Why is clingfilm so sticky?

Find out on page 85

# **Want answers?**

Send us your questions using one of the methods opposite and we'll get them answered





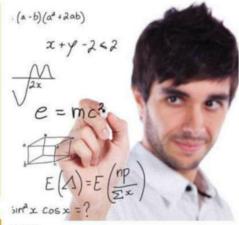
# How is coffee decaffeinated?

Paul Branson

■ To make decaf coffee, companies soak green coffee beans in hot water (70-100 degrees Celsius/160-210 degrees Fahrenheit) to soften them and draw out the water-soluble caffeine molecules. Depending on the method, the water bath might contain a chemical solvent like methylene chloride or ethyl acetate that clings to the caffeine molecules and then evaporates out of the solution.

Another method soaks the beans under very high pressure and temperature, using liquid CO<sub>2</sub> as a 'natural' solvent that bonds with the caffeine. The most natural method uses only water treated with coffee oils to draw out the caffeine gradually in batches. Once the green coffee liquid is at least 98 per cent caffeine free, it is soaked up again by the coffee beans, which are dried, roasted and bagged for sale.

Dave Roos



# Why do paper cuts hurt so much?

Stephen Ireland

Paper can cut your skin as it is incredibly thin and, if you were to look at it under a high-powered microscope, it has serrated edges. Critically though, a sheet of loose paper is far too soft and flexible to exert enough pressure to pierce the skin, hence why they are not a more frequent occurrence. However, if the paper is fixed in place - maybe by being sandwiched within a pack of paper - a sheet can become stiff enough to attain skin-cutting pressure. Paper cuts are so painful once inflicted as they stimulate a large number of pain receptors nociceptors send nerve signals to the spinal cord and brain - in a very small area due to the razor-type incision. Further, because paper cuts tend not to be very deep, bleeding is limited, leaving the pain receptors open to the surrounding environment. HIW

# Why are some people just good at maths?

Fredrick Pleat

Research using fMRI scanners, which can measure brain activity in real-time, has shown the parietal cortex is involved in most of the mathematical heavy lifting. This is the part of the brain near the front and top, just above your forehead. The right side of the parietal cortex is mainly involved with simple counting and gauging relative amounts, whereas the left handles operations with more precision, such as arithmetic. Research in 2012 has shown that our ability with some maths tasks depends heavily on how well the two sides of the parietal lobe can communicate with each other. Subtraction is one such task, which may be why subtraction generally feels harder than addition. Maths ability is also correlated to some extent with autistic traits, but it isn't clear yet whether this is because both are caused by the same genes or because the poor social skills shown by people with autism and Asperger syndrome make subjects such as maths, physics and engineering more attractive to them. Numeracy and literacy go hand in hand for most people, so it may simply be that those who are good at maths are more intelligent.

Luis Villazon





howitworks@imagine-publishing.co.uk



web: www.howitworksdailv.com

# How does cement bind bricks together?

### **Tim Henshaw**

Cement is a mixture of dicalcium silicate and tricalcium silicate, together with ten per cent calcium sulphate and other compounds added to control the setting time. When you add water it reacts to form a complicated crystal structure. The crystals penetrate into the tiny pores and grooves in the bricks as they grow and then set hard to lock them in place. Unlike lime mortar, cement isn't drying out or reacting with the air as it sets: cement actually sets slightly better underwater as it's reacting chemically with the water itself. Cement sets hard in about eight hours, but continues to get stronger over time as more of the material crystallises. After three months, it's five times stronger than freshly set cement. Luis Villazon

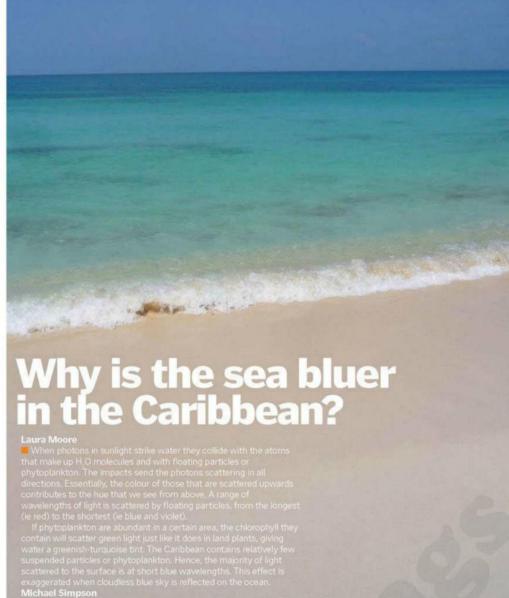




# How can shale gas mining cause people's taps to catch alight?

## Michael Murnane

Shale is a very impermeable rock, so to extract methane gas within it, mining companies pump water at high pressure down a borehole to force cracks in the rock to widen. This can sometimes drive the methane up into shallower rocks containing groundwater. When this water is extracted it retains some dissolved methane, which usually leaves the solution in the pipes. In extreme cases, you can hold a lit match to the stream of water coming out of a tap and the methane will set alight.



# What makes clingfilm sticky?

## Sara Kamprad

As you peel a piece of clingfilm (also known as food wrap) off the roll, some of the electrons from one layer are pulled onto the other layer, producing areas of positive and negative charge. Clingfilm is made of thin plastic, a good insulator, ensuring that it holds an electrostatic charge for a while. When the clingfilm touches another insulating surface, such as glass, the charged clingfilm is attracted to the opposing charge of the surface. But don't bother trying to stick clingfilm to a conducting material such as a metal bowl – its electrostatic charge dissipates so the clingfilm quickly loses its sticking power.

Alexandra Cheung



What science is behind the term 'squeaky-clean'? Find out on page 86

WWW.HDWITWORKSDAILY.COM How It Works | 085



Could Mars harbour life?

Find out on page 87

# Want answers?

Send us your questions using one of the methods opposite and we'll get them answered

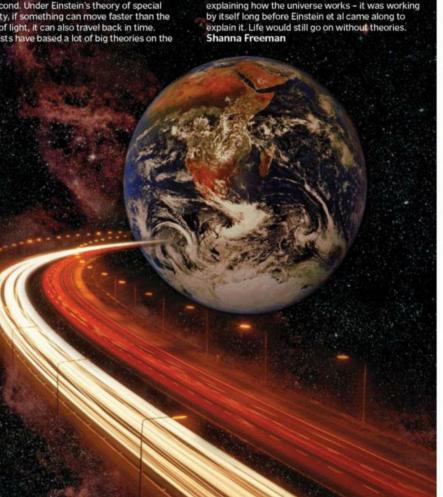
# Because enquiring minds want to know...

# Could we live in another universe if the speed of light was different?

Will

■ The speed of light is a sort of cosmic speed limit – nothing can travel faster than 299,792,458 metres (983,571,056 feet) per second. In 2011, a team of scientists at CERN announced beams of neutrinos had beaten the speed of light by about 60 billionths of a second. Under Einstein's theory of special relativity, if something can move faster than the speed of light, it can also travel back in time. Physicists have based a lot of big theories on the

value of the speed of light, so if CERN scientists were accurate, there could have been major implications. However, in June 2012, after extensive testing, the researchers confirmed the anomalous result was down to a fault in the fibre-optic timing system. Remember, these theories are just a way of explaining how the universe works – it was working by itself long before Einstein et al came along to explain it. Life would still go on without theories. Shanna Freeman





# Why must fridges be properly disposed of?

**Danielle Keller** 

Refrigerators, freezers and some air conditioners all contain chemicals called refrigerants. Most refrigerators made before 1990 use chlorofluorocarbon (CFC) refrigerant, which depletes the protective ozone layer of the Earth's atmosphere. CFCs are also potent greenhouse gases, accelerating the rate of climate change. Even newer refrigerators, which run on ozone-safe hydrofluorocarbon (HFC), need to be disposed of carefully, because HFCs are still greenhouse gases. Depending on the age of your refrigerator, it might also contain foam which is made with CFCs, used oil with ozone-depleting substances, plus wires and switches containing toxic mercury. Recycling facilities can safely remove these components before reusing the fridge's plastic, metal and glass. Dave Roos

# What is meant by the saying 'squeaky-clean'?

Δlex

■ When you are washing up a wineglass, your fingers slide over the surface of the glass because a thin film of grease acts as a lubricant. This grease comes from your food, but also from the oil naturally occurring in our fingers. As you wash the glass, the detergent removes this grease and your fingers don't slide so easily any more. At a microscopic level, tiny ridges on your skin catch and release against surface roughness on the wineglass. This makes the vessel vibrate at high frequency and it's this that creates a squeaking sound which tells you the glass is now clean.

Luis Villazon



Many scientists were sceptical when CERN claimed it had found faster-than-light neutrinos – and it turns out they were right to be





howitworks@imagine-publishing.co.uk





# **Could the Red Planet have once** been able to support life?

We've always wondered if there is life on Mars, and while we have found evidence of water ice, finding proof of life continues to elude us. But that doesn't mean there aren't possibilities. We're not talking about little green men though - it's more like microbial or bacterial life. The intense radiation that bombards the planet would probably make life on the surface next to impossible, and now any liquid water would exist below the surface where it's warmer. There have been hints. For example, we discovered that the levels of methane in Mars's atmosphere may

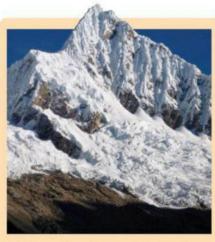
have micro-organisms beneath the surface as a source. A few years ago, a multinational team of scientists came up with a hypothesis. When the ice cap on Mars's south pole thaws in the spring, there are visible dark patches called 'spiders'. While some believe these patches are due to eruptions of gas and sand, they could be from photosynthetic microorganisms that live in a layer of liquid water. They dry and turn black when the ice melts, exposing them. With the Curiosity rover currently analysing the Red Planet, hopefully we'll get more concrete evidence. Shanna Freeman

# It might look like a wasp, but this is actually a hoverfly (one set of wings), so it has a higher-pitched buzz

# Why does the buzz of a fly and a wasp differ?

## Laurence Batten

The buzzing sound of a fly or wasp is created by the vibration of the insect's wings. A common housefly flaps its wings 200 times per second. That means it completes a flapping cycle - wing up, wing down, wing up - 200 times every second. That translates into a frequency of 200 Hertz. The human ear interprets frequency as pitch. For example, middle 'C' on the piano vibrates with a frequency of 261.6 Hertz. The higher or lower the frequency, the higher or lower the pitch. Four-winged insects like wasps and bees flap their wings at a slower frequency than two-winged flies, resulting in a deeper buzz. **Dave Roos** 



# What is the natural pressure of air and why does it alter at different altitudes?

Average air (or atmospheric) pressure at sea level is 1.03 kilograms per square centimetre (14.7 pounds per square inch). Although it's easy to forget, air molecules all weigh something, and their combined weight pressing down is what causes this pressure. At sea level, the column of air above you weighs about a ton. As you gain altitude, the number of air molecules above you decreases, and therefore so does the air pressure. The lowest atmospheric pressure on Earth can be found at the summit of Mount Everest, where it's just 0.3 kilograms per square centimetre (4.4 pounds per square inch). Alexandra Cheung

# Why does holding your hand under water help if you burn yourself?

When you scald your hand with boiling liquid or burn it. with a hot object, your first reaction should be to pull it away. Just because your body is no longer touching the heat source, though, doesn't mean the burning stops. Layers of skin that were just exposed to a high temperature take time to cool down and a lot of harm can still be done to cells by the residual heat. Holding burned skin under a tap or submerging it in a bowl of cool (but not freezing) water reduces the temperature quicker, thereby potentially limiting the damage.





# THE GAMES / BOOKS / GADGETS / TOYS FOR CONNOISSEURS OF KIT AND SAVANTS OF STUFF

# Super Nature

Price: £18.99/\$24.99 Get it from: www.dk.co.uk

'The 100 biggest, fastest, deadliest creatures on the planet' is a pretty compelling pitch and, in the tradition of DK's back catalogue, it's hard to put down Super Nature once you've opened it. It's a massively image-led hardback tome, but it's most certainly not without substance. Short bursts of text rattle off facts and figures of the world's smallest, most poisonous and strongest bite, and much more, with side-by-side comparisons with more mundane animals, including humans. It's illustrated by cutaway images, annotations and pretty much everything you need to keep anyone from five to 105 occupied.

# Rechargeable cell

Rechargeable batteries are integrated into a wide range of electronic devices today. Nickel cadmium is the active chemical typically used and its reactions are electrically reversible.

# SmartTalk Solar

Price: £49.99/\$69.99

Get it from:

www.griffintechnology.com Pair the device, lick the sucker cups on the back, slap it on the windscreen and you're away. Almost. Griffin's SmartTalk Solar mobile hands-free technology has a feature that ups the ante over many rival technologies: a solar panel on the reverse enables it to charge via the sunlight through your windshield. If you're not lucky enough to live in California or sunnier climes, you can always use the 12V adaptor. It certainly feels more robust than other hands-free kits and the single chunky call button is a godsend to those who are all thumbs, fumbling anything minute enough to require dainty prodding, though this device does come with a slightly steeper price tag than competitors.

While it's 'the' must-have gadget for the masses, it still seems expensive to other smartphone users or those who haven't already allowed the dazzling array of Apple devices to infiltrate their lives. To its credit, you get quite a lot for your money: it's lighter, thinner and has a bigger screen than its predecessors. The camera takes faster, better-quality photos and has a panorama mode, plus it has a more advanced antenna system that should remove any problems with lost signal. Maybe the most controversial design decision Apple has made is replacing the old 30-pin connector with its new Lightning port. Arguably this was bound to happen at some point though, so it's far from a deal-breaker.

## Gorilla Glass

Gorilla Glass achieves the same strength and scratch resistance at 20 per cent less thickness by ion exchange in a molten potassium salt bath. It's been used in several iPhone models.

## **HOW IT WORKS**

# Cicada life cycle

The North American periodical cicada spends 17 years underground, before emerging to mate, lay its eggs and then die over just four weeks.



# Bábógbaby Price: £29.99/\$50 Get it from: www.babogbaby.com Want to learn Irish, Welsh or Scottish Gaelic? If you're older than the six month-plus range this early learning teddy bear is recommended for, then you'd be better off investing in a few CDs and some lessons. Otherwise, let us introduce you to Bábógbaby, one of the cutest ways to learn the very basics of a Gaelic language. Each teddy features ten numbers, shapes and colours stitched onto various parts of its body, which are vocalised via a small speaker when the appropriate part is squeezed. Understandably it has won several awards, not just for the promotion of niche languages, but by being an effective way to encourage a child to practise speaking a different language from a very early age. **HOW IT WORKS** Learning aid Infants who are aged between one and three years learn sentences by looking for a common pattern of sounds, distinguishing breaks between words when they hear an unfamiliar pattern. Freedom i-Connex Combi Price: £79.99/\$99.99 Get it from: www.freedominput.com There are a few devices of this type on the market, but they don't come much more competitive than this one from Freedom. The i-Connex Combi is thin, light and effortlessly simple to use. The segmented cover that protects your screen flips back over the hard your screen flips back over the hard shell case, into a clever bit of origami-folding that allows an iPad 2 or the new iPad to stand in portrait or landscape. In the back, there's a USB-chargeable, portable Bluetooth keyboard that, despite its weight and size, has a comparable tactile response to that of a desktop keyboard. It pairs to multiple devices too, so you can use **HOW IT WORKS HID** compliance A human interface to multiple devices too, so you can use it with an iPhone, Android devices and anything supporting HID-compliant device (HID) works by defining itself simply using an HID descriptor keyboards. Its features and ease of use alone make it a compelling purchase for iPad-dependent commuters, and that is saved on to the

device and presented to the operating system

once it's connected.

WWW.HOWITWORKSDAILY.COM

you can spend a lot more than what you pay here on similar products.

Brought to you by **Apps Maga** your essential guide to the best the Apple App Store



# iPad: littleBIG History

Price: £2.99/\$4.99 Developer: VariaMedia GmbH

Version: 1.0

**Size: 36.8MB** Rated: 4+

This app is the story of our universe from the Big Bang to the predicted collapse of the Sun, and everything in between. It's a big-picture approach that some may find a little too broad for their tastes. However the strength of this timeline is in its visualisation of information. Using the shuffling tiles at the bottom of the screen. the highlighted streams of time that represent the life span of empires and important figures in our history are both humbling and inspiring. A must for history fans.

Verdict: 90000

# iPhone: **Teach** Me Sushi

Price: £2.99/\$4.99 Developer: Jake Davidowc Version: 2.1 Size:

499MB Rated: 4+ If you're coming at sushi and sashimi

making fresh and want to get the basics, this is a great place to start. Mostly consisting of video tutorials, there are no hard and fast recipes, as the focus is on letting you experiment and find your own way of combining the key staples yourself. Bon appétit!

Verdict: 99900



www.knowyourapps.com

How It Works | 089

# DISCOVER THE UNIVERSE

www.spaceanswers.com



SAll About

Available from all good newsagents and supermarkets

# ISSUE FIVE OUT NOW:

Supernovas > All About... Mars > Asteroids > Neil Armstrong > Robonaut 2











Get your copy today

✓ Print✓ iPad✓ iPhone✓ Android



Quality print edition on sale at Imagineshop.co.uk
Interactive digital edition on all platforms on sale at
WWW.greatdigitalmags.com

Also available good newsal

# JP TEST PUTTING PRODUCTS THROUGH THEIR PACES

For more details, visit www.pcspecialist.co.uk

# **Gaming PC systems**

Which of these three setups is the top dog for gaming?



# **PowerGlide** Extreme 6700

Price: £1,249/\$N/A

Get it from: www.pcspecialist.co.uk

If you have a limited amount of space an all-in-one (AIO) PC may be for you. It combines a 96-centimetre (24-inch) hi-def monitor with desktop components that can be mounted on to a wall using the provider brackets. It includes the meaty GeForce GTX 670 featured in the other two systems, an i5-3570K CPU, 8GB RAM, a hard disk drive/SSD combination – which means booting is super-silent and fast too – plus it will match the desktop for performance. This AIO has a multitouch screen, which means you can gesture using multiple digits to payingte within the Windows 8 using multiple digits to navigate within the Windows 8 interface. It's a novel feature for a gamer, but it does make this system a multimedia all-rounder and a more compelling choice for a dual-use, playtime and work setup. There's quite a bit of flex around the bezel and the system requires no less than three power supplie The main issue, however, will be the price, but some will be willing to pay the extra for its compactness.

Verdict: 00000

# Vortex III 670GTX

Price: £999/\$N/A

**Get it from:** www.pcspecialist.co.uk Gaming laptops used to be beyond the reach of the Gaming laptops used to be beyond the reach of the average PC gamer, but the market has changed. There doesn't seem much in the way of compromise here: the build quality is superb and its tactile keyboard yields very little under typing pressure. Like the desktop it comes with a two-year warranty and Windows 8; unlike the desktop it boasts a 43.9-centimetre (17.3-inch) full-HD screen. It's also furnished with a GeForce GTX 670m, the mobile equivalent of the desktop 670, 8GB of 1,600MHz RAM and an i7-3610QM, a beefy mobile CPU that turbos up to 3.3GHz on each of its four cores under big loads. Despite the performance of the mobile graphics GPU coming an expected second to the desktop, this portable gaming system still spits out polygons faster portable gaming system still spits out polygons faster than the eye can see – literally, with liquid-smooth rates of 50-plus frames a second quite common on recent big titles. For the price, this portable could easily convert the most hardcore desktop advocate.

Verdict: 00000

# Vengeance CM690

Price: £999/\$N/A

The PC gamer's go-to is the classic desktop tower and, while this one is hardly bling-tastic, it's housed in a sturdy and capacious black Cooler Master chassis. a sturdy and capacious black Cooler Master chassis. Component quality continues within: a 650W Corsair PSU powers GeForce GTX 670 graphics, 8GB of fast DDR3 RAM and the heart of the system, a 4.4GHz i5 processor. Couple that with Windows 8 loaded on to a 120GB SSD (with a 1TB drive for storage) and it's one of the fastest booting machines we've encountered. of the fastest booting machines we've encountered. Does that translate into gaming glory though? It certainly does: the trinity of powerful CPU, RAM and graphics made short work of all the benchmark and gaming tests we threw at it. Given the nature of the PC gaming market, it's not likely to become obsolete any time soon and, this being a desktop system, there's plenty of room for expansion. Thumbs down for the lack of wireless network adaptor, and you'll for the lack of wireless network adaptor, and you'll need to buy a screen too, but it's a powerful gaming PC that, despite the drawbacks, is worth its price.

Verdict: 00000

YES! I would like to subscribe to How It Works

# Your details First name Surname Address Telephone number Mobile number Email address Please complete your email address to receive news and special offers from us Direct Debit payment ☐ UK Direct Debit payment - I will pay only £17.95 every six issues (save 25%) Instruction to your Bank or DIRECT **Building Society to pay by Direct Debit** 5 0 1 8 8 4 Payment details 13-ISSUE SUBSCRIPTION ONLY □ UK - £41.00 (Save 20%) □ Europe - £50.00 □ World - £60.00 Cheque I enclose a cheque for £ Credit/Debit Card Visa Mastercard Maestro Expiry date Card number Issue number (if Maestro) Signed Date Code: PAF040 I would like my subscription to start from issue: Return this form to: How It Works Subscriptions, 800 Guillat Avenue, Kent Science Park, Sittingbourne, Kent ME9 8GU or email it to howitworks@servicehelpline.co.uk.

To manage your subscriber account visit www.imaginesubs.co.uk &

enter your subscriber ID

reed vo 3 EASY WAYS TO SUBSCRIBE 1. Online www.imaginesubs.co.uk/hiw and enter code PAF040 2. Telephone 0844 815 5944 THE MAGA Overseas: +44 (0) 1795 418680 3. Post or email Please complete and post the form to: How It Works Subscriptions 800 Guillat Avenue Kent Science Park Sittingbourne ME98GU Alternatively, you can scan and email the form to: howitworks@servicehelpline.co.uk





Want us to tell you how? All Ideas welcome!

Facebook: How It Works

En ho

Email: howitworks@imagine-publishing.co.uk

Twitter:

@HowltWorksmag

Web: www.howitworksdaily.com

# Pilot a hot-air balloon

How to launch, fly and land one of these huge flying contraptions



**1** Setting up
Firstly the burner unit must be attached to the basket, followed by

attached to the basket, followed by the balloon envelope. Once laid out, the envelope needs to be partially inflated with a large fan. The burner is then switched on, heating up the air and fully inflating the balloon.

**2 Launch**For passengers to get into the basket safely, crew members must

hold the basket down. When ready, the crew then releases the balloon and the pilot fires a steady flame to get off the ground.

**3** Going up
By opening a propane valve, the amount of gas being fed into the

4 Staying in control
To change direction the pilot
must ascend or descend in altitude to
catch specific wind flows. To travel
quickly the pilot will ascend to a high
altitude, or to slow down, descend.

burner is increased to gain altitude.



Landing
Landings require
the pilot to gradually
release air pressure by
opening a parachute
valve. Touching down
involves a staggered
series of bumps.

# Brew your own beer at home

Make some tasty ale from the comfort of your own home by following this simple step-by-step guide



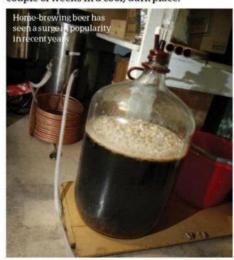
Brewing
Start by mixing
2.7 kilograms (six
pounds) of
unhopped malt
extract with 64
grams (2.25 ounces)
of hops and then add

them both to a large pan (the bigger the better) of boiling water. This will sterilise the extract and help release the hops' flavourings.

**2** Fermenting
Once the mixture (which is known as wort) is hot and thoroughly combined, it can be removed from the heat, cooled and siphoned into a fermenter. Once in the fermenter, extra water should be added – until the total mix reaches roughly 19 litres (five gallons). A single packet of liquid yeast is also added now.

**3** Prime time

The fermenter can then be topped with an airlock. The airlock prevents the wort, which is easily contaminated at this stage, from being infected with bacteria. Once the airlock is in position, the wort can be left to ferment for a couple of weeks in a cool, dark place.





A Bottling it
Once the beer is fermented, the mixture can be removed from the fermenter and siphoned into a sterile container for bottling. In this container two or three cups of priming sugar – eg corn sugar – should be added. The mixture can then be bottled and capped.

Time to mature

The beer should now be left for three more weeks. This last fermenting period will involve the remaining yeast breaking down the priming sugars and creating carbon dioxide, which adds fizz to the beer. After this period has elapsed, the bottled beer can be chilled and drunk – responsibly, of course!



Disclaimer: Neither Imagine Publishing nor its employees can accept liability for any adverse effects experienced when carrying out these projects. Always take care when handling potentially hazardous equipment or when working with



# Polish your shoes

Discover how to get a military-grade shine on all your leather footwear

Prep To avoid getting polish all over your carpet, start by grabbing some newspaper and spreading it over the working area. Next, soak a rag in cold water and thoroughly clean off any dirt on the shoes. Finally, if the footwear has become damp while cleaning, leave to dry before moving on.

Application Next, grab a shoe and liberally coat its surfaces with a large quantity of polish. This should be done with a dedicated shoe polish brush, which tends to be a small circular affair with an elongated handle. It's critical to carefully match the polish colour with that of the leather for the best results.



electronics and follow the manufacturer's instructions. WWW.HOWITWORKSDAILY.COM

3 Remove the excess Once the shoe is totally covered with polish, pick it up from the inside, so you don't get polish on your hands. Take a horsehair shine brush. These brushes are roughly rectangular in shape and are gripped from the rear rather than by a handle. Rigorously scour the shoe until all excess polish is removed.

**Heel and toe** Next take a cotton wool pad, dip it in some cold water and squeeze so it is no longer sodden but just damp. Apply a little polish to it before wiping it over the heel and toe of the shoe in small circular motions. Repeat this step several times until satisfied, using a few cotton wool pads.

Finally, it's time to add some wax, which ideally should be applied with a dedicated wax brush. Shoe wax is good for both increasing shine and also creating a protective layer between the leather and the elements so your smart footwear lasts for longer.

# TEST YOUR KNOWLEDGE

WITH THIS QUICK QUIZ BASED ON THIS MONTH'S CONTENT?

A:

- How large is the Forbidden City in square metres?
- What was the passage leading up to a Mycenaean tholos tomb called?
- **3** How heavy is aerographite in milligrams per cm<sup>3</sup>?



- When did the Sydney Opera House first open?
- How heavy is the WISE telescope in kilograms?

- What is the top speed of the 6 MiG-29 in miles per hour?
- What was the average weight of Stegosaurus?
- 8 In which year did Joseph Swan first show his cellulose fibre light bulb?
- When was the Slinky spring toy first sold?
- How much did the Necker Nymph sub cost to build?

at www.howitworksdaily.com and one lucky reader will win a set of models of three of the most iconic aircraft, including a Spitfire Mk1a



> ISSUE 39 ANSWERS

1. Pulse-Doppler 2. 1512 3. 3.5mn 4. 2,200kg 5. Oak 6. Tokyo 7. 90% 8. 630mph 9. £534m 10. 19.2 trillion



Feed your mind. Speak your mind



# Get in touch!

We enjoy reading your letters every month. So keep us entertained by sending in your questions and views on what you like or don't like about the mag.

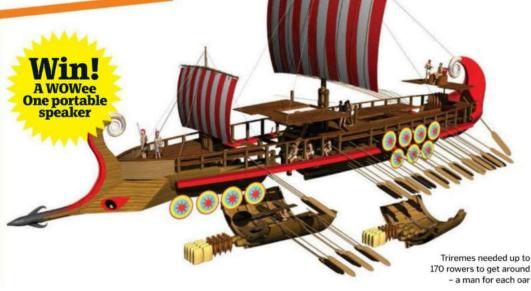
FANTASTIC PRIZE FOR LETTER OF THE MONTH!

# WOWER MONE

# WIN A WOWEE ONE PORTABLE SPEAKER

This issue's top letter wins a WOWee One Classic portable speaker. This turns any surface into a bass amplifier using gel technology, and is compatible with all iDevices and other mobile gadgets.





# **Letter of the Month**

# Triremes and tribulations

Hello.

I recently bought your bookazine How It Works Book Of Incredible History. I was wondering about the illustration of the Greek trireme warship. The cutaway shows the rowers seated on what is described as the thranital deck. Rowers must be seated so as to pull the oar handles in towards themselves, so the boat moves in the opposite direction to that they are facing, and so implies the vessel's direction is towards the aft portion of the ship. However, assuming the front of the vessel is the end with the battering ram – and the wind in the sails confirms this as the direction of the vessel – the rowers therefore would be rowing the ship backwards. Perhaps the rowers had to turn around on their seats to be able to move the vessel in the other direction

when they wanted to use the battering ram? Please let me know - just to satisfy my curiosity!

Martin Leeson

## Hi Martin,

Given the position of the rowers and the shape of the sails, if the rowers pulled the oars towards them it would indeed work against the wind and the direction of the vessel. The rowers did need to turn around in their seats to row in the direction of the battering ram, but let us offer another possibility: the rowers are positioned to act as a brake. If the trireme needed to stop suddenly, the sails were furled and the rowers pushed hard to slow the ship. For your hawk-eye observations, have a prize on us!

# Wrong type

Hi HIW,

Congratulations on the excellent mag. Having over 30 years' experience in the typewriter business I wish to make an amendment to 'Typewriter tech' (issue 38, page 88). When a key is pressed the typehead causes the ribbon to lift then hits the ribbon, transferring the impression onto the paper. The ribbon does not ink the typehead. There is a two-colour switch on most typewriters: in position black (or blue) the machine uses the top of the ribbon, while in position red it uses the bottom half. Position white (in between) cuts out the ribbon altogether and is used for cutting wax stencils for use on an ink duplicator, such as Gestetner or Roneo. Also, just thought that you may like to know that the longest word that can be typed on the top line of

a typewriter is actually the word 'typewriter'. Keep up the good work! Kind regards.

Colin Evans

We should have made the distinction, of course, between antique typewriters that use the pressure of the bar pressing into the ink ribbon and the modern machine typewriters you are referring to, but thanks for writing in and sharing your expertise, Colin. And what a great bit of trivia!

# Fact-packed

Afternoon How It Works,

Let me congratulate you on an amazing magazine; it's packed full of interesting facts and information. Once I start I can't stop and it allows me to reel off facts and

figures to friends and family who are amazed at my intellect... I don't tell them the source of my information is your mag – why shatter the illusion? Anyway, it's so good that I was going to subscribe, but my girlfriend got there first!

Paul Francis, Swindon, UK

# Born-again astronomer

Dear HIW.

I just thought I'd take the time to write you an email thanking you for your excellent space articles. I loved watching the stars as a little boy and staring at the Moon through my telescope, but I stopped my budding hobby in my teens. Your Space section has rekindled my passion for astronomy and the recent article 'Birth of the Solar System' [issue





38, page 54] finally prompted me to invest in a good telescope, just to see how the Solar System has been getting on without me checking in on it for the last 20 years. It hasn't changed much! Keep up the good work,

Harry Ridge

# Not at all boring

I've just finished your excellent article on drills in issue 38. Four pages on drills... Never thought I'd find that even remotely interesting, even if they were 'mega drills', but the incredible feats of engineering (as well as the cool illustrations and the way the piece was written) had me hooked. It's got me wondering though, could we use one of these drills to bore a hole to the Earth's core? I'm really curious about what it's like down there.

**Caroline Cousins** 

# Keep it clean

I have a question about the article 'How cleanrooms stay pristine' [issue 38, page 59]. In the photo it shows people with their faces uncovered and wearing glasses. Wouldn't that be considered contaminating the room? Plus, are those special glasses or do they wear them in from the outside? Thank you,

Nancy L McGinnis, Sioux City, USA

Hi Nancy, thanks for your letter. NASA procedure is in fact to use sealed masks over the head to ensure bacteria from breath and any skin cells don't contaminate critical equipment. Those photos show a cleanroom engineer preparing a less sensitive data-handling unit for a photoshoot. Perhaps the picture above will help 'clean up' the matter?

We love to hear from How It Works' dedicated readers and followers, with all of your queries and comments about the magazine and the world of science, plus what you'd like to see explained in future issues. Here we select a few of the tweets that caught our eye over the last month.

Lewis Beechey

# @HowItWorksmag

# Douglas Gray @Hellboy919 @HowItWorksmag

# 🛂 Dan Burt @mst3kuk @HowItWorksmag

## Andy Shelley @Andy2k64 @HowItWorksmag

# Adams Gas @Stu Adams @HowItWorksmag

I'm a few mags behind, but I really enjoyed the 'Extracting natural gas

Michael Hubbard

# @HowItWorksmag

# What's happening on...

Imagine Publishing Ltd Richmond House, 33 Richmond Hill Bournemouth, Dorset, BH2 6EZ +44 (0) 1202 586200 Web: www.imagine-publishing.co.uk www.howitworksdaily.com www.greatdigitalmags.com

## Magazine team

### **Editor Helen Laidlaw**

01202 586215

**Editor in Chief Dave Harfield Features Editor Robert Jones** Features Editor Ben Biggs Senior Art Editor Helen Harris Senior Sub Editor Adam Millward Head of Publishing Aaron Asadi Head of Design Ross Andrews

Stephen Ashby, Alexandra Cheung, Shanna Freeman, Hannah Harris, Tom Harris, Lynsey Porter, Dave Roos, Michael Simpson, Adam Smith, Giles Sparrow, Luis /illazon, Nigel Watson, Jonathan Wells

Cadillac @ General Motors, Fire Devil @ SWNS, iPhone 5 @ Apple, Thinkstock, Getty, Alan

Alamy, Corbis, DK Images, Dreamstime, Getty, NASA, Science Photo Library, Thinkstock, Wikimedia. All copyrights and trademarks are recognised and respected.

## Advertising

Digital or printed media packs are available on request. Head of Sales Hang Deretz

01202 586442

hang.deretz@imagine-publishing.co.uk

Account Manager Liz Tucker

## 01202 586431

liz.tucker@imagine-publishing.co.uk

How It Works is available for licensing. Contact the International department to discuss partnership opportunities.

Head of International Licensing Cathy Blackman

+44 (0) 1202 586401

licensing@imagine-publishing.co.uk

Head of Subscriptions Lucy Nash

subscriptions@imagine-publishing.co.uk For all subscription enquiries

0844 815 5944

Overseas +44 (0)1795 418680 Email: howitworks@servicehelpline.co.uk

13 issue subscription (UK) - £41

13 issue subscription (Europe) – £50

13 issue subscription (USA) - £50

13 issue subscription (ROW) - £60

Head of Circulation Darren Pearce 01202 586200

**Production Director** Jane Hawkins 01202 586200

Group Managing Director Damian Butt Group Finance and Commercial Director Steven Boyd Group Creative Director Mark Kendrick

Wyndeham Heron, The Bentall Complex, Colchester Road, Heybridge, Maldon, Essex, CM9 4NW

Distributed in the UK & Eire by: Seymour Distribution, 2 East Poultry Avenue, London, EC1A 9PT © 0207 429 4000

Distributed in Australia by: Gordon & Gotch, Equinox Centre, 18 Rodborough Road, Frenchs Forest, NSW 2086 + 61299728800

Distributed in the Rest of the World by: Marketforce, Blue Fin Building, 110 Southwark Street, London, SE1 OSU 20 0203 148 8105

Discretance:

The publisher cannot accept responsibility for any unsolicited material lost or damaged in the post. All text and layout is the copyright of Imagine. Publishing ttd. Nothing in this magazine may be reproduced in whole or part without the written permission of the publisher. All copyrights are recognised and used specifically for the purpose of criticism and review. Although and used specifically for the purpose of criticism and review. Although the magazine has endeavoured to ensure all information is correct at time of print, prices and availability may charge. This magazine is they independent and for diffiliated in any way with the companies mentioned herein.









# Your daily dose of knowlédge

For an endless supply of facts and answers, visit our trivia-packed website, updated every day

Wall of knowledge

Random picks • Videos Q&A • News • Top fives

CompetitionsFully annotated illustrations

witworksdaily.com



How was the Hoover Dam constructed?



How do critters use their tongues to catch prey?



Can we stop diseases from going global?



How does melatonin tell us when we're tired?

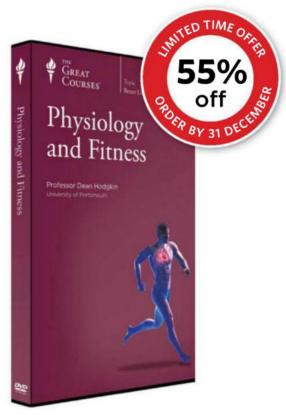


Where do flowers get their scent from?



- OLED TV SCREENSSHARK REPELLENT
- BELT OF VENUS
- CCTV
- PLASMASPHERE
- HARD DRIVES
- MAGNA CARTA
- JOHANNES KEPLER
- SEWING MACHINES
- ORION NEBULA





# Get Strong, Energized, and Fit at Any Age

If a Fountain of Youth exists, exercise is it. Even small doses of regular exercise can make a big difference. But in this era of fitness fads and contradictory approaches, how do you find the right program? And once you do, how do you stay motivated?

Get the inspiration and guidance you need in **Physiology and Fitness**, an eye-opening, one-of-a-kind course featuring 24 lectures and twelve 30-minute workouts delivered from a scientific perspective. Designed with all levels in mind by international fitness expert Dean Hodgkin—a three-time World Karate Champion and winner of Best International Fitness Presenter at the One Body One World awards, plus a Lifetime Achievement Award at the 2012 International Fitness Showcase—you'll learn the cutting-edge research on how your body responds to exercise and explore a groundbreaking new way to take charge of your health and maintain optimum fitness for life.

Offer expires 31/12/12

0800 298 9796

www.thegreatcourses.co.uk/7hiw

# Physiology and Fitness

Taught by Dean Hodgkin
INTERNATIONAL FITNESS EXPERT

## LECTURE TITLES

- 1. Components of Fitness
- 2. How Fit Are You?
- 3. Overcome the Barriers to Exercise
- 4. Your Heart in Action
- The Fitness of Breathing
- 6. You Can Reduce Stress
- 7. Fitness and Pregnancy
- 8. Refuel, Recover, and Reenergize
- 9. Thinking—The Brain-Body Connection
- 10. Healthy Joints for Life
- 11. Protecting Yourself from Injury
- 12. The Amazing Benefits of Balance
- Fueling Fitness
- 14. Why Everyone Should Exercise in Water
- 15. The Secret Life of Muscles
- 16. Strong to the Bone
- 17. Getting Your Back on Track
- 18. 21st-Century Yoga
- Walk Your Way to Fitness
- 20. The Amazing Benefits of Stretching
- 21. Stay Active—Defy the Aging Process
- 22. Sitting Disease
- 23. Exercise for Weight Loss
- 24. Mobilizers and Stabilizers-Managing Your Abs
- 25. Body Weight Workout
- 26. Medicine Ball Workout
- 27. Step and Interval Workout
- 28. Dumbbell Workout
- 29. Combat Workout
- 30. Fitness Ball Workout
- 31. Balance Board Workout
- 32. Kettlebell Workout
- 33. Plyometrics Workout
- 34. Resistance Band Workout
- 35. Training Bar Workout
- 36. Stretching Routine

# **Physiology and Fitness**

Course no. 1960 | 36 lectures (30 minutes/lecture)

SAVE £45

DVD £79.99

**NOW £34.99** 

+£2.99 Postage and Packing Priority Code: 70558

Designed to meet the demand for lifelong learning, The Great Courses is a highly popular series of audio and video lectures led by top professors and experts. Each of our more than 400 courses is an intellectually engaging experience that will change how you think about the world. Since 1990, over 10 million courses have been sold.

The Great Courses<sup>®</sup>, Unit A, Sovereign Business Park, Brenda Road, Hartlepool, TS25 1NN. Terms and conditions apply. See www.greatcourses.co.uk for details.

# THE FUTURE OF HI-FI

State-of-the-art solutions for the digital generation



The Future of Hi-Fi is coming...

Our new range of all-in-one systems and digital separates combine the convenience and power of the digital revolution with the foot-tapping, spine-tingling musical performance on which Naim has built its reputation. From the pinnacle of digital performance offered by the NDS network player, to the compact convenience of the UnitiQute all-in-one player, there's a solution for you.

You can experience these revolutionary new products at a 'The Future of Hi-Fi' live event near you this Autumn.

To find out more and for a full list of dates and participating retailers visit www.naimaudio.com/future-of-hi-fi

